



REMEMBRANCE DAY

Lest We Forget
11th NOVEMBER



04

Baan Lao wins best restaurant in Canada

For the second year in a row, Baan Lao Fine Thai Cuisine has been named Best Restaurant in Canada at the World Culinary Awards. The back-to-back honour solidifies Baan Lao's standing at the forefront of Canadian fine dining and reaffirms its place as a global leader in Royal Thai cuisine.

This consecutive win makes Baan Lao the first Canadian restaurant to receive the award twice. Previous national recipients have included St. Lawrence, Toqué! and Alo, alongside international winners such as Le Bernardin, Atelier Crenn and CORE by Clare Smyth.

Set on the picturesque Steveston waterfront in Richmond, BC, Baan Lao is led by chef-proprietor Nutchaphong, a former nurse and cancer researcher from Thailand who came to Canada with a dream of healing through food. Her signature 18-item tasting menu honours centuries-old traditions passed down from the Thai royal court while embracing the finest local ingredients. Each dish is an exquisite work of art, served on handcrafted plateware and complemented with premium tea,



Photo courtesy Gonzalo Castro Fernandez

Capping a remarkable year of accolades, Baan Lao makes history as the only Canadian restaurant to win twice.

restaurants, hotel restaurants and culinary institutions worldwide. Online voting is open to the culinary community, industry experts and consumers. The gala ceremony and awards dinner was held on Oct. 23, 2025 at Forte Village Resort in Sardinia, Italy.

wine, cocktail and sake pairings curated by world-class consultants.

"I feel very happy," says chef Nutchaphong. "I opened Baan Lao to help people in Canada understand authentic Thai cuisine and the beauty of Royal Thai cuisine. Thai food is not only street food—fine dining is part of our culture and history. This award helps more people discover us."

The international recognition follows Baan Lao's debut at No. 12 on the inaugural 2025 North America's 50 Best Restaurants list, for which it was also named Best Restaurant in Western Canada. Earlier this year, Baan Lao was named Best Destination Restaurant in Canada by Canada's 100 Best.

Now in its sixth year, the World Culinary Awards celebrate excellence in global hospitality, honouring leading

The 2025-26 vaccination campaign is here

People in B.C. are encouraged to protect themselves, their loved ones and their communities from influenza, COVID-19 and other viral respiratory illnesses, as the 2025-26 immunization campaign is underway.

"The respiratory virus season typically starts in mid-to-late fall and with this, we need to keep ourselves and our loved ones protected," said Dr. Martin Lavoie, deputy provincial health officer. "Immunization remains the best protection against severe disease, complications and hospitalization. People should also take other measures, including staying home if they are sick, covering coughs and sneezes, and cleaning their hands frequently."

While anyone can get sick from influenza or COVID-19, some groups are at higher risk of serious illness and complications. These include adults 65 and older, pregnant individuals, people living in long-term care, Indigenous people and those with chronic conditions. People working in essential community services, such as health-care workers, may be at risk or more likely to be exposed to individuals at higher risk.

Lavoie encourages people six months and older to get immunized with the updated influenza and COVID-19 vaccines so they are best protected against severe illnesses. For COVID-19, it is strongly recommended that people who provide essential community and health-care services and those with the highest risk of severe illness and complications get immunized.

B.C.'s viral respiratory illness campaign is in alignment with recommendations from the National Advisory Committee on Immunization and aims to ensure priority for those most at risk. Vaccines are free, safe, easy to access and available to everyone six months and older.

"Getting a vaccination is one of the simplest and most effective ways we can look out for each other, and it helps to keep our health-care system from being overwhelmed," said Josie Osborne, minister of health. "I want to thank every British Columbian who rolls up their sleeves, as well as the nurses, pharmacists and other health professionals who make vaccinations possible in communities across B.C."

Notifications began for priority populations on Oct. 7, and appointments start-



File photo by Chung Chow

ed Oct. 14, 2025. Notifications will continue and expand to the general population through early November 2025.

Notifications to book influenza and COVID-19 vaccinations are being sent through the Get Vaccinated system. Anyone not yet registered in the Get Vaccinated system can register online or by calling 1-833-838-2323. Vaccines are available through health authority clinics, more than 1,200 participating pharmacies and some primary-care providers' offices.

B.C. has secured 1.94 million doses of the 2025-26 influenza vaccine and 1.4 million doses of the updated COVID-19 vaccines, Moderna Spikevax LP.8.1 and Pfizer Comirnaty, which are approved by Health Canada. This year's vaccine supply is based on uptake in previous seasons to ensure efficient use and to minimize waste.

Richmond holds information session on land rights

By FLORENCE GORDON
Contributing writer

On Oct. 28, 2025 an information session was held at the Sheraton Vancouver Hotel by the City of Richmond with Mayor Malcolm Brodie addressing those attending the event. Hundreds of affected landowners, concerned citizens plus the media were in attendance.

The meeting was designed to inform certain property owners after the B.C. Supreme Court granted the Quw'utsun Nation, title over a 732 acres of land along the Fraser River. Even this is puzzling as the media reported in the past 732 acres and today I read a report that said 7.5 square kilometers which would equate to 1,853 acres? After watching an interview today (the day after the information session) on CBC it is a parcel of 1,853 acres of which 732 acres are involved in the court ruling.

Who is the Quw'utsun Nation? Pronounced Cowichan and after a brief investigation I discovered there are 5,500 members and they are the largest single First Nation Band in BC. They live in Cowichan Valley Region on Vancouver Island. The traditional territory covered Cowichan Valley, Cowichan Lake, Gulf Islands and the Fraser River. Their total reservation area is about 5,900 acres made up of nine Reserves, with a core trading territory of 900,000 acres. The Cowichan Tribes are governed by an elected band consisting of a Chief and twelve Councillors within the framework of the Indian Act. (cowichantribes.com; Wikipedia.org)

In August 2025, a B.C. Supreme Court judge ruled that the tribes have Aboriginal title over about 730 acres on the Fraser River, that Crown and city titles on the land are defective and invalid, and the granting of private titles on it by the government unjustifiably infringed on the Cowichan title.

Richmond has joined B.C. and others in appealing the decision. A letter from the City was sent to more than 150 property owners that the ruling may compromise the status and validity of ownership, followed by a meeting to discuss the implications of the ruling.

Tony Capuccinello Iraci, the city's general manager of law and community safety, said the city took issue with the fact that the plaintiffs in the case, the Cowichan Tribes, didn't take notice of their claim to the affected landowners, although taking this step was rejected by the court. Iraci went on to say the city was "defending this claim as vigorously as possible to protect the home owner's interests in the land, and asked that they also contact the (B.C.) attorney general to protect their interests as well.

Iraci also urged landowners to share details of their personal situations with the city as it works to bring forth "in layman's terms, a pause, a freeze on the implementation of the decision."

Iraci said the City of Richmond will be making legal arguments that Aboriginal title and fee-simple title can't coexist over the same lands. He said the city is arguing for Aboriginal title to be "extinguished," while the province and the federal government haven't taken this legal step.

B.C. Attorney General Niki Sharma also addressed the information meeting on October 28th and spoke about the city and province differing on views about calling for the "extinguishment" of Aboriginal title. "Lawyers will have different arguments, but our arguments got to the same place. We argued displacement and suspension of Aboriginal title when there's a fee-simple title.



Mayor Brodie addresses Richmond's home owners.

Photo courtesy Canadian Press/Daryl Dyke

The province has never been successful on unilateral extinguishment claim. For decades, our arguments were based on what we thought would get to private landowners protection through the case law that was developed in the courts up until today."

Several residents were furious that they only found out about the court ruling through a letter the city sent out earlier this month.

A technical briefing by the provincial government earlier in the day described B.C. as focused on protecting the integrity of private property across the province. The government takes the position that Aboriginal title is "suspended for the time that the incompatible legal interest persists."

David Rosenberg, the lawyer for the Cowichan Tribes, has warned against applying the case to all fee-simple lands across B.C. or Canada. Rosenberg has also said that he is "frustrated and disappointed" with what he calls "misinformation" about his clients' ground-breaking case.

The First Nations leaders in B.C. say they are "appalled" by "alarmist rhetoric" from some politicians who are raising concerns about private property rights after a landmark land title decision in Richmond.

The First Nations Leadership Council (FNLC) says Aboriginal land title and private property ownership can and do co-exist in this province. The FNLC is also deeply disturbed and angered by B.C. Conservative Party leader John Rustad's letter to Premier David Eby in which he calls for an immediate pause to all negotiations between the Province of British Columbia and First Nations in response to the BC Supreme Court's recent declaration of Cowichan Aboriginal title. The FNLC is similarly disturbed by Richmond Mayor Malcolm Brodie's related communication delivered to certain Richmond residents warning that their property's title could be negatively affected by the Court's decision.

"The courts will eventually put it out to the B.C. Court of Appeal or Supreme Court of Canada, and they are going to send the parties back to negotiate an agreement. I think they have a choice of doing it now or living with the legal uncertainty for a decade, possibly," said Merle Alexander, an Indigenous law expert in Vancouver.

Although these are not the opinions of the *Richmond Sentinel*, we will continue to keep our readers informed as information is made public.

Remembrance Day, a day to honour our soldiers

By FLORENCE GORDON
Contributing writer

On the 11th hour of the 11th day of the 11th month, people around the world pause to remember and honour the men and women who sacrificed their lives for the cause of freedom and peace.

Remembrance Day, also known as Armistice Day is associated with wearing a Poppy to serve as a reminder of the profound impact of war. It's a time that I'm frequently reminded of when I attended a Remembrance Day reception at an Army Navy Airforce unit to pay my respect and while sitting with a group of World War II Veterans I noticed a young man in uniform demonstrating a lot of emotion as he wandered from table to table. I mentioned to the senior veterans a concern, their comment was "you have to remember the soldiers returning from the middle east are the new veterans, we're keeping an eye on him." That comment I have shared time and time again as we think of Veterans as seniors from WWII.

The significance of Remembrance Day, its historical origins, and how we can pay our respects to those who served can be traced back to the end of World War I. On Nov. 11, 1918, the armistice agreement was signed, marking the cessation of hostilities on the Western Front. This momentous event signalled the end of The Great War, and it was a time when the world yearned for lasting peace after enduring the horrors of a devastating conflict.

The tradition of wearing a red poppy was inspired by the famous war poem *In Flanders Fields* by Lieutenant Colonel John McCrae. In the poem,

In Flanders Fields

*In Flanders fields the poppies blow
Between the crosses, row on row
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce herd amid the guns below*

*We are the dead. Short days ago
We lived, felt dawn, saw sunset glow
Loved, and were loved and now we lie
In Flanders fields*

*Take up our quarrel with the foe
To you from failing hands we throw
The torch be yours to hold it high
If ye break faith with us who die
We shall not sleep; though poppies grow
In Flanders Fields*

By John McCrae (May 3, 1915)

McCrae vividly describes the red poppies that bloomed amongst the graves of soldiers in Flanders, Belgium. The Royal British Legion adopted the red poppy as a symbol of remembrance in 1921, and it has since been worn as a symbolism to fallen soldiers and a reminder of the profound cost of war.

Some of the ways we can pay our respects during on Remembrance Day and during the month of November include: participating in a two minutes of silence on Remembrance Day, wearing a red poppy, or visiting war memorials which many people in Richmond do pay their respects at the Cenotaph at City Hall.

Taking two minutes of silence on Remembrance Day is one of the most widespread traditions, where people at the eleventh hour of the eleventh day of the eleventh month reflect on the sacrifices made by those who served in the armed forces. In Richmond, City Hall hosts a ceremony at the Cenotaph on City Hall's front lawn for the community to come together to pay their respects for the sacrifices of our soldiers. It is a day to pause, reflect, and express our gratitude to the countless heroes who have selflessly served their country while urging us to strive for a better world.

John McCrae

Lieutenant-Colonel John McCrae (Nov. 30, 1872 – Jan. 28, 1918) was a Canadian poet, physician, author, artist and soldier during World War I and a surgeon during the Second Battle of Ypres, in Belgium. He is best known for writing the famous war memorial poem *In Flanders Fields* shortly after losing a friend in Ypres and influenced after seeing poppies growing in battle-scarred fields.



Photo via Freepik.com

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In honour of our soldiers: Francis John Matier

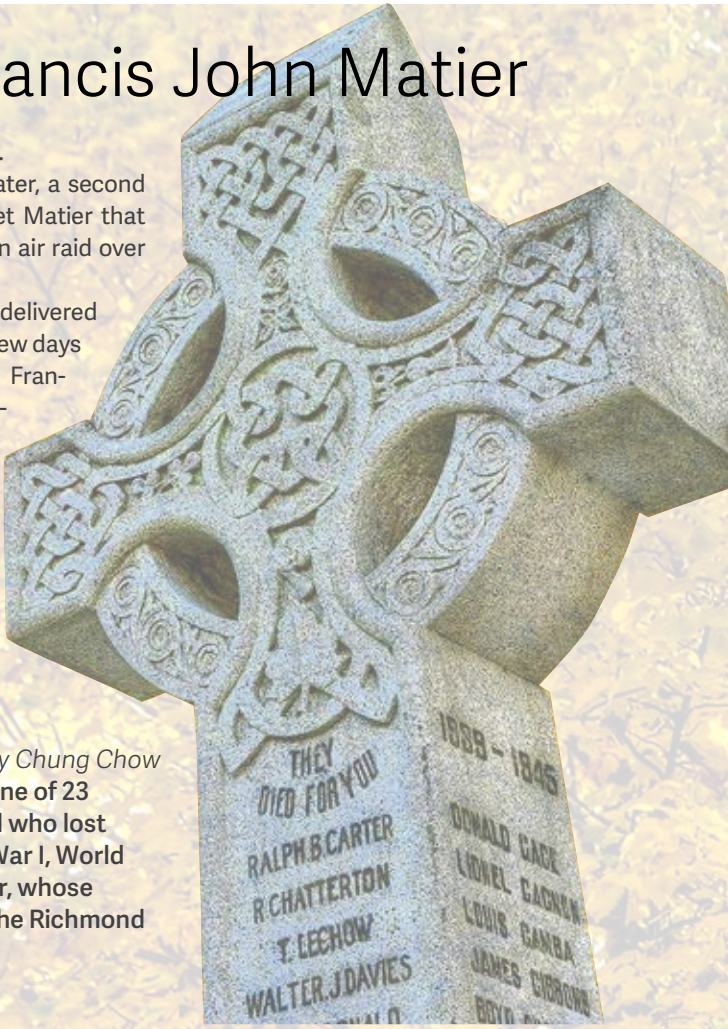
By MATTHEW CHEUNG
Contributing writer

In our previous series, we learned about the 56 men who gave their lives during World War I and World War II, whose names had been inscribed on the Richmond Cenotaph and had a poppy street sign named after them. Following our poppy street sign series, we moved onto the young soldiers whose names were inscribed on the Richmond Cenotaph, but did not have a road named after them. Those names are compiled of 23 young men who lost their lives in World War I, World War II, or in the Korean War.

Francis John Matier was born on Nov. 12, 1910 in Steveston, B.C. to John Slater Matier and Jenet Matier (née McLarty). One of nine children, Francis joined the Royal Canadian Air Force and trained in St. Thomas, Ontario and in Quebec.

Although it is not confirmed when he enlisted into the Royal Canadian Air Force but what is known is that on May 19, 1943 he had sent a telegram to his mother informing her that he had safely arrived to England and that a birth-

day letter would be following.
Tragically, just four days later, a second letter arrived informing Jenet Matier that Francis had passed during an air raid over England.
A separate telegram was delivered to the Matier's household a few days later, informing them that Francis was buried at the Bournemouth North Cemetery, Hampshire, United Kingdom.
The City of Richmond made the decision to honour Francis John Matier by putting his name on the Richmond Cenotaph.



File photo by Chung Chow
Francis John Matier, was one of 23 young men from Richmond who lost their lives in either World War I, World War II, or in the Korean War, whose names were inscribed on the Richmond Cenotaph.

Remembering Those Who Fought For Freedom

They shall grow not old, as we that are left grow old
Age shall not weary them, nor the years condemn
At the going down of the sun and in the morning
We will remember them.

by Laurence Binyon



Teresa Wat
MLA, Richmond-Bridgeport
Member of the
Legislative Assembly of BC



Attorney general's, minister's statements on crime

Niki Sharma, Attorney General, and Nina Krieger, minister of public safety and Solicitor General, have released the following statements in response to the introduction of new, proposed Criminal Code amendments and public safety commitments by the federal government:

Niki Sharma, Attorney General, said:

"The federal government's announcement today of new measures to amend the Criminal Code and other federal statutes are a promising step toward keeping people safe and holding perpetrators accountable. Many of the actions reflect proposals our government put forward to better protect people from repeat violent offenders and strengthen public safety.

"British Columbia has led the country in calling for reforms that put public safety first, including bail decisions that better reflect risk, impose stronger consequences for repeat and violent offenders and provide better protections for victims of intimate-partner and gender-based violence. The federal government's proposed amendments reflect many of the priorities B.C. has championed, such as reverse-onus bail in high-risk cases and expanded sentencing tools for serious repeat offences, ensuring that bail determinations consider both the seriousness and the number of past offences, better tools to address extortion and a sharper focus on harms and intimate-partner violence, such as strangulation, suffocation and choking.

"In my letters to Sean Fraser, federal minister of justice and Attorney General of Canada, earlier this year, I urged changes for post-conviction bail, not just for violent offenders, but for the repeat offenders who are placing a major strain on local police time and resources. I'm pleased to see that this input is reflected in the legislation introduced today, showing our shared commitment to keeping communities safe.

"Today's announcement reflects the strong collaborative relationship between our two gov-



NIKI SHARMA



NINA KRIEGER

ernments, but our work continues. We will monitor the implementation of these federal reforms closely to assess whether they are working as intended.

"While the bill includes some protections for victims of intimate-partner violence, I will continue to advocate for stronger protections. The circumstances that led to the tragic death of Bailey McCourt should never happen again. That's why we're pleased that the federal government followed through on our request for a new reverse onus following a finding of guilt for a charge of assault or sexual assault involving choking, suffocating or strangulation. McCourt's murder is a painful reminder of what's at stake and of the urgent need to hold perpetrators accountable and protect those at risk.

"At the provincial level, we are actively working through the recommendations outlined in Dr. Kim Stanton's independent report, which highlighted the need for inter-agency information sharing and consistent risk assessment. We will provide an update on our progress in addressing these recommendations in the coming weeks. The federal government has indicated that further gender-based violence reforms are coming later this year, and we will continue to press them for strong measures.

"Together, we remain focused on building a justice system in British Columbia that is fair

and equitable, responsive and protective, and above all, keeps people safe in their homes, businesses and communities."

Nina Krieger, minister of public safety and Solicitor General, said:

"I welcome the federal government's introduction of Bill C-14: the Bail and Sentencing Reform Act as an important step toward ensuring our justice system can effectively address serious crimes like repeat violent offences, extortion, organized retail theft and harms to businesses and critical infrastructure.

"Our government, along with our police service partners, municipal and First Nations governments, and businesses, has long been calling on the federal government to take meaningful action to ensure stronger consequences for those who repeatedly cause harm in our communities. Police in our province are too often arresting the same individuals for repeat offences, only to see them quickly return to the streets to reoffend.

"Bill C-14 directly responds to those concerns. It strengthens bail provisions, provides clearer direction on when detention should be sought and enhances sentencing options for serious crimes.

"In short, these reforms will help keep repeat criminals off our streets.

"These measures will help police and prosecutors better protect the public and businesses and give communities more confidence that the system is working to keep them safe.

"Our police officers put themselves in harm's way every day to protect British Columbians. These reforms recognize and support their work by helping to reduce the cycle of crime that too often frustrates both police and communities.

"Our government remains committed to doing everything we can to make B.C. a safe and welcoming province by supporting police and holding repeat offenders to account so people feel secure in their communities." news.gov.bc.ca/32959

Local seniors, grocery shopping service stands the test of time

Richmond Cares Richmond Gives: One of our longest-running Seniors Community Support Services is Grocery Shopping, which dates back to the days when there was a Safeway at Lansdowne Centre. A lot has changed since then, but the service has remained largely the same.

Today, seniors can still place grocery orders over the phone and our volunteers will shop for them at a local supermarket. On Tuesdays and Thursdays, it's Safeway Seafair. On Wednesdays, it's PriceSmart.

Once the orders are filled, they're delivered to clients' homes, with volunteers often helping to put the groceries away.

This past year, we completed just under 6,800 orders—6,799, to be exact—ensuring that older adults had reliable access to fresh, healthy, culturally appropriate foods.

If you or someone you know would benefit from the service, call us at 604-279-7020, and we'd be happy to provide further details.

Richmond Remembers

Tuesday, November 11, 2025



**Take some time to remember our veterans
at the Remembrance Day service
at Richmond City Hall, 6911 No. 3 Road**

10:20am

Parade starts marching towards Richmond City Hall cenotaph

10:40am

Official ceremony begins

11:00am

Two minutes of silence, followed by wreath-laying



The ceremony will be streamed live at richmond.ca/remember. Click on the "Watch Ceremony" button starting at 10:20am.

Road closures

In order to facilitate the event, streets will be closed and traffic patterns will be changed between 8:00am and 1:30pm. During this time, there will be restricted road access.

- Granville Avenue will be closed in both directions from Minoru Boulevard to Buswell Street.
- No. 3 Road will be closed in both directions from Park Road to Bennett Road.

Funded by Veterans Affairs Canada
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Canada

Asphalt Paving Advisory 2025

April 20 to November 30, 2025

The City of Richmond has contracted Save On Black Top Ltd. to grind and pave the following locations in Richmond **from April 20 to November 30, 2025.**

PROPOSED 2025 PAVING LOCATION DETAILS

No. 2 Road (Steveston Highway to Williams Road)—Intersections included
No. 3 Road (Alderbridge Way to Cambie Road)—Intersections included
No. 3 Road (Cambie Road to Capstan Way)—Intersections included
No. 3 Road (Capstan Way to Sea Island Way)—Intersections included
Bridgeport Road (No. 5 Road to Sweden Way)—Intersections included
Cambie Road (Shell Road to No. 5 Road)—Intersections included
No. 5 Road (Seacliff Road to Kingsbridge Drive)—Intersections included
No. 6 Road (Bridgeport Road to River Road)—Intersections included
Moncton Street (Railway Avenue to No. 2 Road)—Intersections included
Francis Road (Gilbert Road to No. 3 Road)—Intersections included
Francis Road (Railway Avenue to No. 2 Road)—Intersections included
River Road (Cambie Road to Capstan Way)—Intersections included
Westminster Highway (No. 7 Road to No. 8 Road)—Intersections included
Vulcan Way (No. 5 Road to No. 6 Road)—Intersections included
Boeing Avenue (Catalina Crescent to Wellington Crescent)—Intersections included
Catalina Crescent (Handley Avenue to Airport Road)—Intersections Included
Douglas Crescent (Wellington Crescent to North end of road)—Intersections Included
Hudson Avenue (Wellington Crescent to Airport Road)—Intersections Included
Bridgeport Road (St. Edwards Drive to Shell Road)—Intersections Included
Cambie Road (No. 4 Road to Shell Road)—Intersections Included
No. 4 Road (Granville Avenue to Westminster Highway)—Intersections included
No. 5 Road (Bridgeport Road to Vulcan Way)—Intersections included
No. 5 Road (Greenland Drive to Bridgeport Road)—Intersections included
Shell Road (River Drive to River Road)—Intersections included
Wallace Road (Kozier Gate to No. 2 Road)—Intersections included
Williams Road (Parsons Road to Gilbert Road)—Intersections included
Machrina Way (Horseshoe Way to No. 5 Road)—Intersections included
Trumond Avenue (Wellmond Road to Gormond Road)—Intersections included
Garden City Road (Cambie Road to Bridgeport Road)—Intersections included
Boundary Road (Thompson Gate to Westminster Highway)—Intersections included
Kwantlen Street (Alderbridge Way to Alexandra Road)—Intersections included

Work hours will be 7:00am to 10:00pm on weekdays, and 7:00am to 8:00pm on weekends. Night time work hours will be from 7:00pm to 5:00am. (typically).

Traffic will be reduced to single-lane and there may be temporary lane closures. Delays may occur. The use of an alternate route is strongly encouraged.

This work is weather dependent and dates are subject to change without notice.

The scope of the advertised work may be adjusted or cancelled in line with available funding.

Questions may be directed to Wasim Memon, Supervisor, Engineering Inspections, at **604-276-4189**, or visit the City's paving program web page at richmond.ca/paving.

richmond.ca



SEASON EXTENSION

Come get fresh local produce,
baked goods, and more!

**Every Tuesday, 11AM-3PM,
Until December 9th**
7700 Minoru Gate, Richmond
In front of Brighthouse Library



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for more updates & info!



Sockeyes play in support of Breast Cancer Awareness

By STEVE ERICKSON
Contributing writer

Due to the *Richmond Sentinel's* publication dates the Richmond Sockeyes' are reporting to our viewers the last three games against the Flames, the Steelers and the Tsunami. It's a lot of play-by-play reporting on their part and because I attend the home-ice games I can appreciate the heart these young men are playing with as a team that faced a lot of changes this season. The Team are offering great performances and Management are creating several marketing strategies to entertain the fans between periods.

This past off-season has seen changes with the addition of a new coaching staff who from the start got the players to "buy into the system" allowing everyone to play a specific role.

Returning home continues to be home ice motivation and given the support they receive they jumped out to an early lead in the second period against the Flames.

This game saw Richmond's Quinn Orr get his third of the season after a scoreless first period managing to get set-up by Brody Lindal and Joshua Mytton.

Knowing the pressure was on, it was David Yoon who finished a nice three-way passing play at 6:12 that saw Dylan Nazareth and William Huo give them an early mid period 2-0 lead.

The Flames simply aren't used to trailing in any game and you could sense that it wouldn't be long before they got on the board getting their first at 7:48 on the power play making it a 2-1 contest.

The Sockeyes held the lead in the shot department after two periods by a narrow 25-21 shots on goal and despite a strong start the Flames Manny Sandhu got his second of the game tying the game at two that put extra pressure on the Sockeyes.

The previous game matchup on September 30th saw the Flames not only outshoot the Sockeyes by 32-26 they also stole a 4-3 win giving them their first loss of the season and that alone never sat well with the team.

With the time coming to an end and many pondering the game going to overtime, pressure was clearly on the Sockeyes that saw Quinn Orr get his second of the game, hammering a blistering shot from the point for the 3-2 win at 19:40.

To the frustration of the Flames they pulled out all stops only to come up short, unable to get the tying goal giving the Sockeyes to the delight of the fans in a contest that took 2:25 to play. Richmond grabbed the game's first two stars with the game's first star to Quinn Orr, to Quinn Orr, (2G/0A) second star to David Yoon (1G/1A) with the games third to Flames Matthew Candusson who faced 56 shots stopping 53.

This season the Sockeyes welcomed a rare Saturday night game a short two nights later taking on the newly named Burnaby Steelers with a 5:45 pm start.

To no surprise they jumped out to another fast start with David Yoon (10th) opening the scoring at 10:19 with William Huo and Dylan Nazareth getting helpers that was the start of the first four. Calgary's Keelan Wyke got his second of the season and put the Sockeyes up by two with Brody Lindal and Teo Lin setting him up for a goal that was a long time coming with Dad in the stands watching.

We continue to mention shots on goal and this period was no different outshooting the Steelers by a 18-3 margin. The second saw Brody Lindal (3rd) at the three-minute mark with Keelan Wyke and Jonathan Zhang working magic, setting him up for the 3-0 lead.

We are getting used to things coming in pairs for either a goal and an assist knowing that it was Dylan Nazareth getting his second point of the game with David Yoon and William Huo adding points to their total for a 4-0 lead.

With the second period coming to a close the Steelers Trevor Chin put them on the board with the Sockeyes holding a 4-1 lead after forty minutes and holding onto a 25-10 lead in shots.



Photo courtesy Richmond Sockeyes

A team with a lot of heart on and off the ice.

Richmond's Kai Adano opened the scoring in the third at 1:15 with Lindal and Lin on the set up only to have the Steelers Ryan McCauley getting a power play goal making it a 5-2 Sockeyes lead.

Often goals can motivate and the Steelers previous goal gave the bench confidence allowing Amendo Sim to get his first of the season pulling the visitors within two making it a 5-3 game.

The Steelers pressed only to have Calgary's Carter Voll (5th) with assists to both Jonathan Zhang and Keelan Wyke giving the Sockeyes a 6-3 win.

To no surprise Keelan Wyke (1G/2A) was named first star, Dylan Nazareth (1G/1A) second star and Amadeo Sim (1G/1A) the games third star outshooting the visiting Steelers 48-20.

Next up saw the visiting Tsunami visit the "Fish Tank" who trail in the shot department with the Sockeyes holding first place with 22 points while the visitors sitting forth in the standing with 14 points.

This game is extra special because the boys will be hitting the ice with pink stick tape in support of breast cancer awareness. We've all lost a loved one to such a vicious disease that scientists are still looking for a cure. In conversation with some of the players they were very positive in supporting "Breast Cancer Awareness" and as a couple have mentioned "everyone has lost someone to cancer so giving our support to this, is extra special."

Sockeyes Beauady Beaudin got the scoring started at 1:02 in after a long end to end rush set up by Captain Teo Lin followed by one from Carter Voll at 10:53 and one from Dylan Nazareth closing out the first period with a 3-0 lead.

The second period started with another strong performance scoring another three goals as Melbourne's Brody Lindal managed a shorthanded marker set up from Teo Lin at 10:51 for their second of the period from David Yoon and a third from William Huo giving them a 6-0 lead after two periods as well as outshooting the Tsunami by 22-4.

David Yoon and Dylan Nazareth each got their second of the game for an impressive 8-0 win outshooting the visitors 55-24.

Join the Sockeyes on Thursday nights at 7 p.m. at Minoru Arena and cheer these talented hockey players.

Let's go back to recycling school!

G is for Glass

Glass Bottles/Jars Go in the Glass Recycling Bin.

Recycle Glass Correctly:

- Separate glass bottles/jars from other recycling.
- Rinse and remove lids.
- Recycle in Glass Recycling Bin/Cart.



Let's aim for an "A" grade because when we fail to recycle correctly:

- The City of Richmond can be fined, which results in costs being passed on to residents.
- Recycling may not be accepted by processors, which results in unnecessary waste going to landfills.

Richmond RCMP warns of phone scam

Richmond RCMP is warning the public after two residents reported suspicious phone calls in a single day from individuals claiming to represent a telecom provider and foreign police.

On Oct. 14, 2025, Richmond RCMP received two reports regarding a potential scam involving potential theft of identity. In both cases, the victims were told their accounts had been compromised and were allegedly linked to a criminal investigation. The caller claimed to be from a telecom company and then transferred the victims to another individual who identified themselves as a member of a foreign police agency.

The victims were asked to provide detailed personal information, including their bank account details, employment information, and government identification.

"If you receive a call like this, hang up immediately," Says Corporal Denise Kam, Richmond RCMP Economic Crime Unit, "This type of scam is typically used



Photo by Jaana Björk

to gather personal information which could be used for identity theft or to re-target the same victims later. Anyone who believes they may have provided information to a scammer should report it to police and contact their financial institution and credit monitoring bureau to flag their accounts."

Richmond RCMP encourages anyone who has received similar calls to:

- Report the incident to local police.
- If banking information was provided immediately change passwords and enable two-factor authentication.
- Contact their financial institution and credit bureau to flag their information.
- Report the scam to the Canadian Anti-Fraud Centre at 1-888-495-8501 or antifraudcentre-centreantifraude.ca

Richmond RCMP encourages residents to regularly visit the Canada Anti-Fraud Centre website for the most up-to-date information on fraud trends impacting Canadians.

B.C. keeps auto insurance rates low for drivers to 2027

Drivers in British Columbia will continue to benefit from affordable and stable auto insurance costs with no increase to basic rates through to spring 2027, marking seven consecutive years without an increase.

"Keeping basic insurance rates low and stable is part of our government's commitment to affordability and helping people manage their day-to-day budgets," said Niki Sharma, Attorney General and minister responsible for ICBC. "We're making sure drivers have access to affordable coverage and some of the strongest care and recovery benefits in the country without compromising financial sustainability."

After careful analysis of its finances, ICBC concluded that basic auto insurance rates do not require a change through to 2026-27 fiscal year, elimin-

inating the need for an application to change rates with the B.C. Utilities Commission in 2025 and postponing any potential need for an application until late 2026.

"With insurance rates stable, we can put our efforts toward enhancing customer experience and expanding online services," said Jason McDaniel, interim chief executive officer and president, ICBC. "As a public auto insurer, run by British Columbians for British Columbians, we are dedicated to providing affordable, steady rates and fiscal stability to the people and places where we live."

The introduction of Enhanced Care in 2021 marked a turning point for auto insurance in B.C. The care-based model led to an immediate reduction in basic insurance rates, saving the average

customer \$496, approximately 28 per cent less than what they were paying. The new model has also played a key role in keeping the rates steady ever since. As a result, British Columbia has moved from having some of the highest auto insurance rates in Canada to being among the most affordable.

Since launching Enhanced Care, eligible basic customers have also received \$640 in five separate rebates, totalling approximately \$2.7 billion. The rebates were made possible by ICBC's improved financial performance and rates set based on projections.

Alongside more affordable and stable insurance rates, Enhanced Care benefits are available based on individual needs and are designed to support people for as long as required after an accident.

New forest trade office opening in Europe

Efforts are underway to diversify and strengthen British Columbia's forestry sector with a new office in London, England.

The office will be a hub for B.C.'s forestry sector to expand its market share across Europe and the United Kingdom.

"British Columbia is the second largest exporter of softwood lumber in the world, and with U.S. President Donald Trump's continued attacks on our forestry workers and economy, we are not sitting idly by," said Ravi Parmar, Minister of Forests. "We are making it easier for our friends across the pond to buy our world-class lumber, and we are supporting our forestry sector to get boots on the ground in more growing wood markets around the world."

B.C.'s Crown corporation, Forestry Innovation Investment (FII), will be expanding its presence to the U.K. to work with the forestry industry there, around Europe, and eventually, select markets in the Mid-

dle East and northern Africa, to grow B.C.'s forestry sector footprint internationally. This new office will give B.C.'s forestry sector a representative to help expand growing wood markets in the U.K. and Europe.

"Expanding into the U.K. reflects FII's commitment to building resilient, diversified markets for B.C. forest products," said Rick Doman, board chair, FII. "The current trade-impeding U.S. duties and tariffs on Canadian softwood lumber underscore the importance of reducing reliance on any single market. Together with industry, we're determined to re-establish B.C.'s foothold in the U.K. and drive growth across Europe and the Middle East and North Africa region."

This is the newest FII office, joining offices in China, India and Vietnam, and industry-led offices in Japan and South Korea. This international network of offices advances the use of wood as a building

material around the world and positions British Columbia as a preferred supplier.

Through export development programs and trade missions, FII expands wood markets, while showcasing B.C.'s high-quality wood products and attracting global investment back to B.C. FII leads research on advancements in wood technology, working with international governments and policymakers on policies and regulations to encourage wood use in new and existing markets.

The Province has taken action to support the expansion of forestry markets domestically and internationally. The expansion into the U.K. and Europe is part of a strategy to expand B.C.'s market footprint in established and emerging wood markets around the world. Market diversification helps the sector be more resilient to global market swings or market instability caused by U.S. trade actions on softwood lumber and other wood products.

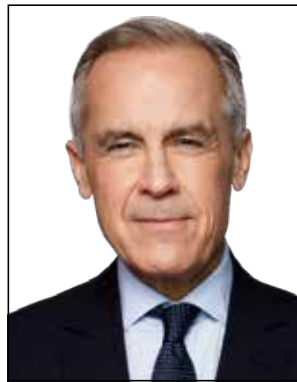
Prime Minister Carney advances new trade markets

The world is more dangerous and divided. The scale and speed of recent trade shifts and technological developments mean that Canada's economic strategy must change dramatically. To that end, Canada's new government is focused on transforming our economy from one that is reliant on a single trade partner to one that is stronger and more resilient to global shocks.

That is why the Prime Minister Carney recently announced that Canada is embarking on an ambitious new mission to double our non-U.S. exports in the next decade.

Today, Mark Carney, concluded his visit to Kuala Lumpur, Malaysia, where he attended the Association of Southeast Asian Nations (ASEAN) Summit and met with world leaders and investors to strengthen trade, technology, and energy partnerships. The Prime Minister accelerated negotiations on a new Canada-ASEAN free trade agreement, which would unlock new markets and opportunities for Canadian workers and businesses across the Indo-Pacific region. The Prime Minister also announced \$25 million in technical assistance to ASEAN nations to accelerate and effectively implement a Canada-ASEAN free trade agreement.

During his visit, the Carney held bilateral meetings with the leaders of Laos, Malaysia, the Philippines, and Vietnam, and met with the leaders of the European Council and South Africa. Carney thanked the Prime Minister of Malaysia for his leadership as ASEAN Chair for 2025 and discussed the Letter of Intent signed between Canada and Malaysia to deepen investment in liquefied natural gas, oil, nuclear, and renewable energy. During the Carney's discussion with the President of the Philippines, the leaders announced their intent to imminently launch negotiations on a new free trade agreement between Canada and the Philippines, with a goal of concluding the agreement



PM MARK CARNEY

in 2026. Carney also met with ASEAN-based institutional investors and business leaders to discuss the opportunities that Canada presents.

Carney visited CAE's training facility in Kuala Lumpur, as Malaysia Airlines signed a deal with CAE to purchase a Canadian-built flight simulator. On the margins of the ASEAN Summit, Canada's new government announced \$226,000 to expand the BlackBerry Cybersecurity Centre of Excellence into an international hub for cyber intelligence and security innovation – a testament to Canada's ever-growing economic footprint in the region.

Carney also met with the chief executive officer of PETRONAS, Tengku Muhammad Taufik. PETRONAS is one of the world's largest energy companies and a major investor in LNG Canada Phase 1—the liquefied natural gas facility in Kitimat, British Columbia. With Phase 2 of this project now referred to the Major Projects Office, the government is exploring new opportunities to expand our partnership and strengthen Canada's role as a reliable energy supplier.

In a world of rapid change, Canada's new government is focused on what we can control. We are growing a stronger economy—one that is built on the solid foundation of thriving Canadian workers, strong Canadian industries, and bolstered by diverse international trade partners.

"The world is changing rapidly and Canada must dramatically change its economic strategy. We must make generational investments to build our economy at home and work relentlessly to diversify our trade partnerships abroad. Now is not the time to be cautious, because fortune favours the bold. Now is the time to bet big on Canadians and play to win."

— Mark Carney, Prime Minister of Canada



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Douglas James Scammell

FASHION FOR MEN A Down Vest

When it comes to casual, recreation, day-time wear whether you are out camping, fishing, or just out hiking in the great outdoors an option to help break the cooler weather without over heating is a good men's Down Vest. This is a good addition to your casual wardrobe and perfect for the cooler weather as it's just enough to keep you comfortable even if the temperature turns milder while you are outside. You can pair the Down Vest with a t-shirt if it is warmer outside or a sweater if it is cooler, both are great options. This is not really a fashion statement piece but certainly a purposeful item that has many possibilities for different combinations and layering that will give your casual wear a bit more depth.



HISTORY

The "history" of men's Down Vests, as a distinct garment, is intertwined with the evolution of outerwear and the development of down-filled apparel. While the general concept of a vest has existed for centuries, the modern Down Vest, was specifically

designed for warmth and often for outdoor activities and has recently gained more prominence. Brands like "Eddie Bauer" are credited with popularizing down-filled jackets and vests in the mid-20th century.



It was outdoor adventurer Eddie Bauer himself who is credited with creating the "Skyliner," a down-filled jacket, after a near-fatal experience with hypothermia while fishing. This invention is a key moment in the history of down-filled outerwear, and the principles behind it are relevant to the development of the Down Vests. The use of feathers for insulation in the outerwear was first used in these early additions of the Down Vest.

Today many brands now use for insulation Down that is certified by the Responsible Down Standard (RDS), ensuring ethical sourcing and humane treatment of the birds. Down is the undercoating of waterfowl, consisting of soft, fluffy filaments that trap air and provide excellent insulation.

However, although down is a fantastic insulator, it can lose its effectiveness when wet. Synthetic insulations, like those made from polyester, are also used in vests and offer better performance in damp conditions. Some brands even combine Down with synthetic materials for a hybrid approach. Either way these vests are insulated and are very light weight making them very comfortable to wear.

The down vest has a few different names:

Down Gilet: "Gilet" is a French term, commonly used in British English, to describe a sleeveless jacket.

Down Puffer Vest: This term emphasizes the quilted construction and Down filling which gives the vest its characteristic "puffy" appearance.

Insulated Vest: This is a broader term that encompasses vests with various types of insulation, including Down, synthetic materials, or wool.

Lightweight Down Vest: This term highlights the vest's portability and packability, often associated with Down-filled vests.

Pufftech: This is a specific brand name used by Uniglo for their ultra-light down vests.

Movie star Steve McQueen, often dubbed "The King of Cool," was known for his minimalist, rugged style, and a taupe puffer vest was one of his signature pieces manufactured by a brand named Rocky Mountain Featherbed and he paired it with items like blue plaid shirts, trucker hats, and his iconic Rolex Submariner watch. His style was a mix of workwear sensibility and effortless cool, making even basic items like t-shirts look stylish.

DOWN VESTS TODAY

Today, the men's Down Vests are popular with many brands like Lululemon, Arc'teryx, Carhart, Walls, Uniglo, Reebok, The North Face to name just a few and are available at all various price points, making them accessible to a wide range of budgets.

It is also important to note: these puffer vests are popular for both men and women. I personally like collecting and wearing some vintage models seen here in the pictures attached that are a bit more



retro looking that I have been able to thrift over the years by a brand named Walls Blizzard Pruf which is made in Texas. They are so casual and comfortable to wear when out in the great outdoors of beautiful British Columbia.

Men's puffer vests are popular today due to their blend of functionality and style, particularly their versatility in transitional weather. They offer warmth without the bulk of a full jacket, making them ideal for layering and suitable for various occasions. Their popularity is also fueled by online trends and social media, where they are frequently featured in fashion content.

Photos courtesy DJ Scammell

OUR CITY *tonight*

**SPOTLIGHT ON
GREAT HOME VIEWING
FOR A RAINY NOVEMBER**

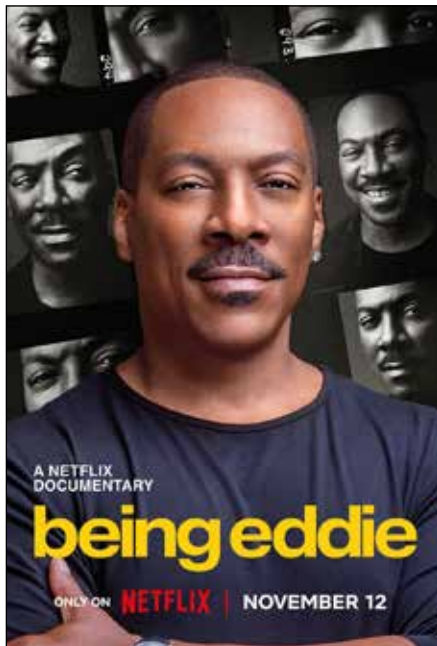


Photo courtesy Netflix Canada

THE VIEW #1 – BEING EDDIE

Over the decades there have been a handful of actors, singer/songwriters and entertainers who you could refer to as “one of a kind”. Eddie Murphy is one of those. From his early 80s star-making inclusion in the cast of *Saturday Night Live*, to blockbuster movies like *48 Hours*, *Coming to America* and the *Beverly Hills Cop* franchise, to his sold out stand up tours, to even a top ten hit, Murphy did it all. Now comes a new documentary called *Being Eddie*, directed by two-time Oscar winner, Angus Hall. It looks back at Murphy’s groundbreaking, 50 year career, while it also opens the door to his home and personal life—which includes ten children. Part of this fascinating (and overdue) documentary are comedy and Hollywood legends like Dave Chappelle, Tracee Ellis Ross, Jamie Foxx, Jerry Seinfeld, and Reginald Hudlin, who offer their thoughts on what made Murphy the man and superstar (and like Seinfeld, Bill Maher and Gary Shandling, Murphy’s first appearance on Johnny Carson’s *The Tonight Show*, is still so memorable 45 years later). As Jamie Foxx, says in the film, “He changed the way we view comedy.” We could not agree more. *Being Eddie* is streaming on Netflix starting Nov 12. netflix.com

THE VIEW #2 – A LITTLE PRAYER

A Little Prayer is a film about a loving father who struggles with how to deal with his son’s growing mental health issues. The matter is made more challenging when the father discovers his son is having an affair. His love for his daughter-in-law is evident as he tries to protect her from what he suspects and then later confirms. Gifted actor David Strathairn (*The Firm*, *The Bourne Ultimatum*, *Good Night, and Good Luck*, *Lincoln* to name only a few from a 45 year career), whose work we’ve loved for decades, delivers a touching and sensitive performance as the father, reminding us of the challenges that never leave you as a parent. The daughter-in-law is played by actress Jane Levy who delivers an equally memorable performance, and her scenes with the father-in-law are beautiful, and graceful, with her loving him for the father she may never have had, and he loving and wanting to protect her like his own daughter. Writer/director, Angus MacLachlan, who first came to our attention twenty years ago with his film, *Junebug* (which included a breakout performance by Amy Adams) has given us a film about an average family dealing with the heartache and pain that come to us all at times. It’s relatable, and *A Little Prayer* for that and many other reasons, is a film that will stick with you for awhile. It’s available for streaming now. brightirisfilm.co



Photo courtesy Bright Iris Films

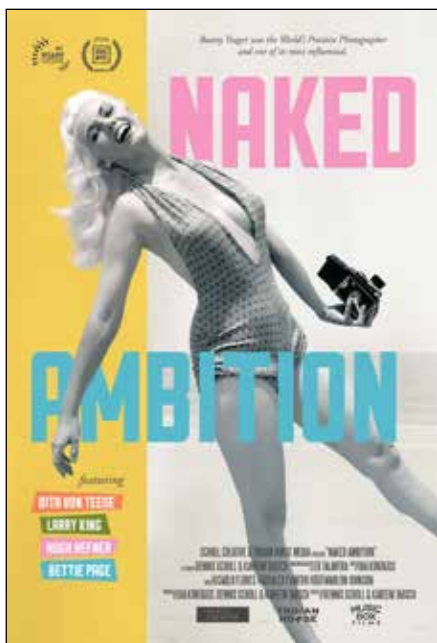


Photo courtesy Bright Iris Films

THE VIEW #3 – NAKED AMBITION

This past summer in the pages of *The Richmond Sentinel* and on *Our City Tonight*, we showcased a female artist whose animated work for magazines from the 1920s-50s was getting a long overdue tribute and recognition. Her name was Barbara Shermund and she was decades ahead of her time. Which leads us to another female artist—in this case a photographer—who was also incredibly talented and ahead of her time. Her name was Linnea Eleanor “Bunny” Yeager and she is the subject of a new documentary called *Naked Ambition*. She began as a model, entering beauty pageants, and eventually found herself in hundreds of magazines and newspapers. But when she started to learn about photography, that’s when her legend began to form. Her photography work with models (including the iconic Bettie Page) would push the boundaries of 1950’s conservative America, helping to shape *Playboy Magazine*, and then later, the sexual revolution and feminist movement of the 1960s (she also may have been the inventor of the “selfie”). Dita Von Teese, Bruce Weber and the late Larry King all offer their thoughts on the brilliant trailblazer named Bunny Yeager. *Naked Ambition* is available now for streaming. brightirisfilm.co

Award winning singer/songwriter Chris Buck

Chris Buck has been a favourite guest on the *Our City Tonight* TV show since 2016 and during his recent visit back home to the Okanagan from his second home in Nashville, he stopped by to visit us on the set of *Our City Tonight* and as always it was fun to catch up with Chris and discover what he's been up to

OCT: *The first time you were on the show Our City Tonight was back in 2016, almost 10 years ago. That is back when you got your CCMA nomination for video of the year for the song "That's When You Know". We were blown away by your music back then and you just continue to knock them out of the park.*

CB: Well first of all, telling me that makes me feel really old, but it also makes me realize that I have been at this music career for a while now. I have been working on an album in Nashville for two or three years. I brought back nineties country style like Brooks and Dun, some Steve Earl stuff and it's something that I have wanted to do for a very long time. I haven't been this excited about my music since way back. I am hearing from so many people that are reaching out to me that usually do not reach out. Even other artists are saying this is really cool stuff. I am so pumped about this new music.

OCT: *We can certainly see (and hear) why you are. The video "One Two Step" just came out recently at the end of September of this year. We love your videos even when they are about sad songs about losing your girl or stories like that, but there always seems to be a little tongue in cheek humour, and sometimes a lot of humour, to lighten the mood. We noted that style in your single and music video from a couple years ago in the song "She Gone".*

CB: For me it's all about the hook too and when we were writing this song, and I forget exactly who said it, but they said something about getting over someone one, two step and I immediately added, getting over you one two-step at a time. Obviously, that added the country dance element and obviously the relationship element. I am all about song titles and when I heard that I knew we had to write the song that day. It was go-time, and it just happened.

OCT: *Tell us what was happening with your lifestyle in Nashville. We hear you are also living part-time in the Okanagan now.*

CB: I was in Nashville for seven years which seems crazy. I have been there a long time but I recently came back to the Okanagan to focus on touring.



Photo courtesy Chris Buck

BC's Chris Buck dedicated to country music.

I also run a singer/songwriter festival up in the Okanagan called Boots and Boats which is held at the end of June. For this I have been bringing up Nashville artists for the past two years and it has been going great. We sold out the festival last year and I am back here to work on that as well as planning the tour.

OCT: *Those two locations could not be any more different. When you talk about Nashville and the Okanagan, tell us what coming home feels like since you are a BC boy after all. What does it do for you creatively to be back in the lovely and usually quiet Okanagan area compared to the bustling city of Nashville?*

CB: Obviously, for those who know, it is beautiful up here. You do not really get the nature aspect down south like we have up here. In Nashville I wrote a lot and sometimes up to two times a day. I wrote close to 190 songs a year, so I was more like a machine working at it every day. Now, I am taking a step back, getting some ideas, and being

really creative which helps me. I have to admit I am very happy taking this step back because my brain has been way too busy in the last few years.

OCT: *And I am sure your lovely wife is happy to have you back home. Now you can concentrate on being a husband too.*

CB: Ha ha, yes you nailed it.

OCT: *Let's talk about your songwriting and getting together with other songwriters when you were in Nashville. You met some very established writers during your time there and many have been long time songwriters. How important was it for you to learn from these people?*

CB: It really was like I went to college for seven years and just learning every day. A lot of guys that I wrote with have written number one songs with the same publishing company that I did for the last four years. It was incredible to be around these guys and create big hits. I learned so much and I did write a lot for my band, but a lot of the songs are being released by other artists now too. It is really cool to hear these songs playing on the radio.

OCT: *You have won BCCMA Male Artist of the Year in 2023, had five top 40 hits, Album of the Year for Answers, and Video of the Year in 2023, and we love the fact that every time you release a single on an album, you also have a great video ready to be released too.*

CB: I do it especially for *Our City Tonight*, ha ha.

Find out more about this musical artist ChrisBuckBand.com



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