



VOL. 10 ISSUE 19

NOT-FOR-PROFIT

SEP. 22 – OCT. 5, 2026

90 Candidates Seeking Your Vote



**Voting
Station**



**Your City.
Your Vote.**



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BRITISH COLUMBIA
CANADA

Richmond City Hall
6911 No. 3 Road

Richmond
 Votes
Your City. Your Voice.



**Welcome
Voters**

**Voting
Station**



Your City. Your Vote.

08

OUR CITY

Richmond



BY ISABELLA RODRIGUES

September 24

Belong Here: Newcomer Welcome Fair

100-7700 Minoru Gate, Richmond, BC
4:00pm - 7:00pm



Photo courtesy Richmond LIP

Come to the Richmond Public Library's Belong Here, this event is designed to introduce newcomers to Richmond to some of the local service providers, new friends and more. Pre-registration is recommended so go online to www.richmondlip.ca to secure your spot.

September 26

Inclusion in Motion And Family Festival

3688 Cessna Drive, Richmond, BC
10:00am - 2:00pm



Photo courtesy PAFN

Come to Inclusion in Motion, a community walk and family festival put on by the Pacific Autism Network. This annual event supports and fundraises for families impacted by autism and other neurodiversities. To participate, go online and reserve your spot.

September 26

The Karmichaels

105-11900 No. 1 Road, Richmond, BC
7:30pm - 10:30pm



Photo courtesy ANAF 284

Come to the local ANAF to listen to some live music by local roots, classic rock, and folk-country band, the Karmichaels, in support of our local veterans. Tickets are \$10 for members and \$15 for guests; all proceeds go to supporting our local veterans. Membership is not required for this fun community event, so feel free to bring some friends and family for a fun night of live music.

October 17

Municipal Elections



Photo courtesy Trip Advisor

In less than a month's time, on October 17, Richmond will hold its general election. To learn more about your eligibility, candidates, mail-in ballots and more please go online to richmond.ca/city-hall/elections or stay tuned to the Richmond Sentinel for more.

September – December

Seniors Activities, Guides & Passes – Fall 2026

In-person and online



Photo courtesy City of Richmond

The City and partners are proud to offer high-quality social programs and services for adults aged 55+ at eight community facilities, including the Seniors Centre at the Minoru Centre for Active Living. Register in person at any community facility, call 604-276-4300, or online at richmond.ca/parks-recreation/about/senior

May 5 – December 22

Kwantlen Farmers' Market

Richmond Library and Cultural Centre
7700 Minoru Gate, Richmond, BC
Every Tuesday 11:00am - 4:00pm



Photo courtesy BC Farmers' Market Trail

Come by this vibrant farmers' market hosted by the students of Kwantlen Polytechnic University! Spend the day enjoying live music, delicious local food, fresh produce, handmade goods, and an amazing community atmosphere. It's the perfect place to support student entrepreneurs and local vendors.

OUR CITY

Richmond

BY FLORENCE GORDON

90 candidates have registered to run in Richmond's civic election, set for Saturday, October 17, 2026.

7 **Candidates** running for
Mayor
(1 Position)

55 **Candidates** running for
Councillor
(8 Positions)

28 **Candidates** running for
School Trustee
(7 Positions)

The following 17 Electoral Organizations have been registered. Some candidates choose to run independently while others are endorsed by one of the following civic political parties.

Action Richmond
Advance Richmond Community
Common Sense Alliance Association
Community First
Conservative Electors Association
Empower Education Richmond
ONE Richmond
Richmond Citizens Association
Richmond Education Party
Richmond Liberal Electors Association
Richmond Forward
Richmond Rise
Richmond Strong
Richmond United Voters Association
RITE Richmond
Save Richmond
We Are Richmond

The field of 90 Candidates reflects significant interest in serving the City of Richmond. With such a large number of Candidates, hosting an "All Candidates" event to provide voters with information on every Candidate presents considerable logistical challenges. In past federal, provincial, and municipal elections, the Richmond Sentinel has filmed interviews with every Candidate who accepted our invitation. These interviews have been published digitally on its website and in print. We are currently working through the logistics of how best to provide Candidates with a fair and consistent opportunity for coverage while giving useful information to make an informed decision on election day.

The City of Richmond has published Candidate profiles and election information on its website richmond.ca/city-hall/elections/candidateslist.htm. - and in this publication the City has provided an information notice containing voting information along with the Richmond Elections Office telephone number, 604-276-4100. (Please note Candidates are responsible for the content and accuracy of their submitted profiles).

In the Richmond Sentinel's next issue (October 6), we will publish a brief bio of each candidate running for Mayor, Councillor, and School Trustee.

Municipal elections determine who will make important decisions affecting the City's services, finances, infrastructure, and the community. We encourage Richmond voters to learn about the Candidates, review their positions, and participate in the October 17th election.



City of
Richmond

Richmond invites applications for City Grants Program

News Release
September 14, 2026

Richmond, BC – Applications for the City of Richmond's annual City Grants Program will open Wednesday, September 16, with submissions accepted until 5:00pm on Wednesday, October 14, 2026.

The City Grants Program provides funding to organizations delivering initiatives that enrich community life, strengthen connections and enhance the well-being of Richmond residents.

Grants are available in five categories:

1. Arts and Culture
2. Child Care
3. Health, Social and Safety
4. Parks, Recreation and Community Events
5. Environmental Enhancement and Food Security

The 2027 City Grants Program includes updates to eligibility, funding limits and grant streams. There is also a new online application system

designed to provide a more user-friendly interface, enhance the overall applicant experience and make applying more efficient and accessible.

To support applicants, the City is offering both general and grant-specific information sessions in online and in-person formats.

The general grant information session will focus on the overall City Grants Program, providing participants with an opportunity to ask questions about the updated policy and to view a live demonstration of the online application system. All applicants are strongly encouraged to register and attend this session.

Grant-specific information sessions will focus on the requirements of individual grant programs, including program objectives, eligibility criteria and key considerations to help applicants prepare strong submissions. Applicants are also strongly encouraged to register and attend the online session that corresponds to their specific program of interest.

General Grant Information Session

Date	Time	Location
Tuesday, September 15	6:00 – 8:00pm	In-person at Richmond Cultural Centre, Theatre Under the Stairs – 7700 Minoru Gate

Grant-Specific Information Sessions

Grant	Date	Time	Location
Child Care	Tuesday, September 22	4:00 – 5:00pm	Online
Parks, Recreation and Community Events	Wednesday, September 23	6:00 – 7:00pm	Online
Health, Social and Safety	Thursday, September 24	10:00 – 11:00am	Online
Arts and Culture	Thursday, September 24	6:00 – 7:00pm	Online

For more information on the City Grants Program guidelines, eligibility criteria, review process, session registration, and to access the online application system, visit richmond.ca/CityGrants.



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from the
App Store or
Google Play Store.

August road report: Speeding and distracted driving remain top concerns on Richmond roads

Richmond RCMP officers continued proactive traffic enforcement throughout August, issuing more than 1,297 Motor Vehicle Act violation tickets and charges as part of ongoing efforts to improve road safety and address community concerns. Throughout the month, officers conducted targeted enforcement focused on speeding, distracted driving, impaired driving, HOV lane compliance, and locations identified through public complaints.

August traffic violations at a glance

- Speeding: 335
- Driver's licence infractions: 190
- Distracted driving: 194
- Impaired driving (drug/alcohol): 34
- E-scooter violations: 2

Targeted enforcement initiatives included operations aimed at distracted driving, including cell phone use, HOV lane compliance, and addressing concerns regarding illegal passenger drop-offs in the area of No. 3 Road and Westminster

Highway. Officers also conducted focused speed enforcement along Steveston Highway, where 48 speed-related violations were observed.

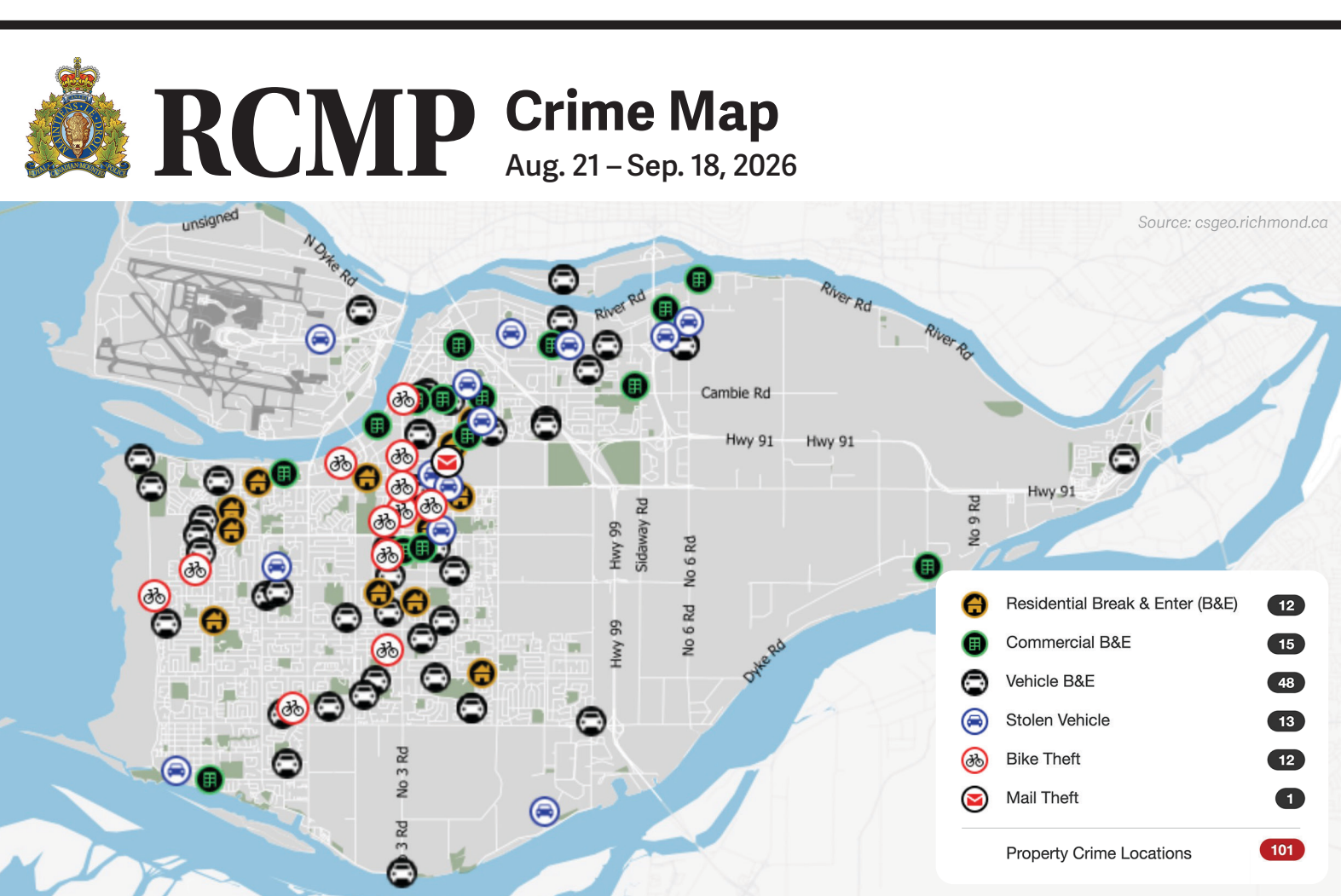
Several significant violations were recorded during the month:

- A driver was stopped on Highway 91 near the Knight Street Bridge for travelling 47 km/h over the posted speed limit. The vehicle was impounded for seven days.
- Another driver was stopped on Westminster Highway after being recorded travelling 103 km/h in a posted 50 km/h zone, resulting in an excessive speed violation and a seven-day vehicle impound.
- Officers took enforcement action against a motorcyclist for stunting after observing the rider lift the front wheel from the roadway while accelerating through a turn. The motorcycle was impounded for seven days.

In addition to enforcement, Richmond RCMP

participated in a three-part e-scooter and e-bike safety outreach campaign throughout August. The initiative focused on educating riders about applicable regulations and safe operating practices to help improve safety for all road users. The next outreach event is scheduled for September 9, 2026, from 2 p.m. to 4 p.m. at the Railway Greenway and Granville Avenue.

"Traffic safety remains a priority for Richmond RCMP," says Sgt. Stephen Large, Richmond RCMP Road Safety Unit. "Through targeted enforcement and public education, we continue to address risky driving behaviours and respond to concerns raised by our community. Motorists, cyclists, and e-scooter users all play a role in keeping Richmond's roads safe." Richmond RCMP reminds all road users to obey traffic laws, avoid distractions, drive at safe speeds, and make responsible choices behind the wheel. Drive safely, stay focused, and help keep Richmond roads safe for everyone.





Advancing patient care with 3D-printed splints

First-in-North America custom splints created at Vancouver General Hospital

News Release
September 15, 2026

People in Vancouver and surrounding communities have better access to rehabilitation care as Vancouver General Hospital launches an on-demand 3D-printing process to produce custom medical splints more efficiently.

Summary

- New process for making 3D splints more efficiently, accurately and consistently underway at Vancouver General Hospital
- This process is the first-of-its-kind in North America and will save an average of 60 to 90 minutes for occupational therapists and their patients
- Patients can receive customized splints sooner, helping them begin treatment earlier and supporting their recovery, mobility and independence



"This innovative process is the first-of-its-kind in North America, and it's already saving time for health-care providers and their patients," said Ravi Kahlon, Minister of Health. "We're committed to making it easier for people to get the right care at the right time, close to home. That's why we're continuing to work with occupational therapists, our partners in PolyUnity and the Vancouver Health Authority to expand this process throughout the region."

— Hon. Ravi Kahlon, Minister of Health

The new printing process combines insight from occupational therapists (OT) with advanced technology to create personalized splints for patients. Developed by a team of OTs at Vancouver General Hospital in partnership with Canadian medical 3D-printing company PolyUnity, the new process for rehabilitation care will be phased in throughout the region.

Innovative solution cuts wait times for patients

In acute-care settings, splints are required for patients with hand injuries or burns and are critical for rehabilitation. For the past 50 years, clinicians have relied on techniques that can take years to master and hours to replicate.

The new 3D printing allows for quicker patient care, as traditional custom splints can take as much as two hours to make, while the 3D-printed splint can take approximately 30 minutes of clinician time.

"For occupational therapists, every innovation is ultimately about supporting patient recovery, helping them maintain their independence and return to the activities that matter most to them," said Miriam Wickett, occupational therapy practice leader, Vancouver Coastal Health. "This new approach allows us to deliver customized, evidence-based splints more efficiently and consistently while freeing up valuable clinical time that can be redirected to patient care."

The new process allows OTs to assess and capture patient measurements, securely share the data with the printing company to create a digital design and print the custom splint on site at Vancouver General Hospital. The production process uses a specialized material for printing, which allows OTs to make modifications if a patient needs change.

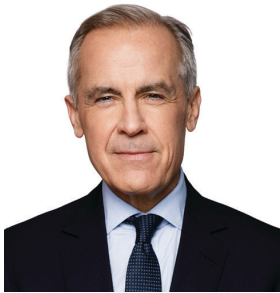
"An unwavering dedication to patient care and a desire to be the best drives innovation in health care," said Lorraine Blackburn, vice-president of professional practice and quality and chief clinical information officer, Vancouver Coastal Health. "This 3D-printing solution demonstrates how technology can support better health-care experience and outcomes while enhancing the clinician experience and advancing environmental sustainability."

Planning is underway to expand the service model to rural and remote communities throughout the region, enabling OTs to provide specialized splinting services close to home, reducing the need for patients to travel for care. The health authority is also exploring how the technology can be expanded to other professions, such as physiotherapy. The 3D-printed splint process is supported by VGH & UBC Hospital Foundation.



The first Canada Investment Summit unleashes nearly \$500 billion of new investments in Canada

News Release
September 15, 2026



“The Canada Investment Summit brought the world to Canada with a clear message: Canada is building big. Build with us. We unleashed nearly \$500 billion of new investment into Canadian businesses and infrastructure – and this is just the beginning. The world sees our strengths and ambitions, and we will harness this moment to generate lasting growth, opportunity, and prosperity for Canadians. Canada is boldly unleashing our enormous potential, and we are just getting started.”

— The Rt. Hon. Mark Carney, Prime Minister of Canada

Canada has what the world wants. We are a superpower in both clean and conventional energy, with vast deposits of critical minerals. We are the best-connected economy in the world, with free trade deals covering 1.5 billion consumers. We are by far the most competitive country in the G7 for new business investment. We have one of the world's most educated workforces, the lowest net debt-to-GDP ratio in the G7, and the fiscal capacity to act decisively. Since forming government, the Prime Minister, Mark Carney, has focused on leveraging these strengths to catalyse \$1 trillion of new investment and create more growth, opportunity, and prosperity for Canadians.

The Canada Investment Summit laid the foundation for enormous new investment and strategic partnerships, while accelerating existing negotiations – resulting in nearly \$500 billion in new investment commitments to Canada. To build on this momentum and unlock even more investment, Prime Minister Carney announced the game-changing new Productivity Mega Deduction, which will allow businesses to deduct the cost of a much broader range of assets right away including fibre-optic cable, mining property, oil and gas pipelines, software, research and development, computer equipment, aircraft and vehicles, patents, rail track, bridges and roads. The federal government is also making immediate expensing permanent so businesses can recover these costs sooner.

To that end, the Prime Minister convened the first Canada Investment Summit. Hosted in partnership with the Canada Pension Plan Investment Board (CPP Investments) and the Public Sector Pension Investment Board (PSP Investments), the Summit brought together investors from nearly 30 countries, managing more than \$100 trillion in assets. They came to Toronto because they see Canada's economic strength and ambition – and they want to invest in it.

- Canada's leading pension funds, insurers, and institutional investors committed nearly \$100 billion in new capital to Canadian assets
- Canada's top banks committed nearly \$325 billion in new financing for Canadian businesses and infrastructure
- Investment funds committed to mobilise more than \$14 billion in capital to grow Canadian companies, infrastructure, and strategic sectors



Photo courtesy Canadian Press

Prime Minister Mark Carney recruits former PM Stephen Harper and former PM Jean Chrétien to “kick off” one of the largest private sector investment Summit in Canadian History. seen with Bell Canada's CEO Mirko Bibic

Business leaders, investors, and financial institutions are mobilising behind Canada's bold new vision to build, innovate, and lead in a changing world, and the impact on Canada and Canadians will be profound. These agreements will catalyse nearly \$500 billion of investment into Canadian workers, businesses, and industries – in energy, critical minerals, new technologies, and AI – create thousands of new high-paying careers, and bolster our strategic autonomy. The Canada Investment Summit advanced our most important mission of building a stronger, more independent, more resilient Canadian economy for all.

For full details of the press release, go to pm.gc.ca

2026 Richmond Election

On Saturday, October 17, 2026, eligible voters in Richmond will be electing one Mayor, eight Councillors and seven Richmond School Board Trustees. Those elected in October 2026 will serve in office for four years.

Are you eligible to vote?

You may vote as a resident elector if you:

- are a Canadian citizen
- are at least 18 years old on General Voting Day (Saturday, October 17, 2026)
- are a resident of Richmond
- have lived in British Columbia for at least six months before registering to vote
- are not disqualified from voting by law

Non-Resident Property Elector

If you own property in Richmond, but do not live in the city, you may be eligible to vote in the 2026 Richmond Election. Visit richmond.ca/elections to find out more information.

How do you register to vote?

First, find out if you are already registered to vote in the 2026 Richmond Election:

- check the **Am I on the Voters List?** search tool at richmond.ca/elections
- check the 2026 Richmond Election app (available on Apple and Android devices)
- call the Richmond Elections Office at 604-276-4100

If you are not yet registered to vote, you can register in person at your voting place. Please bring at least two valid IDs (identification documents) with you that together show your name and address, at least one piece of ID must include your signature. Visit richmond.ca/elections to see a list of acceptable IDs.

When and where can you vote?

There are three ways you can vote:

1. General Voting Day

Vote at your designated neighbourhood voting place on Saturday, October 17, 2026 from 8:00 a.m. to 8:00 p.m. Find out where to vote at richmond.ca/elections, download the Richmond Election app (available on Apple and Android devices), or contact the Richmond Elections Office. If you receive a voter card in the mail, it will also show your voting place.

2. Advance Voting Days

Vote on any of the following days and at any of the following locations between 8:00 a.m. and 8:00 p.m.:

Saturday, October 3

Richmond City Hall—6911 No. 3 Road
Cambie Secondary School—4151
Jacombs Road

Wednesday, October 7

Richmond City Hall—6911 No. 3 Road

Thursday, October 8

Richmond City Hall—6911 No. 3 Road
City Centre Community Centre—5900
Minoru Blvd

Friday, October 9

Richmond City Hall—6911 No. 3 Road

Saturday, October 10

Richmond City Hall—6911 No. 3 Road
Burnett Secondary School—5011
Granville Avenue
Cambie Secondary School—4151
Jacombs Road
McMath Secondary School—4251 Garry Street
McRoberts Secondary School—8980
Williams Road
Hamilton Elementary School—5180
Smith Drive

3. Mail Ballot

All existing voters and new registrants can request a mail ballot package. Mail ballots can be requested through:

- The online application, available until Friday, October 9, 2026, at 3:00 p.m., or
- The Mail Ballot Call Centre at 604-276-4100, available until Thursday, October 15, 2026, at 3:00 p.m.

Mail ballot packages will be mailed out until October 7, 2026. After this date, voters will be asked to pick up their mail ballot packages at Richmond City Hall. Find out how to request a mail ballot package at richmond.ca/elections, download the Richmond Election app or contact the Richmond Elections Office. **Completed mail ballots must be received by October 17, 2026 at 8:00 p.m. PST in order to be counted.**

Contact the Richmond Elections Office

Richmond City Hall, 6911 No. 3 Road
By appointment, 8:30 a.m. to 5:00 p.m.
(weekdays except on statutory holidays)
604-276-4100

elections@richmond.ca

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[X @Richmond_BC](https://twitter.com/Richmond_BC)

[@CityofRichmondBC](https://www.instagram.com/CityofRichmondBC)

(use hashtag #rmdelxn)

Visit richmond.ca/elections or download the 2026 Richmond Election app (available on Apple and Android devices).

THIS IS AN IMPORTANT NOTICE. PLEASE HAVE SOMEONE TRANSLATE IT FOR YOU.

INFORMATION IMPORTANTE:
TRADUISEZ-LE SI VOUS PLEAIT.

這通告很重要，請找人為您翻譯解說。

这通告很重要，请找人为您翻译解说。

ਇਹ ਇੱਕ ਜ਼ਰੂਰੀ ਸੂਚਨਾ ਹੈ। ਕਿਰਪਾ ਕਰਕੇ ਕਿਸੇ
ਤੋਂ ਇਸ ਦਾ ਅਪਣੇ ਲਈ ਅਨੁਵਾਦ ਕਰਵਾਉ।



City of
Richmond

RICHMOND
SCHOOL DISTRICT NO. 38



One Moon, Many Celebrations: The Mid-Autumn Festival Across Asia

BY BEZ CHAO

The Mid-Autumn Festival, also known as the Moon Festival or Mooncake Festival, is a harvest festival celebrated by many different cultures across Asia, celebrating family reunions, gratitude, and remembrance. The festival is the second most important holiday in Chinese culture after the Lunar New Year. It occurs on the 15th day of the 8th month of the lunisolar calendar and falls between September 7th and October 8th of the Gregorian calendar. According to tradition and cultural belief, the moon during the Mid-Autumn Festival is considered the roundest, brightest, and most beautiful of the year, with the round shape of the moon symbolizing completeness and family unity.

The harvest moon is honoured and celebrated across many other Asian cultures, and while this article focuses primarily on the Chinese Mid-Autumn Festival, we also acknowledge and honour the related cultural traditions observed across East and Southeast Asia.

The origins of the Mid-Autumn Festival can be traced back over 3,000 years to the Shang Dynasty, when ancient Chinese emperors worshipped the moon as a symbol of a bountiful harvest. The festival, as it's celebrated today, took shape gradually over the centuries, becoming firmly established as a major cultural occasion during the Tang and Song dynasties.

Central to the festival's mythology is the legend of Hou Yi and Chang'e. Although there are different versions of the story, it typically begins with the earth that was once scorched by ten suns burning simultaneously in the sky. Hou Yi, who was a heroic archer, saved humanity by shooting down nine of them, leaving just one to warm the earth. As a reward, he was given an elixir that would carry whoever drank it up to the heavens and grant them immortality. However, Hou Yi was unwilling to drink it and leave his beloved wife Chang'e behind, so he asked her to keep it safe instead. Then one day, when Hou Yi was away from home, his arch nemesis Peng Meng tried to steal the elixir. To keep the elixir out of the villain's hands, Chang'e drank it herself and was carried up into the sky, where she chose to remain on the moon, reluctant to stray too far from her husband. Hou Yi began offering his wife's favourite foods beneath the full moon each year in her memory, and the people of China followed his example. This annual act of devotion and remembrance is considered one of the founding traditions of the Mid-Autumn Festival.

The festival's most iconic food is the mooncake, which is a dense, round pastry filled with ingredients like lotus seed paste, red bean, nuts, or salted egg yolk. According to legend, during the Yuan Dynasty, when China was under Mongol rule, it is said that rebel leaders used mooncakes to pass secret messages to coordinate an uprising against the occupying force. Today they're exchanged as gifts among family, friends, and colleagues as a gesture of goodwill and togetherness.

Other traditions include lighting and carrying paper lanterns, as well as performing lion and dragon dances. The festival is also associated with the harvest itself, and seasonal foods like pomelos, crabs, and pumpkins are enjoyed alongside mooncakes.

The Mid-Autumn Festival is not celebrated by Chinese communities alone. Across East and Southeast Asia, many cultures observe their own versions of the harvest moon festival on the same lunar date, each shaped by its own history and traditions.

In Korea, the equivalent celebration is Chuseok (추석), a three-day public holiday often likened to Thanksgiving. As a celebration of the good harvest, families gather to honour their ancestors through a ceremonial offering of food and wine, visit the graves of loved ones, and share songpyeon, which is a small half-moon-shaped rice cake steamed over pine needles.

In Japan, the occasion is observed through Tsukimi (月見), or moon viewing. It is a quieter, more contemplative tradition in which homes are decorated with pampas grass and families share tsukimi dango, a round white rice dumpling, which are offered to the moon. There are even specific terms in Japanese to refer to occasions when the Moon is not visible on the traditional mid-autumn evening, like "mugetsu," which means "no-moon," and "ugetsu," which means "rain-moon." Even when these weather conditions hide the moon, Tsukimi parties are still held.

In Vietnam, the tradition is known as Tết Trung Thu, which has recently evolved into the Children's Festival. Children look forward to this day because they are often given toys by adults, and take to the streets in colourful lantern processions. Feasts are organized to watch the full moon, mooncakes are exchanged, and lion dances are performed. The occasion carries its



Photo courtesy minchephoto photography

own mythology, which includes the tale of Chu Cuoi, a woodsman said to have floated to the moon while clinging to a magical banyan tree.

Further across Southeast Asia, variations of the harvest moon festival are observed in countries including Thailand, Cambodia, and Malaysia, each weaving local customs and beliefs into the shared framework of moon worship, harvest gratitude, and community gathering.

Although each culture celebrates the occasion in its own way, the commonalities running through all these traditions remind us of a deeper, shared human experience. The full moon serves as a symbol of abundance and wholeness. Food is prepared and shared with others in an act of generosity, and in each, the occasion is ultimately about gathering with the people you love, looking up at the same moon, and feeling connected to something larger than yourself.

For the many Canadians of Chinese, Korean, Japanese, Vietnamese, and Southeast Asian heritage who carry these traditions with them, the Mid-Autumn Festival is a meaningful link to culture and memory. For everyone else, it is an invitation to learn, appreciate, and perhaps look up at the moon a little more thoughtfully this September.

National Day for Truth and Reconciliation

BY ISABELLA RODRIGUES

For the past 6 years, Canadians of different cultures have come together to commemorate and mourn the tragedy that is the history of our government's Residential School system. Since 2021, the National Day for Truth and Reconciliation has taken place on September 30th to honour those that suffered directly and indirectly because of these schools.

Background History

The history of Canada's Indian Residential Schools is a tragic one, but it is important to know so you have context when talking about this serious topic.

Residential Schools were Government-funded and church-run institutions designed to convert our Indigenous peoples to the Canadian and European society being pushed at the time. These schools were marked with violence, disease, and trauma as the people at the schools tried to kill "the Indian in the child" through extreme measures. While this may seem like a relic of the past, it is important to remember the last one closed in 1997, in Saskatchewan less than 30 years ago. In early 2021 the world was shocked by the news that 215 unmarked graves had been found at the Kamloops Indian Residential School. This news became even more concrete evidence that survivors had already known; that not every child had lived to tell the story. Later that year in September, the first annual National Day for Truth and Reconciliation was held.

Honouring the holiday

While this is a federally mandated holiday, it is important to remember the meaning of September the 30th. This day is meant for us to take a step back from our traditional responsibilities to listen to our Indigenous people. Let's not lose sight of the true meaning of the holiday, and that is to remember the survivors and the children lives lost at the hands of the Indian Residential School system.

Why the 30th?

While the story of Phyllis Webstad and her orange shirt has been told many times, something that is not talked about as often is why the 30th was decided on for both Orange Shirt Day and the National Day for Truth and Reconciliation. September was a time of year when the children would be gathered up and taken to these schools, we honour the children that never made it home to their families by hosting the holiday at this time of year.

At the same time, our current public school system starts up again. By having the holiday take place on the last day of the month, students and educators are able to settle in to

schedules again and may be more receptive to learning this important history when the end of the month rolls around.

Events

On this important day, a number of community events will be happening to show support for our Indigenous peoples.

A Day to Listen 2026

September 30th, 6:00 - 6:00 PM

On the 30th the Gord Downie & Chanie Wenjack Fund (DWF) once again partner with radio stations all across Canada for A DAY TO LISTEN. This year's theme is Honouring Truth with Action. There are a number of ways you can listen to the episodes, including iHeart, Spotify, and adaytolisten.ca. This event is intended for adult audiences (18+)

Indigenous Short Films

September 30th, 10:00 - 4:00 PM

7700 Minoru Gate #100 - Launchpad

Drop-in to enjoy a selection of free short films by Indigenous creators to support your learning and reflection on the National Day for Truth and Reconciliation. The films will be playing continuously on a loop throughout the day.

This event is intended for adult audiences (18+)

Indigenous Storytime

September 26, 1:00 - 3:00 PM

11851 Westminster Hwy

Visit the Richmond Nature Park to listen to stories by Indigenous authors that celebrate culture, connection, belonging, and care for the land. This program provides an opportunity for families to learn about the histories, voices, and experiences of Indigenous Peoples and reflect together in recognition of the National Day for Truth and Reconciliation. This event is intended for all ages.

Closures

For this day a number of services and programs will be closed, here is a list of the city services that are closed or altered.

- City Hall will be closed on Tuesday, September 30.
- The Recycling Depot will be closed on Tuesday, September 30; it reopens Wednesday, October 1.
- Blue cart collection will remain as scheduled. All other residential services will be pushed back by one day due to the statutory holiday.
- The Brighthouse Library and Richmond Cultural Centre will open from 10:00am to 4:00pm on Tuesday, September 30. All other library branches will be closed.

- Community Facilities: Visit richmond.ca/HolidayHours for a list of modified hours.

In addition, there are a number of businesses that may also choose to close for the day, be sure to check online to see if any of your favourite businesses have altered schedules.



Photo courtesy Art Windsor Essex

The Future

While our country has come a long way in honouring and trying to reconcile the pain caused by the Residential School system, there are still things that our Government and people can do to help not forget this tragic chapter of our history. While the Truth and Reconciliation Commission did fantastic work by detailing their 94 calls to action. Unfortunately, our government has only completed 14 of the 94 since 2015, meaning that a staggering 85% of this commission has not been accomplished.

How to support

After learning all this information, you may be asking yourself, "What can I do to help?" Fortunately, I have a short list of things we all can do to help.

Request completion of more calls to action

As I have explained above, the majority of the 94 calls to action have not been completed. You can help by calling your local MP and encouraging them to keep their word on completing all 94.

Give people space when needed

While active listening and learning is important, it's important to remember that being too present can be intrusive. So whilst participating in events, be sure to check if you are overstepping.

Don't stop paying attention after the 30th

For our Indigenous people, their pain does not stop after September ends, and therefore our reconciliation and listening efforts should not end there either.

Donate to Charities

While there is no pressure to donate, there are a number of charities that do incredible work, like Indian Residential School Survivors Society and more.

**STEVE ERICKSON**

Broadcaster/Media
Relations Richmond
Sockeyes



Photo courtesy The Richmond Sentinel

New Look Sockeyes – A Winning Tradition Continues

Welcome back to the “new look” Richmond Sockeyes 2026-27 hockey season, with several changes in place to allow you to have more of an interpersonal connection with the Sockeyes. While the Sockeyes had a great record of wins last season, they came up a “tad short” of the former PJHL championship. They are focused on a rebuild to advance them to play for the league championship.

Last season we had mentioned the league (then PJHL) was splitting away from the past format and advancing to a Tier One level of hockey, which will now allow them to compete for the Centennial Cup and Canada’s National Junior A Championship. The change was made official in April when the British Columbia Hockey Conference was launched as the Hockey Canada and BC Hockey-sanctioned Junior A league in the province of British Columbia.

The change consists of 22 teams, which were created to offer BC athletes the opportunity to play sanctioned Junior A hockey in their home province, with the league and members competing under the Western Canadian Development Model. This change works in partnership with the Western Hockey League (WHL) as well as all Hockey Canada branches plus Junior A leagues in Alberta, Saskatchewan and Manitoba. The league has divided and joined the British Columbia Hockey Conference (BCHC), which is Tier One, while Tier Two hockey will still operate under the Pacific Junior Hockey League (PJHL), playing within their own league. There will be no crossover

games between the two leagues, but teams in the BCHC will be allowed to use the PJHL as a development league for player development, which will benefit both levels of hockey. The season was impressive under Head Coach Scott Hewson, who finished the season with a record of 44 wins, 5 losses and one O/T win, finishing with 88 points.

Season 2026 the Sockeyes have hired a new Coach, Brien Gemmell, who has been involved with hockey in the Lower Mainland at various levels of the game, from Minor to Junior. Most recently, he was the GM with Cloverdale Hockey Club, and prior to that, he was the Head Coach with the White Rock Whalers. In a recent conversation with Brien at training camp, I asked, “what he brings to the team?” which he mentioned, “Other than my past, my focus is to develop a winning culture with the Sockeyes and build a winning franchise, bringing a Canadian Championship to Richmond.” He was impressed with training camp, which this year opened with several spots on the roster due to the number of “over-age” players who are moving on to the next chapter of their careers. Along with Brien, the coaching staff is filled out with returning Matthew Stewart and Will Kump, the Director of Hockey Operations and Skills Provider for Cloverdale Minor Hockey Association, who has a strong belief in teamwork. Delorme and recently hired Craig Sherbaty, who put together a skills program at Tweedsmuir until 2014, then saw their careers move on to coach the Cloverdale U15 AAA as well as the U18 AAA levels. Overall, he’s not looking for aggressive players but players who can play a 200-foot game at both ends of the ice and are coachable.

Knowing Brien the way I do, I for one know that along with his coaching staff, the Sockeyes will produce a winning product both on and off the ice. This season, the Sockeyes announced at last season’s year-end banquet that the Captain will be returning

Calgary native Keelan Wyke, who started his career with the CBHA U15 Blackhawks, advancing his career through the Revelstoke to Grand Forks prior to joining the Sockeyes.

In a recent conversation with owner Doug Paterson, he mentioned that he’s eager to get the season underway, continuing to be involved in the community as well as putting a winning product on the ice.

Pre-season action saw the Sockeyes host the visiting Kwangwoon University, a private research University in Nowon-gu, Seoul, which offers undergraduate and graduate programs, noting that Chosun Radio Training Center, the predecessor of Kwangwoon University, was the first institution to teach electronic engineering studies in Korea. The game had the traditional on-ice pre-game ceremonies that saw the visitors take the early start, scoring a pair early in the first, followed by another pair in the second, taking a 4-0 lead to the dressing room after forty minutes. The Sockeyes managed a pair in the third, making it a 4-2 game that saw them pull “tender” Alan Pegergrym for the extra attacker, only to have the visitors jump on a loose puck, sending it 180 feet into the empty net, giving the visitors the 5-2 win.

Pre-season continued against the Ridge Meadows Flames in a hard-fought contest that saw them come out on the losing end, dropping the game 3-0. Pre-season continued in a cross-town match-up against the Burnaby Steelers that saw the Sockeyes double up on the Steelers by a margin of 8-4, featuring some of the “vets dressed” while others sat out, giving the “rookies” a chance to “crack the line-up.” While the coaching staff are still evaluating some players, they are eager for the home opener to kick off the BCHC season. Personally, knowing Brien’s professionalism and dedication to the Sockeyes, I know that he’ll bring a championship team to the City of Richmond!!!



Joe Biz

BY JOE LEARY

Another Chapter in the History of Vancouver Rock

For generations of Lower Mainland music fans, this area's rock history has lived in record collections, dusty tape boxes, old photographs and memories of nights spent in crowded clubs. Over the years, scores of recordings that never achieved radio airplay have been unearthed in a series of albums titled 'The History of Vancouver Rock'.

For years, local musicians recorded on small, nondescript labels, performed in independent clubs or made tapes that were never widely distributed. As years passed, those recordings became increasingly difficult to find. *The History of Vancouver Rock* series helped change that, thanks to Rob Frith, owner of Vancouver's Neptoon Records. "We originally planned four volumes in order of time," says Frith. The 50s and early 60s on Volume 1, early 60s to mid-60s on Volume 2, mid-60s on Volume 3 and mid-60s to late-60s on Volume 4.

"Along with fellow record collectors who organize the record swap meets put them together. We were going to release the series in order, but at the time we thought the mid-60s garage bands would sell better. They were popular, and there were newer garage bands really happening at the time. Earlier volumes established the foundation for documenting the city's rock-and-roll heritage while previous editions preserved recordings that might otherwise have remained known only to collectors and longtime fans. We decided to release Volume 3 first," he adds, "thinking it would sell better and we would have enough money to do the rest of the volumes"

Canada's West Coast music scene. There is something especially appropriate about releasing such a collection on CD. In an age when music can disappear behind algorithms and endless streaming playlists, a physical record of Vancouver's musical past feels tangible. Each recording carries not only a song but also a connection to a particular time, place and group of musicians.

The History of Vancouver Rock Volume 5 is therefore more than another compilation. For this latest edition, Frith worked alongside Doug Schober, who provided liner notes and history. It is an act of preservation — and a reminder that Vancouver's rock story is far larger than its most famous names. For longtime fans, it offers a chance to revisit a musical past, while for younger listeners, it opens a door to a city whose musical history is still waiting to be discovered. "I thought four volumes had pretty much covered everything," says Frith. "Over the years I found more recordings, acetates and records. Doug and I were talking about it, and we decided to do a Volume 5 together."

And much like the previous four releases, there's a very grateful market of local mu-



Photo courtesy Rob Frith

Now, more of that history is getting a chance to be heard with the release of *The History of Vancouver Rock Volume 5*, the latest chapter in a continuing series devoted to preserving the sounds and stories of our musical heritage. It marks the first new entry in the series in 35 years. The West Coast has always had a vibrant music scene, replete with pivotal artists and recordings, but much of that history exists outside the mainstream record industry.

Volume 3 came out in 1983, and Frith concedes it was hard to locate the artists at the time as there was no internet. "I would phone every person who was in the phone book until I found a relative or the person I was looking for so I could get permission and hopefully find a tape. If there was no tape, we would copy a record."

The newly released Volume 5 continues that tradition, bringing fresh attention to the people and music that helped shape

sic lovers that clamour for this stuff. "The reaction was amazing on the release of the other four; the band members really loved them, and so many of them didn't even have their original records anymore. We have lucked out and have found more material of old records and unreleased recordings. Plus, I have had boxes and boxes of original tapes given to me. We have been slowly going through those as well. Suffice it to say, there will be plenty more where the first five volumes came from."



Fashion for Men

BY DOUGLAS J. SCAMMELL

Date Night Style

A modern gentleman's date night wardrobe should communicate effort, confidence, sophistication and authenticity without looking like you're trying too hard. The best outfits balance timeless menswear with modern tailoring, appropriate fabrics and seasonal comfort. The biggest mistake many men make is either overdressing (looking like they're headed to a wedding) or underdressing (hoodie and sneakers) for a nice dinner date. The message should be: I care about my appearance, yet I'm comfortable in my own skin.

The 3 Golden Rules:

1. **Fit is King:** An inexpensive wrinkle-free shirt that fits perfectly will always look better than an expensive designer shirt that's too large. Look for slim but not tight, a jacket that follows your shoulders, pants that taper naturally, sleeves that end at the wrist bone, shoes clean and polished.
2. **Wear Rich Colours:** Stick to masculine, traditional colours. Excellent choices would be navy, charcoal, olive, camel, burgundy, chocolate brown, black, white, cream, forest green. Avoid loud neon colours or large graphic logos.
3. **Textures:** A good choice of textures like merino wool, cashmere, suede, linen, tweed, flannel, knit polos, corduroy ultimately creates depth without being flashy.

Seasons come into play and dictate the best selection. A suggested breakdown for all 4 seasons of the year in the Greater Vancouver area for a casual restaurant date, whether it's a first date or a married couple date.

Summer Date Night:

A summer date: keep it simple and comfortable; for example, a white linen button-down shirt with either short sleeves or rolled sleeves up. Why white? Because white reflects heat while linen gives an effortless Mediterranean elegance. For trousers Chino's either navy or beige colours. Why? Because they're lighter than jeans,

and I believe they instantly help elevate your appearance. Shoes go with brown or suede loafers, or white leather minimalist sneakers. Avoid running shoes, flip-flops, and hiking sandals. I like to match my accessories, like a brown leather belt to match your shoes, and if you have a watch option, choose the brown leather strap rather than a black strap or even a nice stainless steel watch. If you want to finish off your wardrobe with a jacket, go with a lightweight blazer; navy, light tan, or a light grey will work, and in a linen fabric as it will help with the heat while still maintaining the look you want. For the finishing touch, a fragrance that offers a fresh aroma is citrus, bergamot, vetiver or light woods. Avoid all overpowering scents in hot weather.



Fall Date Night:

For the fall date, it is honestly the best season for menswear. The textures and colours naturally create depth. Your fall colours to work with are camel, olive, rust, chocolate brown, navy, and charcoal. The top should be a dark turtleneck or Oxford shirt. For warmer fall weather, you could layer your shirt with a sport coat like a brown or grey herringbone tweed jacket; for cooler weather, go with a waxed jacket or bomber jacket, and during dinner, remove the jacket. For the pants, go with dark jeans or wool trousers; shoes should be a brown colour like a Chelsea boot, suede chukkas, or a brown leather wingtip dress shoe. Some great choices for fragrances for fall are very light fragrances that are woody and warm spicy. Avoid the overpowering colognes.

Winter Date Night:

Winter allows for elegant layering. Your top shirt or sweater is the same as fall; go with a turtleneck or white oxford shirt. If you choose to wear a white shirt, pair it with a cashmere crewneck or V-neck sweater, and pair it with a wool navy

blazer or sport coat. You will also need an overcoat jacket in winter, so go with an overcoat that is either camel, navy, or charcoal colour. A tailored overcoat instantly elevates almost any outfit. For pants, select wool trousers, dark chinos or dark denim. Shoes: leather Chelsea boots or an Oxford dress shoe work best. For accessories, add a cashmere scarf or leather gloves. Fragrances go with light woody & amber, spicy warm, and forest & resin will work well. In winter, I tend to stay away from the more citrus scents that I wear in the warmer weather months.

Spring Date Night:

For the spring date, go with a buttoned-down shirt, dark trousers, chinos or jeans in olive or brown earth colours, and pair with a blazer or sport coat in dark brown or olive. Where only leather dress shoes; avoid do not wear suede because of rain and scattered showers that will destroy anything suede. If the weather looks unpredictable, I suggest wearing a trench coat to help keep your outfit dry from walking in and out of the rain. Also, a trench coat signals a bit of confidence and maturity and will also help elevate casual outfits and has a romantic, cinematic quality which can subtly add character to your appearance. For fragrances in spring, go with fresh and slightly sensual fragrances something that feels lighter than the heavy winter scents. Get back to citrus, soft woods, and subtle sweetness.

Ultimately, what a man wears on a date is not about impressing someone with expensive clothes; it is about putting in the effort. While they say clothing does not define a person, the effort a man puts into his appearance can create a positive first impression and show that he cares about the experience and the person he is sharing it with.



Photo courtesy DJ Scammell

OUR CITY *tonight*

MORE HOME VIEWING

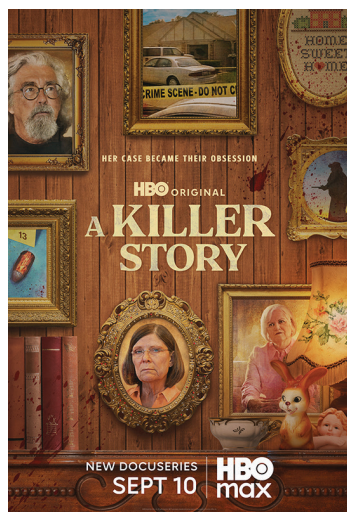
A BOOK FOR PASTA LOVERS



THE VIEW #1 – *Mobland: Season Two*

Season One of *MobLand* was one of the best TV shows of 2025. Season Two is equally good—and even more intense, if that's possible. This gripping crime drama—set in London—revolves around the Harrigan family, led by the unscrupulous Conrad and Maeve (Pierce Brosnan and Helen Mirren). These two should have been locked away—or committed—years ago, but have managed to survive largely because of their loyal, streetwise “fixer,” Harry Da Souza (Tom Hardy). In the new season, the Harrigans face increasingly dangerous rivals while struggling to present a united front within their own fractured criminal empire. Their son Kevin (Paddy Considine) begins taking more of the family business upon himself, further shifting the balance of power. Meanwhile, Harry—who spends most of his waking hours driving from one crisis to another in order to “fix” things—is confronting serious trouble within his own family. His daughter has left, as has his wife, played by Emmy winner Joanne Froggatt (*Downton Abbey*). With loyalties crumbling, violence escalating, and safety never guaranteed, Harry has more fires to put out than ever. Look for a great additional supporting cast including Toby Jones and Janet McTeer. *Mobland Season Two* is available now for home viewing on Paramount+ at www.paramountplus.com

Photo courtesy Paramount+



THE VIEW #2 – *A Killer Story*

From TV crime drama to real-life drama and a new three-part HBO documentary called *A Killer Story*. It centres on Dana Chandler, who was accused of killing her ex-husband and his girlfriend in 2002. The story begins with homemaker-turned-amateur investigator Eileen Umbehr and her husband, Keen. Unlike the authorities and everyone else involved in the case, they believe Chandler is innocent—and that the evidence against her is circumstantial at best and tainted by confirmation bias at worst. Knowing they need help, the couple inundate award-winning investigative journalist Joe Sexton of *The New York Times* and *ProPublica* with thousands of emails. He finally agrees to travel to Topeka, Kansas, and examine the double homicide. He will spend parts of the next six years covering three difficult trials and a legal maze involving family conflict, competing narratives, alleged prosecutorial misconduct and the troubling possibility that the complete truth may never be known. If you enjoy shows like *48 Hours* and *20/20*, this will be right up your viewing “alley.” Look for *A Killer Story* on HBO/Crave. www.crave.ca

Photo courtesy HBO/Crave



THE READ – *101 Things To Do With Pasta* by Donna Kelly

One of the things we like about Donna Kelly's latest cookbook can be found in the “Helpful Hints”: The recipes are designed to make cooking easy and accessible—and we can attest that after reading *101 Things to Do With Pasta*, where Kelly delivers the goods, taking away the intimidation for some (well, us) when charting a culinary journey in the kitchen! Kelly is a self-described food fanatic and recipe developer who has written more than 25 equally useful cookbooks for the average person, including *101 Things to Do With a Tortilla* and *101 Things to Do With an Air Fryer*. This small but effective, easy-to-follow book is divided into fun categories such as “Brunching and Lunching,” “Weeknight Pastabilities,” “Company’s Coming,” and “Around the World.” Recipes range from Spinach Artichoke Orzo and Creamy Shrimp Tagliatelle to Million-Dollar Spaghetti Pie—offering plenty of uncomplicated possibilities for pasta lovers. And trust us, if we can succeed in the kitchen, so can you! www.edelweiss.plus

Photo courtesy Edelweiss Plus

Grammy Winner Alya's Personal Heartbreak Journey

Our City Tonight sat down with Grammy Award-winning singer-songwriter Alya to talk about her deeply personal new single, "Believer," her musical journey, the influence of her Eastern European roots, giving back, and her upcoming album, "In the Moment."

OCT: You have a global following, with more than 50 million views, and you've worked with artists such as Eric Clapton. You've just released a new single, "Believer," which is deeply personal. Can you tell us how the song came about?

ALYA: I think it's a very interesting song because it was actually sitting on the shelf for almost six years. I finally felt that now is the right time to put it out into the world. It's a personal song, and I think it's a beautiful one. It doesn't really fit into an album very well, which is probably one of the reasons it stayed on the shelf for so long. But ultimately, it's a song about finding yourself in the eyes of someone who loves you deeply and genuinely. I think it's very rare to meet someone who truly lifts you up and sees the best in you. That's what the song is about. It's about finding that kind of love, but also finding a stronger version of yourself through another person's belief in you.

OCT: It's a wonderful song. There's a real sense of hope, kindness and healing, but there's also a very uplifting quality to it. One of the most interesting elements is the use of the accordion, an instrument you've been playing for a very long time. How did you integrate an accordion into a pop song so naturally?

ALYA: It's actually very funny because, as you get older, you tend to come back to the things you didn't like when you were younger. The accordion is one of those things. It was my first instrument when I entered music school as a child, and I hated it! Now I understand that it's something that distinguishes me from other people, and I've actually grown to love it. There's no other instrument out there that breathes the way we breathe. It's a very unusual instrument, because of the way it's constructed and played. I think it brings a really interesting character to the song. It also brings an Eastern European flavour, which connects directly to my roots. At the same time, it adds something very personal, maybe a little frivolous, a little ironic and definitely European. Somehow, it just flows with the song really well.

OCT: You've experienced many cultures and travelled to many countries through your music. How have those experiences influenced the storytelling aspect of your songwriting?

ALYA: I think it gives me a deeper perspective because I can compare different cultures and experiences and bring them together. Travelling and experiencing different people and places has allowed me to see things from different angles. I think it gives me the ability to tell simple stories in a richer language. Sometimes the most powerful stories are actually very simple, but your experiences can give those stories more depth and meaning. That's what I try to bring into my music.

OCT: You've been through heartbreak and come through the other side, and today you have a wonderful partner. When you look at your entire catalogue of music, what would you hope people take away from listening to your songs?

ALYA: Inspiration. I think that would be the biggest gift for me. If my music can inspire someone to be better, to do something they've been afraid to do, or simply to feel uplifted, that means a lot to me. You listen to a song for three or four minutes, and then you go out into the world feeling just a little bit better. If I can give someone that feeling, that's a great gift to me. That would make me very happy.

OCT: What do you find is the biggest challenge for you as an artist when it comes to evolving and continuing to remain relevant?

ALYA: The music industry is a very difficult business. It's not so much about change for me; it's about striving to stay true to myself. I don't think that's only a challenge for me. It's something every musical artist has to deal with. It's very difficult to stay true to yourself and continue doing the things that genuinely bring you joy. The music industry pushes you to be seen all the time. It wants you to play by the rules of the business. I guess my challenge is to play by my own rules—to strive to bring joy, to continue blossoming as an artist, and not simply create because someone else expects me to.

For me, it's about fulfilling the mission I believe that I came to this earth to accomplish. That is probably my biggest challenge, but also my greatest motivation.

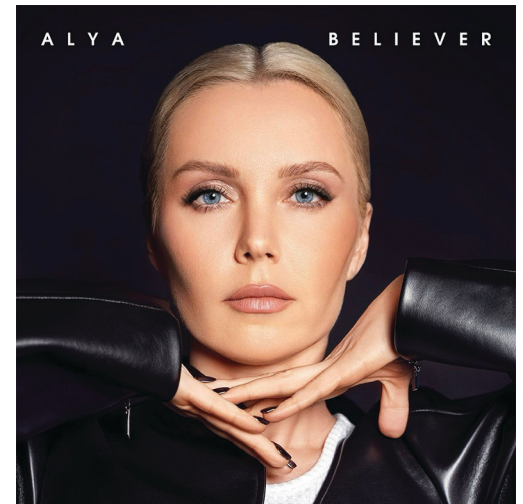


Photo courtesy Alya Michelson

OCT: You've also been doing a lot of giving back, and we understand you have a project focused on hope. Can you tell us a little bit about that?

ALYA: Giving back is very important to me. The artistry itself is a form of giving back. It's very personal to go and stand in front of strangers and share your emotions and your stories through music. But beyond that, I believe strongly in giving back to the community and volunteering. I have a project that I hope will uplift immigrant women and help them find their own strength and confidence.

Through my own personal story, I always hope to uplift people and tell them that, even through difficult challenges, it is possible to overcome them. You have to believe in yourself and stay true to your mission. I truly believe that when you give back and give your energy to other people, you open more doors for yourself. So it's a very important aspect of who I am, both as an artist and as an American.

OCT: Finally, you have a new album coming out called "In the Moment," which is due in March 2027. What can listeners look forward to?

ALYA: I think the album is a reflection of where I am right now—being present, embracing life and allowing myself to evolve. I'm very excited to share it with people. Every album is a new chapter, and this one feels particularly personal to me. I hope listeners will connect with it and find something of themselves in the music.

OCT: We're certainly looking forward to hearing it. In the meantime, "Believer" is out now and is a beautiful reminder that sometimes having someone believe in you can help you believe in yourself. You can find out more about Alya and her music at AlyaOfficial.com



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