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OUR COMMUNITY NEWS

VOL. 2 ISSUE 12

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Photo by Chung Chow

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Too young to run, but still campaigning

By LORRAINE GRAVES

Twitter @LGSentinel

Sometimes changing times work against you, even when you're a teenager.

The change in date of all British Columbia's municipal elections from mid-November to mid-October means Jaeden Dela Torre cannot run as planned. Candidates must be at least 18 on election day. His eighteenth birthday is Nov. 6.

So, instead of running for Richmond school trustee in the Oct. 20 civic election, he is running a strong public campaign to have a dedicated seat for a young person, a local recent graduate or student, on the Richmond school district's board of trustees.

He plans to spend his summer campaigning for this full time, while working part time in food service at Mayfair Lakes Golf Course.

Times have changed since the Baby Boomers surged through the demographics, a bolus moving through the pipeline of our culture.

Boomers too wanted youth represented.

With slogans like, "Never trust anyone over thirty," they worked to wrestle power from the establishment, those people often born in the 1930s and early 1940s who ran everything.

Now, the boomers are the establishment.

Dela Torre's campaign's they challenging them to cede a degree of pow-



Photo by Chung Chow

Jaeden Dela Torre spearheaded the May 11, 2018 student sleep-out in support of homes for the homeless. He now wants to run for school trustee.

er to today's younger generation.

He says the current school trustees, are many times the age of graduating students. "If we had a younger person's perspective onto that board, we'd get better engagement by the students."

"It's not that board is not doing the job. Students say there should be youth representation."

He explains, "if (students) were to see someone with a similar age helping out with policy, it would inspire them to more student involvement."

Dela Torre has done his homework. He surveyed other students.

"Most said the three key issues they wanted better addressed were: mental health, school environment and bullying.

Dela Torre says schools don't address the underlying causes of mental illness. So what should the board and schools be doing differently?

"Students want schools to take a more serious stance on it. To not have mental health seen as something that should be swept away or watch the same video made 20 plus years ago. Make it an issue with more incentives and workshops. Essentially they want the school board to take it seriously not be swept underground or just with a mental health awareness day. They want school board to get real with the issue, not brush it off."

The school environment issue addressed the growing ennui and disenchantment with the system as stu-

dents progress through high school.

Dela Torre says, "I see someone in Grade 8 full of passion, full of energy. They become less motivated, and don't care anymore. They skip school, take drugs to cope with whatever issue they have."

"The school board should press for a more positive environment. Essentially we are here to listen and support you. To do that you need to engage with them. Ask them their opinions. Make them feel you care. That's how it'll start off a better school environment. That will help with the cynicism everyone gets at the end of their high school career."

When it comes to bullying, Dela Torre says it is like mental health issues, that no one wants to talk about bullying "Because they're not going to get the support or the care."

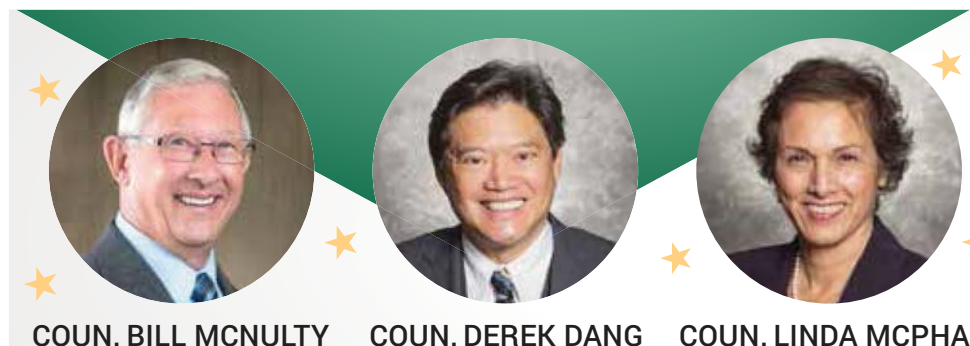
"There are people who are suffering who desperately need help but they can't go to someone."

There's a stigma if you get bullied. You look sensitive if you complain. And people would frame that as, 'Oh you're just complaining.'

He says being considered sensitive is a problem, particular for boys in high school. He says guys need to be seen as, "I'm not a weakling. I'm strong."

Asked if there were individual teachers who did address these issues, Dela Torre says, "My teachers at Steveston-London that helped out with the Rainbow Club and the SOGI

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Photo by Florence Gordon

Sentinel reporter, Lorraine Graves interviews

Christian Le Blanc and Marla Adams, stars of The Young and the Restless.

Young and Restless stars gather for a good cause

By **LORRAINE GRAVES**

[@LGsentinel](https://twitter.com/LGsentinel)

When asked why she was at the Four Seasons Hotel for the afternoon tea with the cast of The Young and the Restless, Brenda Smith said she's been a big fan for 20 years.

That and the fact that it was for charity, to raise funds for the Canucks for Kids Fund.

Smith, who works in Richmond, got to meet and greet seven of her favourite actors from the afternoon soap opera at the gala event on Sunday (July 15).

A multitude of selfies were shot with Kate Linder, one of the organizers of the event, and the actor who plays Esther in the show, as well as with the other personalities who mingled with those at the private reception that preceded the high tea's panel where the cast answered questions and kibitzed with emcees Christian Le Blanc, who plays Michael, and local journalist and television host Jim Gordon.

The fans ranged in age from elementary students to 99-year-old Isabel Jean Smith from Coquitlam, who brought her daughter with her.

The backgrounds of the attendees

were equally diverse. Examples included a Vancouver-educated woman just back from a stint in Bethlehem as a conflict resolution specialist with women in Palestine and Israel, a house cleaner, and a retired 90 year-old dentist.

The diversity continued with the cultural background with longtime fans from the Huuayaht First Nation near Bamfield making the journey from the island to retired computer programmers who drove up from Seattle for this event that marked 45 years to the day that The Young and the Restless began.

Le Blanc said he and the cast-mates were moved to attend the event for the past 20 years, "to see other people in a community come together to help other people with their problems."

All cast members donate their time for the event.

The Sunday July 15 event raised tens of thousands of dollars for the Canucks for Kids Fund.

Looking back over her long careers, Adams said, "I've been on Broadway and everything but this is the most important role I have ever attempted."

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Community In Motion raises \$25,000

By **DON FENNELL**
@DFSentinel

Like the inaugural event in 2017, the 2018 Community In Motion was a resounding success—both in terms of dollars and interest. Held earlier this month at Garry Point Park, the event organized by Richmond Cares, Richmond Gives raised \$25,000 for participating community organizations. Equally important, it enabled the groups to expand word about the services they provide.

“More community organizations joined this year’s event, which is great because it means we were able to provide more of the community with information about the programming available,” says Jocelyn Wong, general manager of Richmond Cares, Richmond Gives and

the author of Community In Motion.

Wong noted there were 18 booths at this year’s Community In Motion event, including organizations that provide services to children from newborns to six years old.

“There were also a lot of activities for kids,” noted Wong “including a musical performance by children’s entertainer Marnie Grey. Sirota’s Alchemy also gave a para taekwondo demonstration which was really great because it really showcases the different abilities.”

Wong says it’s important to remind Richmond residents of the many varied services available. Many times, she says, we forget until we need them.

“We’re rich in resources and the more people know about it, the better we are,” she says.

•dfennell@richmondsentinel.ca




Photos by Chung Chow

The second annual Community In Motion, hosted by Richmond Cares, Richmond Gives on July 7 in Steveston, raised \$25,000 for participating community organizations.


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Library adopts Storywalk theme

By DON FENNELL
 @DFSentinel

Richmond Public Library is taking an innovative approach to reading.

Adopting The StoryWalk® Project, created by Anne Ferguson of Montpelier, Vermont and developed in collaboration with the Kellogg Hubbard Library, the local project aims to share the joy of books with the public—by taking the art form outside.

"We thought (The StoryWalk® Project) was a fantastic idea so we decided to create Storywalk kits for our library and make them available for borrowing," says Melanie Au, co-ordinator of children and family services at the Richmond Public Library.

"We would love to see some permanent installations along trails (for example along the dyke and Richmond Nature Park), stands that display the pages of a book and allow the pages to be changed once in a while, so that people walking the trail can read different stories at different times."

The local project is a partnership with the Richmond Fitness and Wellness Association and City of Rich-



Photo by Chung Chow
 As part of its efforts to promote reading, the Richmond Public Library has introduced Storywalk to the community.

mond Community Services. Au says the goal is to promote language and physical literacy as well as outdoor play. Ten Storywalk kits have been created so far, using funds generously donated by the Friends of the Library and Decoda Literacy Solutions. Each kit includes laminated pages of a book and a facilitator guide with instructions for leading a Storywalk. Since this is a pilot collection with a limited number of items, Storywalk kits will only be available to commu-

nity centres, city park facilities and schools for borrowing. This lending policy will be re-evaluated in the fall after the library has a sense of the demand for this collection.

Storywalk programs were held earlier this year at the Richmond Move for Health Week Wee Walk on May 16 and Richmond Nature Park Sense of Wonder Walk on June 24, in addition to the Early Years Fair earlier this month. The library also has additional programs scheduled on Wednesday,

July 18 at the main Brighthouse library, Aug. 20 at the Steveston Library and July 26 and Aug. 16 (in partnership with Richmond Family Place) at the Hamilton Community Centre Play and Learn program.

"Storywalk programs so far have been received with enthusiasm and many community centre and school staff are excited about being able to use the kits in their classrooms," says Au.

•dfennell@richmondsentinel.ca

Honoured to Run Again for Richmond Mayor

As you may know, I have formally announced my intention to seek re-election on October 20 as Richmond's Mayor. I have been honoured to serve as your Mayor since 2001. With the help of thousands of people – community organizations and residents, businesses, City Council and staff as well as our highly-motivated volunteers – we have all made our city better, more livable, more secure and more successful than ever.

And we still face challenges – and opportunities – to be even better. I wish to continue helping our City grow responsibly, sustainably, affordably and in safety while maintaining a high quality of life for all. In the coming weeks and months, I will participate in the discussion about my vision for Richmond's future.

If you have any questions at any time, please feel free to email me at malcolm@malcolmbrodie.com. For more information about me, my commitments to you as well as my formal announcement, please visit my website at www.malcolmbrodie.com.



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Got a fish allergy? Food poisoning is more likely

By LORRAINE GRAVES

 @LGsentinel

Do you think you're allergic to fish? What you thought was a newly-developed sensitivity to fish or seafood might actually be something entirely different.

Scombroid poisoning, a disease due to the ingestion of contaminated food (mainly fish), is often mistaken for a severe allergic reaction.

Frequently, but not always, it hits after eating fish or seafood but Lorraine McIntyre, food safety specialist for the BC Centre for Disease Control, says "less than half of one per cent of the population is actually allergic to fish."

With Scombroid poisoning, McIntyre says, you become ill fast because it is actually a toxin that goes to work right away.

"As someone trained in First Aid, I thought I was having an allergic re-

action," said a local young man, who shared his story but asked to remain anonymous. "I'm an avid sushi lover. I first noticed my throat feeling sticky about five minutes into the meal."

The good news is, a scombroid reaction is not the start of a lifelong allergy.

The bad news is you've been poisoned by food improperly stored sometime after harvesting. What's important to note: the poison isn't destroyed by cooking, freezing or canning.

It can hit before you put your fork down and the symptoms come on like a tonne of bricks.

"If it is toxin-associated, it can occur very quickly," says McIntyre.

What we normally call food poisoning is often bacteria or a virus we eat, which takes time to grow in our digestive tracts to levels that make us sick. That hits many hours later.

McIntyre offers the example of a Ca-

nadian airport shop that used canned fish to make tuna salad sandwiches. The shop did nothing wrong.

"The canned tuna had been temperature-abused somewhere in the food chain." So the poison remained even in the cooked, canned tuna.

According to McIntyre, bacteria grow on food that has been kept too warm, too long above 4.4 degree C (40 F). Some bacteria turn a natural, healthy chemical in food into histamine, the way that yeast turns sugars into alcohol as it grows. Dangerous food may not look or smell off.

Just as too much alcohol can poison a person, too much histamine can act as a toxin. It causes what looks like a vehement allergic reaction. Like alcohol, different people have different sensitivities and reactions. That's one reason people eating the same food may not react the same.

A report in the New England Journal

of Medicine cited a group eating at a restaurant where only some of the diners became ill with scombroid. When the original fish was tested, some areas of the same fish were definitely off while other parts were fine.

"10 to 18 per cent of the people will become ill," says McIntyre.

As well, some medications or conditions can make people more sensitive to scombroid poisoning.

There is a long list of scombroid symptoms possible. According to McIntyre, "They can mimic some of the allergic symptoms—hives and rash and flushing and facial swelling."

The young man's face and upper torso turned bright red.

"You can have a kind of weird peppery or metallic taste, numbness, headache, feel dizzy, or have a pulse that's rapid," explains McIntyre. "You

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Photo by Chung Chow

Fish, kept cold and eaten promptly, is safe to eat.

FISH

From Page 8

might have difficulty swallowing or thirst, facial flushing, sweating, nausea or respiratory distress."

The person affected says, "My heart was racing and my throat felt like it was starting to tighten."

McIntyre cautions that asthmatics can have trouble breathing. There are also gastric symptoms possible, queasiness or diarrhea.

Often, the diagnosis for scombroid is missed because some medical professionals believe people with scombroid have to have all the symptoms on the list while others believe it is very rare. Neither are true.

But says McIntyre, "You don't have to have all the symptoms. Some will get some symptoms, some others not."

One American source says scombroid is the second leading cause of nausea and diarrhea after noro virus.

Most people get all better within a couple of days. The treatment for scombroid is often antihistamines, the drugs used to calm an allergic reaction.

McIntyre advises, "If you are having trouble breathing, or your pulse is very

rapid, it would be worth going to emergency for supportive therapy."

If you don't go to emergency or call 911, McIntyre says you have a couple of 24/7 options in the BC nurse line at 811 or the BC Drug and Poison Information Centre at 1 (800) 567-8911.

The next step according to McIntyre is to be sure to report your reaction to the Vancouver Coastal Health inspectors:

"It's still worth reporting, even if it's after the fact," she says.

Richmond Public Health can be reached through (604) 233-3147.

McIntyre, currently chairing a national working group on fermentation, says scombroid occurs in many different kinds of food such as cheese, fermented sauces, wine. Products stored, cooked or fermented at home can also offer scombroid poisoning if not done properly.

She also notes a previous outbreak in B.C. where cashews had been fermented into vegan cheese.

The young sushi lover says he's eaten fish since his scombroid, but "I have not returned to the same restaurant."

For more information see: richmondsentinel.ca

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Witnesses sought in fatal crash involving elderly woman

By MARTIN VAN DEN HEMEL

[@MartinvandenH](#)

A local woman in her 80s died of her injuries Saturday, July 14 one day after she was struck while crossing the street in a marked crosswalk at Minoru Boulevard and Murdoch Av-

enue (directly across the street from Richmond Centre) early Friday evening.

The victim was struck around 7 p.m. by a 2008 Acura sedan driven by a Richmond woman in her 60s. The driver remained at the scene and was co-operative with police.

Initially, the victim was conscious and appeared to suffer from only minor injuries, but was taken to hospital.

Richmond RCMP Cpl. Dennis Hwang said neither alcohol or speed were factors in the crash.

The RCMP's road safety unit is now investigating.

Witnesses to the crash are being asked to come forward, including anyone who may have dashcam footage of the crash.

Anyone with information about the crash is asked to call 604-278-1212 and speak to RCMP Const. E. Chow.

martinv@richmondsentinel.ca



France wins World Cup



Photos by Chung Chow

World Cup fans came out in force to Davood's Bistro in Steveston on Sunday and watched France beat Croatia 4-2, as they did throughout the tournament, including a game between England and Croatia.



JAS JOHAL

MLA RICHMOND - QUEENSBOROUGH

Dear constituents,

As we head into a summer filled with community festivals, family vacations and barbeques, I wanted to update you on a very busy spring legislative session.

The NDP promised to make life more affordable for British Columbians, but instead accomplished the opposite with their first budget. Since taking office, the NDP plans to increase taxes by \$8 billion dollars. Meaning the average B.C. family will pay an extra \$1,000 per year.

Prior to the election the NDP promised to eliminate MSP premiums. What we got instead was the Employer Health Tax which blindsided the business community, municipal governments, school boards and non-profit groups. The cumulative effect will mean less investment in B.C., reduced services and a potential property tax increase. The same goes for the NDP's speculation tax. We recently learned two thirds of homeowners subject to the tax are actually British Columbians.

Many constituents have asked me about the Massey Bridge, as the project was shovel-ready prior to the last election. At a cost of \$2.6 billion, a full \$900 million dollars less than originally estimated, construction could have begun last fall. Even though there was five years of prep work and 14,000 pages of study the NDP canceled the project, turning its back on 80,000 commuters stuck in B.C.'s worst traffic bottleneck.

Over the summer, you will also hear about the referendum on Proportional Representation. The referendum will dramatically change how you elect your MLA. Our present parliamentary system works well because it's easy to understand, provides stable governments, robust economic growth, and gives voters strong local representation. Long-time Vancouver Sun political commentator Vaughn Palmer described the government's actions as, "...all part of an NDP-led deck-stacking exercise that began last fall and continues to this day."

Locally, I want to thank all Richmond residents who worked so hard to secure funding for the business planning phase of the Acute Care Tower at Richmond Hospital. With leadership from the Richmond Hospital Foundation, this is a huge achievement prior to the project receiving final approval.

I hope you're able to spend some quality time with family and friends this summer. I look forward to meeting many of you at one of the many great community events Richmond has to offer.

Yours in service,



Jas Johal, MLA Richmond-Queensborough
Opposition Critic for Jobs, Trades, and Technology





Kaitriana, 2, is ready to ride with the big kids.



Popcorn girls - Hanna, 3, Kayley, 8, and Cayleigh, 8.

Salmon Festival shines

Photos by Chung Chow



Dancing to Charlotte Diamond.

Two McRoberts grads die in Shannon Falls tragedy

By MARTIN VAN DEN HEMEL

@MartinvandenH

Two McRoberts graduates—Alexey Lyakh and Ryker Gamble—were among the three victims of a fatal accident at Shannon Falls, south of Squamish, on July 3.

The pair, along with West Van's Megan Scaper, were swimming in one of the pools at the top of Shannon Falls, when they fell into a different pool 30 metres below, according to Squamish RCMP. Their bodies were later recovered.

Lyakh was featured in *The Richmond Review's* 30-under-30 edition in 2015 for the wild and exotic adventures that he, Gamble and Parker Heuser shared on social media platforms, including YouTube, Facebook and Instagram and which brought them fame. Together, they amassed more than 500,000 subscribers on their High on

Life YouTube channel and nearly five million views of their video "3 Years of Travel in 3 Minutes" which was posted three years ago.

In a 2015 interview, Lyakh said he, Gamble and Heuser made a video for every possible assignment while they were classmates at McRoberts.

The trio caught the travel bug in 2012, when they originally planned to buy one-way tickets to Australia after working for a year and saving \$10,000 each.

But instead of an adventure that would have been much like they'd experienced in Canada, they attended a friend's wedding in India, where they were met with culture shock from what they encountered: a rich culture, overpopulation, oppressive heat and poverty.

After that trip, the trio began to focus on making videos about their off-the-beaten-path travels.



Photo from GoFundMe page Ryker Gamble, left, and Alexey Lyakh, right—both Hugh McRoberts grads—along with West Vancouver's Megan Scaper, centre, died in an accident at Shannon Falls on July 3.

They started a clothing line, High on Life, which was more about inspiring a lifestyle than simply clothing.

Asked at the time about what he was most proud of, Lyakh said: "Having made it through the grey area of uncertainty as to what I'm doing in life and come out the other side with a sense of freedom and drive. A lot of people get molded by their environment, school, parents, etc. into embodying the ideas of others and it can be hard to break away from the sys-

tem and create your own path."

A GoFundMe page has been set up in honour of the trio at tinyurl.com/LyakhFund, with a goal of raising \$50,000, which will help cover the cost of the Celebration of Life for the trio, as well as set up a legacy fund "to support causes that align with the values and aspirations of Ryker, Alexey and Megan—empowering others to pursue their passions and dreams, and to live life to the fullest"

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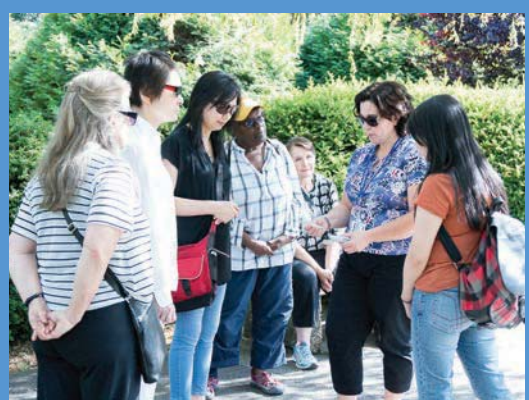
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(604) 274-2012

Brodie seeks re-election as mayor



By **DON FENNELL**
 @DFSentinel

Calling it an "honour and a privilege" to serve as Richmond's mayor since 2001, Malcolm Brodie announced late last month he is seeking re-election.

"Over the years, we—the people of Richmond, our city council and staff—have made our city better, more livable, more secure and more successful," he said. "But it is certain that there remains a lot more to do. With the constant pressures of growth, we continue to face some key challenges."

One of those challenges is change, experienced by most big cities, he said.

"I am running for mayor because of the many opportunities and challenges that lie ahead. There is so much more work to be done. And future generations will benefit from our contributions."

Brodie said there is "no question" property taxes must be kept low, and the city's money spent wisely. But, he added, new facilities are also needed such as the new City Centre North and Steveston Community Centre.

"We (also) want to help our first responders ensure the safety of our residents and businesses as the city grows," he said. "(And) housing for our citizens needs to be affordable and available to residents of all ages. To better protect our environment, demanding standards need to be maintained. We will continue to combat the growing congestion on our streets. We need more transportation choices including better public transit and cycling lanes."

"I take nothing for granted," Brodie said. "If I am re-elected, I will continue to work with the community and our residents to make Richmond even better."

dfennell@richmondsentinel.ca

Photo by Don Fennell

Malcolm Brodie, the city's mayor since 2001, hopes to be re-elected on Oct. 20.

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gulfofgeorgiacannery.org/events

Canada



Photo by Don Mackinnon, CP Images
Floyd Bristol, VP Automotive at UPS Canada, shows Richmond Centre MLA Teresa Wat a new natural gas delivery vehicle.

Natural gas refuelling station opens on Sea Island

By LORRAINE GRAVES
@LGsentinel

When it comes to natural gas delivery vehicles, UPS can now fill 'er up on Sea Island.

FortisBC and UPS Canada last month opened a compressed natural gas refueling station at the UPS hub on Sea Island.

The first in Canada, the station can refuel the fleet's seven large highway trucks and 40 delivery trucks in addition to the already-existing smaller vehicles that already use this cleaner fuel.

When discussing why UPS chose Vancouver for their first compressed natural gas refueling station outside the U.S. and Britain, Roger Dall'Antonia, president and CEO of FortisBC says incentive funding by FortisBC was the key, because it assisted with the purchase of vehicles, as well as the construction of necessary infrastructure.

"UPS Canada now joins numerous fleet owners and operators across North America making the switch to natural gas so they can save on fuel costs and shrink their environmental footprint," he says.

Floyd Bristol, vice-president of automotive at UPS Canada, says compressed natural gas emits as much

as 11 per cent lower levels of greenhouse gases.

"We're always looking for ways to improve our impact on the communities within which we operate. These new vehicles are another step in the right direction," Bristol says.

Doug Stout, Fortis vice president market development and external relations, says "reducing greenhouse gases by using natural gas vehicles started in British Columbia. 37 per cent of all (greenhouse) emissions in BC are from vehicles."

Stout says that natural gas reduces particulate emissions which can damage health.

Pointing to another advantage of replacing noisy diesel engines, Stout says that when UPS drops off a parcel at your home "you may not even hear them coming" thanks to the quieter engines. The quiet also reduces driver fatigue leading to even greater safety in communities, he says.

"It's great to see UPS Canada and FortisBC as leaders in reducing greenhouse gas emissions," says Michelle Mungall, BC Minister of Energy, Mines and Petroleum Resources. "Putting new compressed natural gas vehicles on British Columbia's roads can help us reach our climate commitments."

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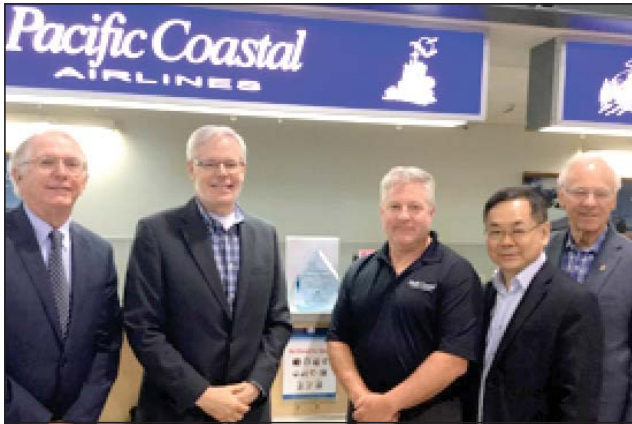
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OUR COMMUNITY NEWS

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Duzita.



Richmond Coalition doles out award to airline

By DON FENNELL
@DFSentinel

Pacific Coastal Airlines is the first recipient of the Richmond Community Coalition's corporate community award.

Company president Quentin Smith was presented recently with a commemorative plaque by coalition president Rob Howard. It recognizes Pacific Coastal Airlines for its community service to Richmond and British Columbia.

The coalition values social engagement and participation,

says Howard.

"Quentin and his entire team continue to make giving back to the community part of their mandate," he says. "Through two generations, Pacific Coastal has been a strong supporter of supporting a wide range of projects."

The projects they've supported includes: Native Education College of Vancouver, Boys and Girls Club of Williams Lake, YVR for Kids, Canuck Place, Richmond Christmas Fund Army, BC Liberal Party, Richmond Community Coalition Association.

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CAMPAIGNING

From Page 3

(Sexual Orientation and Gender Identity) policy impacted me. It reminded me of the community strength there is in our school. We just have to push out for it more."

Dela Toree first came to the media's attention when he spear-headed the May 11, 2018 student sleep-out in front of city hall in support of modular housing for homeless people.

"The sleep-out was my first foray into community activism. It really was an eye-opener for me. All those homeless people we met throughout the night"

He spoke of all the stories he heard of how people without homes try to get by.

Of organizing the sleep-out he says, "I was enthusiastic about it I honestly did not expect a lot of people. I was really surprised but also really grateful seeing all those students who showed up. We showed people without homes that the city does care for them."

After his first taste of activism, he hopes to continue to influence Richmond politics and schools for the better, with the voice of youth in these changing times.

He has seen what young people and adults who work together can do. The modular housing was a key example for Dela Torre: "I was enthusiastic when it passed because it showed me the strength of what a community can do when they come together."

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Meloche taking reins at historical society

By **DON FENNELL**
 @DFSentinel

A person with a great passion for history, especially Steveston's, is set to become the executive director of that community's historical society.

Rachel Meloche will succeed Sarah Glen on Aug. 1. Glen was appointed as the society's first executive director in 2015.

"I'm very excited to be joining the SHS," Meloche says. "Steveston has such a unique and important history, and I can't wait to work with the board of directors and the rest of the SHS team, as well as other local organizations, as we preserve and present its story. We have some great programming coming up and I'm thrilled to be carrying on Sarah's excellent work."

Meloche will draw upon her experience at local heritage sites: Gulf of Georgia Cannery National Historic Site, Britannia Shipyards National



Photo courtesy Steveston Historical Society

Joined by current executive director Sarah Glen and chair Linda Barnes, Rachel Meloche (right) has been named the new executive director of the Steveston Historical Society.

Historic Site and the Steveston Museum. Meloche has big shoes to fill, as

Glen "exceeded our expectations," says Linda Barnes, who chairs the historical society board.

"Under her stewardship, programs such as the successful Walking Tour Vignettes and Songs in the Snow, have cemented partnerships with many groups. Her enthusiasm, professionalism and imagination have been tremendous assets. She will be missed, but we look forward to keeping her on as a volunteer."

Coinciding with the transition, the historical society is also seeking new general members and possible board recruits.

Started in 1976, the Steveston Historical Society preserves and promotes the history of Steveston. The board is made up completely of volunteers who work on events, programs and community engagement.

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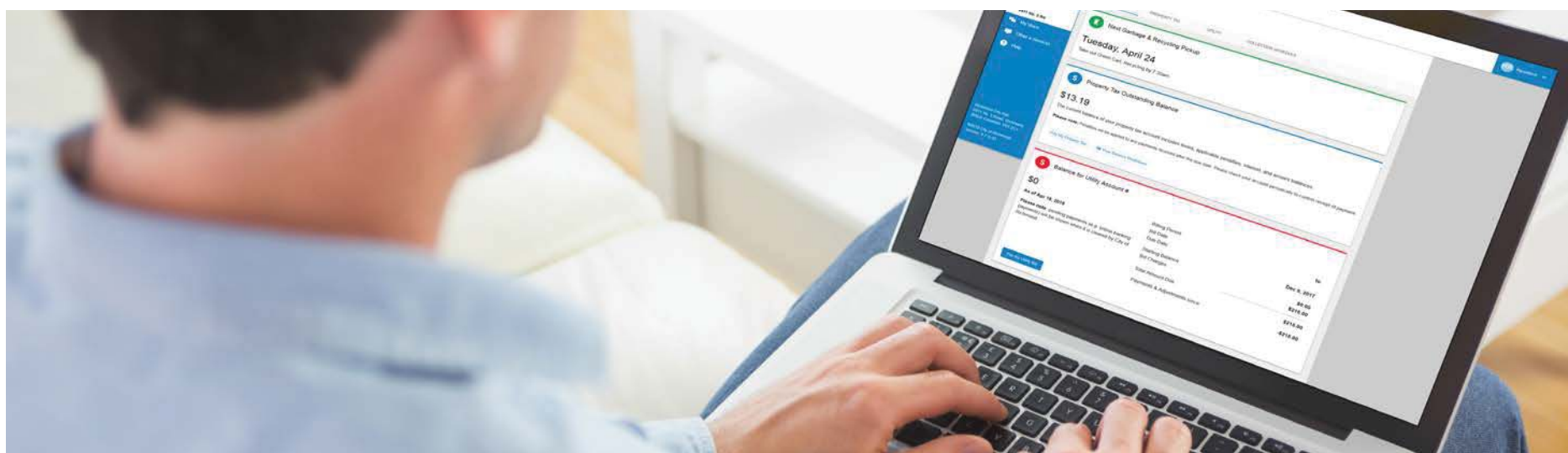
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Photo by Chung Chow

Sharing Farm summer intern, Megan Stewart, offers the first Harvest Basket of 2018.

Baskets and garlic abound at the Richmond Sharing Farm

By LORRAINE GRAVES

@LGsentinel

With a jump on the season, the Richmond Sharing Farm weekly Harvest Baskets got off to an early start.

More than four dozen families signed up in the spring for a whole summer of weekly produce. Local firms sponsor additional boxes for low-income families.

Everyone was notified by email that the warm spring means the start date was June 21, a week earlier than expected.

"The conditions have been favourable and the veggies are booming meaning we're ready to start harvesting a little earlier than expected," said the notice from the farm.

The bounty included a large head of lettuce, larger than a basketball, cilantro, pak choi, small white turnips with edible greens, radishes, Italian red dandelion, garlic scapes, green onions, tender baby zucchini, a flavourful garden cucumber and a bundle of fresh herbs. All so fresh that they taste like

the ones stolen as a child from parents' gardens and eaten on the spot.

And the "Harvest Baskets" title is a bit of a misnomer. The instructions to bring your own bag is also a little misleading. It actually takes two to three bags to carry the bounty of the fields and greenhouses home.

Kins Farm Market kindly provided a first large bag to all subscribers.

For anyone new signing up, they would be well-advised to carry a small collection of cloth bags in their car for the Thursday evening pick-up.

Subscriptions for the weekly veggie kits help fund the farm's garden, which grows produce for school programs and the Richmond Food Bank.

All harvest baskets are sold for this year but keep an eye out in the spring for next summer's Harvest Basket sign-up.

If you would like to help the happy bunch at the Sharing Farm, they are still looking for people to prepare for their annual Garlic Fest, this year on Aug. 19.

See Page 22

Moana inaugurates Richmond's newest park

By LORRAINE GRAVES

[@LGsentinel](#)

Aberdeen Park, our city's newest park officially opens at 7 p.m. Thursday, July 19 with a free showing of the movie *Moana* at 8 p.m. in the open air.

To add to the festive air, there will also be children's entertainment and local food trucks.

"This public celebration highlights this new park located in the emerging Capstan Village area in the heart of Richmond City Centre and the city's continued commitment to providing green space in urban areas," said Mayor Malcolm Brodie.

According to City of Richmond spokesperson, Ted Townsend, "Key features of the newly developed Aberdeen Park, located at 8331 Cambie Rd, include an off leash dog park, two water features, a new plaza, site fur-

nishings and lighting, upgraded utilities, public art, a hill 20 feet high, concrete pathways, new trees, shrubs and groundcover.

Phase 2 of the project will include a children's playground and a cultural exchange garden."

Located one block from the Aberdeen Centre Canada Line station, the new 4.1 acre park has limited parking so the city suggests park-goers plan their trip accordingly. They also suggest people remember to bring blankets to keep warm. As the sun sets, the breezes from the water can be quite cool.

Townsend says, "This park will function both as a neighbourhood green space that provides contrast and relief from the busy urban realm, and as a vital and attractive square for public gatherings and community activities."

•LGraves@richmondsentinel.ca



Photo courtesy City of Richmond

Richmond's newest green space, Aberdeen Park, officially opens with ceremonies at 7 p.m. and an open air movie at 8 p.m. Thursday, July 19.

PANDA-MATION!

A delightful family of giant origami pandas from 3ft to 10ft tall and 500 fuzzy plush panda bears have taken up residence in the Central Atrium!

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Summer nights swing at the Cannery



Photo courtesy Gulf of Georgia Cannery Society

There is little better on a summer Friday evening than sitting outdoors listening to lilting music of a group like the Irish Wakers, as the sun dips over the cannery museum.

By LORRAINE GRAVES

@LGsentinel

At the end of each summer week, wanderers, strolling people or those who just make a point of heading into Steveston after supper, will all have a chance to feast on a variety of toe-tapping music.

The Gulf of Georgia Cannery National Historic Site once again starts their affordable Friday night concert series, Music at the Cannery.

For the second Friday night of Music at the Cannery on July 20, Vancouver's Halifax Wharf Rats bring Irish and Scots folk tune with an East Coast twang that turns the concert into a kitchen party.

July 27, Rock Line returns to the cannery. Gerry and Trevor Layton mix Brit rock with their own releases.

Aug. 3, the long weekend kicks off with vintage music from the Beauty Shop Dolls channeling the spirit of The Andrews Sisters and the Chordettes. The vocal trio help listeners roar through the '20s, swing in the '40s, twist with the '50s and rock on for the '60s.

Aug. 10 sees the Irish Wakers return by popular demand. Their fusion of Irish and Maritime music got people up dancing in the aisles last year. It was a night when everyone felt like a seafarer as they tapped their toes to the fiddle, the Irish flute, the mandolin, guitar and bodhran.

At the Aug. 17 concert, the Steve Kozak Band offers westcoast style soul and roots music. According to the Cannery's Mimi Horita, "Maple Blues Award winning artist Steve Kozak is on guitar and vocals accompanied by Dave Roger Brant on bass, and John Nolan on drums."

Aug. 24 brings Indie Folk/Roots trio bring you classic Canadiana with Willy Blizzard's warm sounds of double bass, acoustic and electric guitar, banjo.

For the last concert of the summer, Aug. 31, Hirota calls the group, "A crowd-pleaser. Harpdog is an award-winning harmonica player and one of Canada's premiere blues singers; accompanied by piano and drum."

Inclement weather doesn't stop the fun. All concerts are planned for the outdoor Tank Deck but, if the weather doesn't follow the plan, musicians and audience will find themselves indoors, inside the cozy wooden environment of the cannery.

Tickets \$7 at the door on the night of the concert. Come early to get a seat. If you don't get into the Tank Deck, you can loiter in the park outside and still hear the music. The museum can be found at 12138 Fourth Avenue at Moncton, (Steveston Village) Call 604-664-9009 for details or check the website. www.gulfofgeorgiacannery.org

•LGraves@richmondsentinel.ca

SHARING FARM

From Page 20

As a farm summer intern, Megan Stewart says "Come volunteer in a fun, fast-paced environment at the Richmond Sharing Farm Garlic Festival in beautiful Terra Nova park. See richmondgarlicfest.com for more info."

It is a chance to meet new neighbours, either before the festival or

during, while helping out the hungry people of Richmond.

To become a regular weekly volunteer, go to info@sharingfarm.ca or call 604-227-6210.

At the very least, put the date on your calendar for a festival in Richmond's closest faraway place, The Richmond Sharing Farm near the western end of Westminster Highway at 2771 Westminster Hwy.

•LGraves@richmondsentinel.ca



City of
Richmond

City Board

Asphalt Paving Advisory

July 1 to July 31, 2018

The City of Richmond has contracted BA Blacktop to grind and pave the following locations in Richmond from July 1 to July 31, 2018:

City block paving locations

- 6000 block No. 2 Road
- 14000 block Cambie Road
- 6000 block No. 5 Road
- 9000 block Westminster Highway
- 10000 block Westminster Highway
- 11000 block Westminster Highway
- Railway and Blundell intersection

Work hours will be 7:00 a.m. to 8:00 p.m. on weekdays and weekends. Night time work hours will be from 7:00 p.m. to 5:00 a.m. (typically).

Traffic will be reduced to single-lane and there may be temporary lane closures. Delays may occur. The use of an alternate route is strongly encouraged.

This work is weather dependent and dates are subject to change without notice.

Questions may be directed to Wasim Memon, Contract Administrator, at 604-276-4189, or visit the City's paving program webpage at www.richmond.ca (City Services > Roads, Dykes, Water & Sewers > Construction Projects > 2018 Paving Program).

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Richmond updating recreation fee subsidy program

By DON FENNELL
@DFSentinel

An expanded recreation fee subsidy program, to take effect this fall, will help more Richmond residents access programs and services.

Those experiencing financial hardship are invited to apply for financial support to participate in a variety of registered and drop-in programs and services offered at local community centres, arenas, Richmond Nature Park and heritage facilities.

"We are confident that the updated recreation fee subsidy program will help to remove financial barriers and provide more opportunities for Richmond residents of all ages to access Richmond's excellent system of programs, services and public spaces," says Mayor Malcolm Brodie. "It is important that all residents are able to participate fully in community life and participate in activities that help support their mental, emotional and social well-being regardless of their financial situation."

Through the updated program, participants will be eligible for:

- Free admission for all ages to drop-in programs and services (including swimming, skating, pitch and putt and at one community centre of their choice)
- 90 per cent discount for registered program, to a maximum of \$300 per year in subsidy for pre-schoolers, children and youth and a maximum of \$100 per year in subsidy for adults and seniors



Photo by Chung Chow

Richmond City Hall.

A new application form is available at any community recreation and cultural facility as well as city hall, or may be downloaded at www.richmond.ca/subsidy. Free admissions to swimming, skating, pitch and putt and at one community centre of the applicant's choice will be available as of Sept. 4, 2018.

Since its inception in 2000, the recreation fee subsidy program, which is supported by the city and community associations and societies, has

provided subsidized access to parks, recreation and cultural services to children and youth from low income families living in Richmond. The program complements other low-cost or no-cost programs and services such as the Grade 5 Active! Pass; summer park playground opportunities; Parent & Tot, Family, and Youth Drop-in Gyms; Art Truck programs; NightShift activities; and Library services.

•dfennell@richmondsentinel.ca



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Q: Mithing a tooth?

A: The loss of a tooth most obviously affects speech and chewing function weather visible or not. The neighbouring teeth may also drift or tip into the empty space making them more vulnerable to decay and gum disease. Chewing forces also redistributed on remaining teeth increasing their wear. There are plenty of options to replace one or many missing teeth and restore form and function. Life is too short for soft food!



Photo by Don Fennell
Paul Eberhardt, Trish Nicholson, Mike Charlton and Rob Brown were honoured at the recent Richmond Secondary Schools Athletics Association Coaches Banquet.

Dedicated coaches recognized at annual awards banquet

By DON FENNELL
@DFSentinel

For more than three decades, Trish Nicholson has helped students realize their potential both in academics and athletics. The ongoing efforts of the longtime and much-respected Hugh McRoberts Secondary School teacher and coach were further recognized recently when she was bestowed with the prestigious Bill Goodman Memorial Award by the Richmond Secondary Schools Athletics Association.

An athlete herself, who has excelled in many sports, Nicholson is perhaps best known for inspiring and guiding many athletes and teams to great heights in basketball and volleyball.

Time was also taken during the

recent coaches banquet to acknowledge the efforts of Paul Eberhardt and Rob Brown, whose contributions extend well beyond the success their teams enjoyed on the field of play.

Mike Charlton, too, was lauded for his efforts throughout a long and comprehensive career that spanned several decades and included coaching success in a wide range of different sports.

Many coaching colleagues were presented with certificates in appreciation of milestone years of service in the school district, while Richmond teams that qualified for provincial BC School Sports and non-sanctioned championships were saluted—led by the McMath Wildcats, collectively presented the Bob Jackson Participation Award.

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Nations Cup revisits World Cup mania

By **DON FENNELL**
 @DFSentinel

Every four years, the World Cup captures the attention of football (or soccer) fans around the globe.

While the 2018 tournament that played out in Russia was an exclusively European event from the semifinals forward, North American footballers were just as tuned in and passionate to cheer on their favourite side as ever.

But after every World Cup, the same question is asked: how to transfer that interest here at home.

"I believe the World Cup certainly has the potential to increase the excitement and atmosphere at the 2018 Nations Cup," says Jeff Wilson, chief organizer of the annual Richmond summer soccer festival, kicking off for the 39th consecutive year July 20 to 22. "It seems to remind people of the energy and passion that international provides. It's that same passion and international flare that the Nations Cup brings."

From its inception, the Nations Cup has always been unique. Grouping players based on their ethnic

backgrounds or countries of origin creates an exciting atmosphere that promotes ethnic pride.

Each year, more than 1,000 players and 5,000 spectators converge on parks throughout Richmond to watch the action. Various age groups take to the pitch to compete for bragging rights, from the Open Age men's and women's divisions, to the men's Over 30, Over 38, Over 45 and Over 52 divisions.

The same 16 teams that made up the men's Open Division in 2017 will again be in the spotlight this year. But while Italy topped India in last year's final, there's no guarantee of a repeat performance.

"Until the first round of matches kick off on the evening of July 20, it's difficult to know which teams might be vying for the championship," says Wilson. "That said, there is a very interesting group to watch in the round-robin stages as several formidable competitors—Germany, Italy, Ireland and Fiji—all find themselves in Group A."

Only the top team in that group will advance to the semifinals, with the others bowing out at the group stage.



Photo by Chung Chow

Italy outscored India in the 2017 Nations Cup Open Division men's final.

The top seeds from each of the other groups are, of course, also anticipated to be strong, says Wilson. Those top seeds include Iran, Croatia and Canada.

In the Women's Open division, look for perennial favourites such as Canada, Ireland, India and England to

be among the top competitors, with newcomer USA, who come up from Seattle, possibly adding to the mix of contenders.

For team groupings and schedule of the 2018 Nations Cup tournament, visit thenationscup.com.

•dfennell@richmondsentinel.ca



Photo Don Fennell

Italy celebrated the 2017 Men's Open Division championship.



Photo Don Fennell

Ireland celebrated the 2017 Women's Open Division championship.

News and Information from the City of Richmond

Richmond Maritime Festival celebrates 15th anniversary

Explore our West Coast heritage with music, food, hands-on fun and more

Spontaneous encounters with colourful creatures from the deep, interactive explorations of BC’s West Coast heritage and lots of great live music are just part of the free family fun at the 15th annual Richmond Maritime Festival on Saturday, July 28 and Sunday, July 29.

The Richmond Maritime Festival has been recognized nationally for the unique and fun way in which it celebrates BC’s maritime heritage and the many cultures that built our province. The colourful characters that roam the site, the festive décor, a beautiful waterfront location and its rich history make an unbeatable combination that puts smiles on the face of everyone who attends.

The festival takes place across the picturesque, eight-acre Britannia Shipyards National Historic Site on the Steveston waterfront. Festival goers of all ages will be entertained by a wide variety of maritime themed activities. From the opportunity to view historic and unique ships like the 115-year-old *Providence* and beloved steam tug *SS Master* to entertainment by groups including The Boom Booms, Laughing Loggers and the Beauty Shop Dolls, the festival has activities for every



Close encounters with creatures from the sea and great live music, including The Boom Booms, are just part of the fun at the Richmond Maritime Festival.



member of the family. Watch for pop up entertainment throughout the site for encounters with mermaids, pirates and more. Festival goers can also sample from a fleet of food trucks that will satisfy any appetite with treats ranging from bannock to poutine. This year’s festival also includes a celebration of wooden boats with everything from wooden boat building demonstrations and displays to free public boarding on a number of historic vessels, moored along the site’s 600-foot dock.

Festival goers can also tour the site’s numerous historic buildings including BC’s oldest shipyard and check out interactive exhibits or enjoy hands-on arts and craft activities. Festival hours are 10 a.m. to 6 p.m. on Saturday, July 28 and Sunday, July 29. Admission is free. For more details visit www.richmondmaritimefestival.ca. The Richmond Maritime Festival is produced by the City of Richmond and presented by your local RE/MAX agents.

City of Richmond Council Meetings Calendar

Planning Committee
4:00 p.m. Tuesday, July 17
Anderson Room,
Richmond City Hall

Public Works & Transportation Committee
4:00 p.m. Wednesday, July 18
Anderson Room,
Richmond City Hall

Parks, Recreation & Cultural Services Committee
4:00 p.m. Thursday, July 19
Anderson Room,
Richmond City Hall

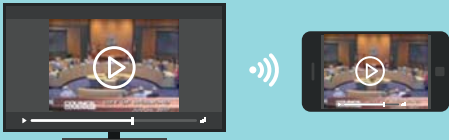
Council Meeting
7:00 p.m., Monday, July 23
Council Chambers
Richmond City Hall

Development Permit Panel
3:30 p.m., Wednesday, July 25
Council Chambers
Richmond City Hall



For meeting agendas and reports visit www.richmond.ca. Agenda and reports are usually posted the Friday prior to meetings.

Council Meeting Live Streaming



Visit www.richmond.ca to link to live streaming or watch archived video.

Rogers wins world championship

By DON FENNELL

[@DFSentinel](#)

Camryn Rogers put the hammer down Saturday at the IAAF Under-20 World Championships in Tampere, Finland.

The 19-year-old from Richmond stepped into the winner's circle immediately, throwing a final-round best 64.90 metres with her opening throw to earn gold in the women's hammer throw. The mark is just shy of her personal best throw of 65.61 metres set April 27 at the University of Berkeley.

Rogers also needed only one attempt in the July 12 qualifying round to advance to Saturday's championship round. Her first and only attempt resulted in a toss of 62.99 metres.

Having just completed her first year of an athletic scholarship to the University of California at Berkeley, the longtime member of the Richmond Kajaks Track and Field Club is one of Canada's emerging track and field elite.

Rogers reached the top of the podium at last year's Under-20 Pan-American Track and Field Championships in Trujillo, Peru with a meet-best mark of 63.42 metres.

•Another Richmond track and field star was also back in the spotlight recently, as Olympic racewalker Evan Dunfee strode to first place in the men's 20,000 metre racewalk final at the recent Canadian Track and Field Championships in Ottawa. Dunfee's winning time was one hour, 27 minutes, 11.67 seconds.

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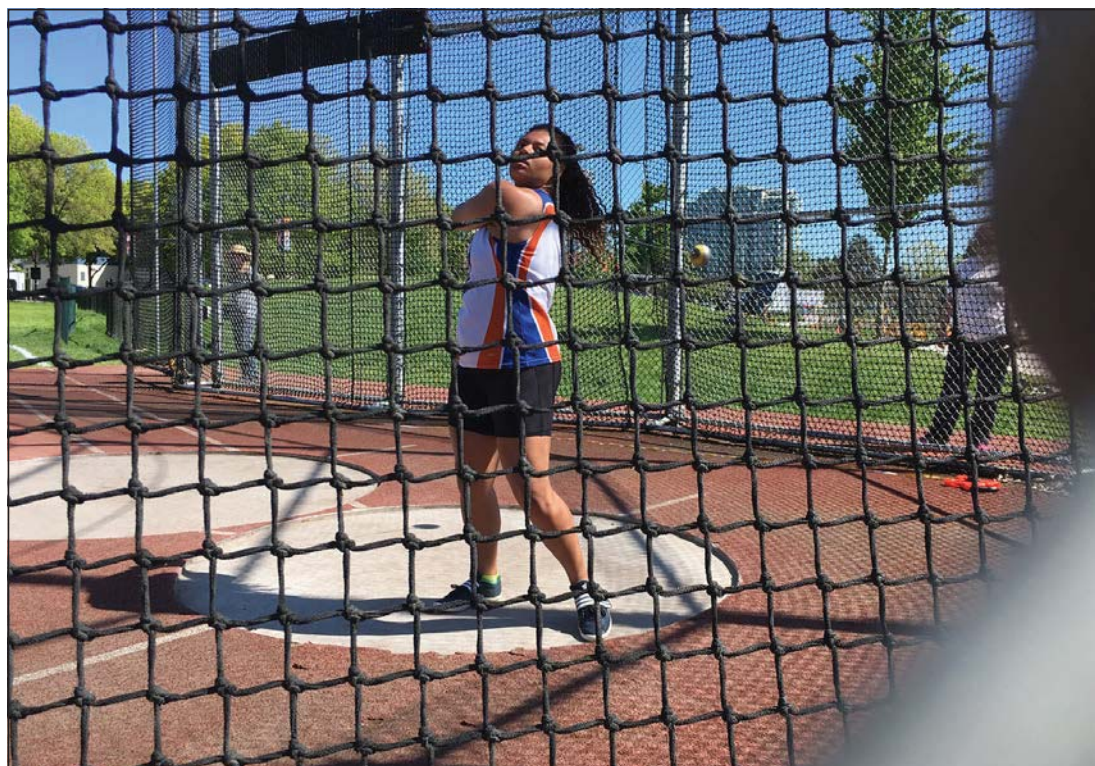


Photo by Don Fennell

Camryn Rogers earned gold for Canada with a winning first throw during Saturday's final round of the women's hammer throw event at the IAAF Under-20 World Championships in Tampere, Finland.

Blue Jays presenting baseball camp July 26 and 27

By DON FENNELL

[@DFSentinel](#)

The Toronto Blue Jays are returning to Richmond.

Partnering with Baseball Canada, the Blue Jays Baseball Academy is bringing the Honda Super Camps to Latrace Field July 26 and 27.

Richmond City Baseball will play host to the popular event, which is visiting 14 Canadian cities this year. Last year's event in Richmond was enthusiastically received, with longtime BC Baseball executive and former Baseball Canada president Ray Carter suggesting he wouldn't be surprised to see a graduate from one of these camps in the Major Leagues in as few as five years.

Longtime Baseball BC member Mike Kelly, who chairs its coaching development

program, says programs like this further the opportunity for young players to develop their skills.

Blue Jays alumni JP Arencibia, Jesse Barfield, Lloyd Moseby and Ricky Romero are expected to be part of this year's camp in Richmond.

Held from 9 a.m. to 1 p.m. each day, the camps provide male and female players aged nine to 16 with the ultimate Major League experience: learning skills and techniques from the former pros. Players will rotate through drills covering all skills including hitting, throwing, fielding, pitching and base running.

Each participant will receive a Blue Jays hat, T-shirt, baseball manual and the opportunity for autographs from the alumni present.

•dfennell@richmondsentinel.ca



Photo by Don Fennell

Toronto Blue Jays alumni will lead a Honda Super Baseball Camp July 26 and 27 at Latrace Field.

3-on-3 hoopsters ready for BC Games

By DON FENNELL

[@DFSentinel](#)

In his coaching capacity, Chris Kennedy is as excited as any of the athletes about the upcoming BC Summer Games July 19 to 22.

"I think it is the best amateur sporting event in B.C.," says Kennedy, who is set to guide the under-13 boys' Vancouver-Coastal 3-on-3 zone basketball team with former Richmond Colt Ben Mayan and Shawn Hill at the Games in the Cowichan Valley.

In basketball-mad Richmond, 3-on-3 hoops is, quite literally, taking off. Recently approved as a Olympic sport beginning with the Tokyo Games in 2020, the Vancouver-Coastal team features 10 boys from Richmond—the highest representation of local athletes in all sports.

Wesley Ainu'u, Gavin Cameron, David Dillague, Kyle Hill, Zachary Kennedy, Josh Mayan, Kaden Nelson, Owen Strang, Benjamin Worthington-White and Zach Zapanta will meet players from zones around the province. Eight of the 10 boys were part of the Richmond Youth Basketball League program this past season, and six of the boys suited up for the winning team that won its division in the Western Canada Basketball Invitational that concluded July 1.

Kennedy has been coaching 3-on-

3 basketball since it was introduced at the BC Games in 2014. He's observed significant growth each year.

"In 2014 we had barely enough to field a team tryout and this year we had over 50 boys try out," he marvels.

A lifelong basketball aficionado, Kennedy appreciates how the game can help young players grow.

"I like that 3-on-3 is at under-13. The kids get a lot of touches on the ball and it is great for movement and development. For the Richmond boys, they will also be high school rivals next year, so it is great to have them get to play together this summer. For many kids, the BC Games is a life highlight. What makes this so unique is that it is a multi-sport event, so they are surrounded by swimmers, rugby players and triathletes. It is really like a mini Olympic Games."

At the Games, all the student athletes stay in dorm-style accommodations and, says Kennedy, "are treated extremely well."

In addition to the Games, Richmond's basketball reps will be participating in a number of other tournaments including the BBall Nationals in Langley in early August. The boys also engage in a number of team building and social events. The coaching staff trying to ensure this is a once-in-a-lifetime experience that they all remember fondly.

dfennell@richmondsentinel.ca



Photo submitted

Six of the 10 Richmond players on the under-13 boys' Vancouver-Coastal 3-on-3 basketball team prepared for the BC Games July 19 to 22 in the Cowichan Valley. From left: Gavin Cameron, David Dillague, Wesley Ainu'u, Ben Worthington-White, Kaden Nelson and Zack Kennedy.

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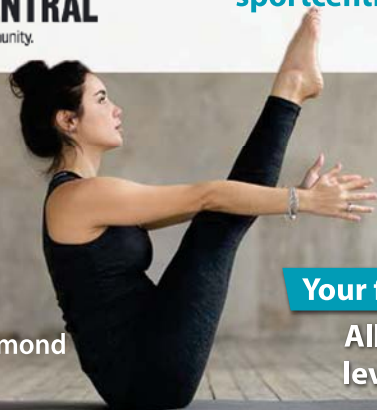
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Dolphin Classic: The Next Generation

By DON FENNELL

[@DFSentinel](#)

While the majority focused on the present, the future was also playing out at the 2018 Dolphin Basketball Classic.

"There'll be a time when the regular Dolphin guys are starting to age out, and we'll need some of youth to move up. Dolphin is a Richmond tradition we want to ensure keeps going," says Jessy Dhillon, with whom the Dolphin Junior Classic originated three years ago.

Overseeing the Richmond Youth Basketball League (RYBL), which is quite literally growing in leaps and bounds, Dhillon is also head coach of the McNair Marlins senior boys' high school team providing him with the opportunity to view the roundball game from many perspectives. He is genuinely excited about its future prospects in Richmond.

"We wanted our RYBL kids to be part of (Dolphin)," he says. "The youth division is still in its infancy, but we have bigger plans moving forward. We really want to do a basketball week in Richmond, starting with some toddler camps and work our way up to this tournament."

Dhillon was named RYBL co-ordinator in the spring of 2016, around the



Photo by Chung Chow

South Burnaby needed overtime to edge Steveston in the final of the Dolphin Junior Basketball Classic.



JESSY DHILLON

same time as organizers of the Dolphin Basketball Classic were looking to move the tournament to South Arm Community Centre. They were quick to embrace Dhillon's vision for the youth tournament to run concurrently with the adult event.

Dhillon says interest in basketball is booming among the local youth population. He says while academies and clubs are popping up everywhere, RYBL also has a responsibility to keep up while maintaining or perhaps even enhancing opportunities for kids including those picking up a basketball for the first time.

"The experience of them being here (at Dolphin) and seeing the semi-pro and college athletes and perhaps trying to aspire be one of them (is in-

valuable)," he says.

Year by year, the number of players in RYBL is growing. The Steve Nash league is typically filled to capacity, while the spring programs are also gaining in popularity.

"We're getting a lot of kids from hockey and soccer who want to play basketball as a spring sport with their friends," he says. "And our girls' program is also starting to boom. We've got some great parents and coaches, like Tim Carkner and Chris Kennedy, giving us a good base to help our numbers grow."

At the elementary school age, there are about 500 kids playing in the spring and about 700 during the fall.

"We also have a high school division, and kids who don't make their

high school teams are taking advantage," Dhillon says. "Before, when they didn't make their high school team they were done. Now, they can not only play but some are even using RYBL to get ready for high school tryouts."

But while Dhillon is excited by all the interest and growth surrounding basketball, he says it's important to pause.

"I don't want to drill basketball into kids' minds," he says. "I played playground soccer and football too. It's important to let kids be kids and let them figure it out on their own. If they want to pursue basketball and go to the next level, by all means. But it should be their choice."

•dfennell@richmondsentinel.ca

Patient X-Falcons add to record haul

By DON FENNELL

[@DFSentinel](#)

The importance of team work was never illustrated more than Sunday night at South Arm Park. And somewhat predictably, it was the X-Falcons who provided the lesson yet again.

Methodically, the team with strong Richmond roots and a strong foundation of success while players at Langara College, the X-Falcons stopped G2 in the final of the 33rd annual Dolphin Basketball Classic. The victory was the seventh in the X-Falcons' record championship haul.

Prior to tip off, Navi Sekhon praised his former team, now led by Burnett grad Elliott Mason, for its patient approach. Sekhon was briefly recognized during the tournament as its all-time leading scorer.

The X-Falcons have consistently contended for top honours at the Dolphin Classic since netting their first championship in 2007, led by three-time MVP Randy Nohr who epitomized the smarts and methodical play the X-Falcons have become known for.

Repeat winners in 2008, the X-Falcons lost their title to a team from Seattle in 2009, but returned to the top with back-to-back final-game wins over AthElite in 2010 and 2011 and defeated the Running Rebels and the University of Fraser Valley in 2013 and 2014 and, led by Richmond's Brody Greig, topped Academy for the 2015 title.

Original Grandmas survived a last-second scare from Toko, whose desperate in-bounds attempt seemed destined to sink before bouncing off the rim, to capture the tournament's women's championship.



Photo by Chung Chow

The X-Falcons systematically earned a tournament-record seventh Dolphin Basketball Classic title Sunday.

Abby Zawada, a 2018 graduate of McMath Secondary, was presented with the prestigious Robert Carkner scholarship award. She'll join sister

Jessica on the University of Fraser Valley women's team this coming season.

[•dfennell@richmondsentinel.ca](#)

Strikers mine bronze

By DON FENNELL

[@DFSentinel](#)

When the Richmond Strikers look back on the 2017-18 soccer season several years from now, they'll no doubt reflect proudly on their strong bond.

Bronze medallists at the just-completed Provincial A Cup, which Richmond hosted, the majority of the players that made up under-14 girls' team began playing together at the under-10 level. Several chose to pass up opportunities to move up to the high-performance league to remain Strikers.

"They have grown and learned to play multiple roles on the team," says assistant coach Greg Ng. "In previous years, we played against girls a year older."

Ng says head coach Mandhir Punia established a set of goals that the

team enthusiastically reached. He says strong defence and stellar goalkeeping—Makayla Kusch and Christina Sofikitis allowed only 13 goals during the season, the fewest in the league, while earning Richmond Girls' Soccer Association Goalkeepers of the Year honours—was key to the Strikers' success. Teagan Ng led an equally-stellar offence, accounting for half of the team's league-best 60 goals. With her (unofficial) 30 goals and 11 assists in 22 games, Ng was the Metro League Player of the Year, helping the Strikers top not only the Metro League but also win the Coastal Cup. At the provincials, the Strikers were upset by eventual-champion West Vancouver Rangers, a team they defeated three times earlier this season.

"While we were near the top of the league last year, this year's success was a little bit surprising" Greg Ng



Photo by Chung Chow

Richmond Strikers finished third in the under-14 girls' division at the just-completed Provincial A Cup held in Richmond.

says. "We always knew the girls had the talent, but there was a confidence and chemistry that led them to this success."

And the best may yet be to come. The team is expected to remain mostly intact next season.

[•dfennell@richmondsentinel.ca](#)

FREE Classifieds

Richmond classifieds to advertise your lost & found items, volunteer opportunities, pets, sale items, events and free stuff!

To post your FREE 25-word classified, please email us at classifieds@richmondsentinel.ca. Deadline: Thursday, July 26 for the August issue.

Free events

CHABAD RICHMOND JEWISH COMMUNITY CENTER is happy to present CommUnity BBQ. Great food, and activities for all ages. 1060 Catalina Crescent. July 28, 5 p.m. Everyone Welcome.

Volunteers

COME VOLUNTEER in a fun, fast-paced environment at the Sunday, Aug. 19 Richmond Sharing Farm Garlic Festival in beautiful Terra Nova park. See www.richmondgarlicfest.com for more info.

Free items

WANT FREE STUFF? WANT TO GET RID OF STUFF? Freecycle, an international volunteer movement to keep things out of the landfill might just be the answer. www.tinyurl.com/RFCRichmond

Book sales

A MINI-SALE AT RICHMOND PUBLIC LIBRARY Brighthouse (Main) Branch, 100-7700 Minoru Gate, July 21, Saturday 10 a.m. to 3 p.m. Many quality adult fiction and children's books in good condition, all at \$2. Cash only. Sponsored by Friends of the Richmond Library. All proceeds benefit Richmond Public Libraries.

Garage sale

DRIVEWAY SALE. 10891 Rosecroft Crescent (No. 3 and Steveston Hwy). Saturday, July 21 10 a.m. to 2 p.m. Books, clothing, household items, puzzles and more. Lots of freebies!

Faith/religion

HEALING ROOM. Sundays 1 to 3 p.m. Room 309 - 5900 Minoru Blvd. Grace Ville Church. Contact gracevillechurch.com

Reunions

STEVESTON SECONDARY HIGH SCHOOL would like to invite former grads and staff to celebrate the Graduation Class of 1968 50th Grad Reunion Sat. Sept. 22. Contact Bonnie Young Murray at bon55@telus.net for details.

Pick up a copy of The Richmond Sentinel from the following locations:

- Richmond City Hall • Seafair Centre • IGA
- Richmond Public Libraries • Esso Gas (Hamilton)
- Minoru Aquatic Centre • Pharmasave Richlea
- Richmond Hospital • Cambie Plaza • Superstore
- Lansdowne Centre • Richmond Country Farms
- Save-On-Foods • PriceSmart Foods • Minoru Arenas
- Richmond Centre • Watermania • Pioneer's Pub
- Blundell Centre • Central at Garden City
- Delta Shopping Centre (Richmond)

And at these community centres: • Cambie • City Centre
• Hamilton • South Arm • Steveston • Thompson • West Richmond



CROSSWORD

Across

- 1 salmonfestival
- 4 tessawaddell
- 5 canadaday
- 7 salmon
- 10 annevogel
- 11 fragariaananassa
- 14 rcmpcrimemap
- 15 ahatsunscreen
- 16 mariacordero
- 18 fireworks
- 19 areclosed

20 seventyeight

Down

- 2 steveston
- 3 parade
- 6 harvestbaskets
- 8 murderball
- 9 feeducate
- 12 arc
- 13 strawberry
- 17 none

SUDOKU

5	1	3	6	8	4	2	7	9
4	7	9	5	3	2	1	8	6
2	8	6	1	9	7	3	5	4
6	4	1	3	5	8	7	9	2
7	2	5	9	4	6	8	3	1
3	9	8	7	2	1	6	4	5
1	6	4	8	7	9	5	2	3
9	3	7	2	1	5	4	6	8
8	5	2	4	6	3	9	1	7

RICHMOND
SENTINEL
OUR COMMUNITY NEWS

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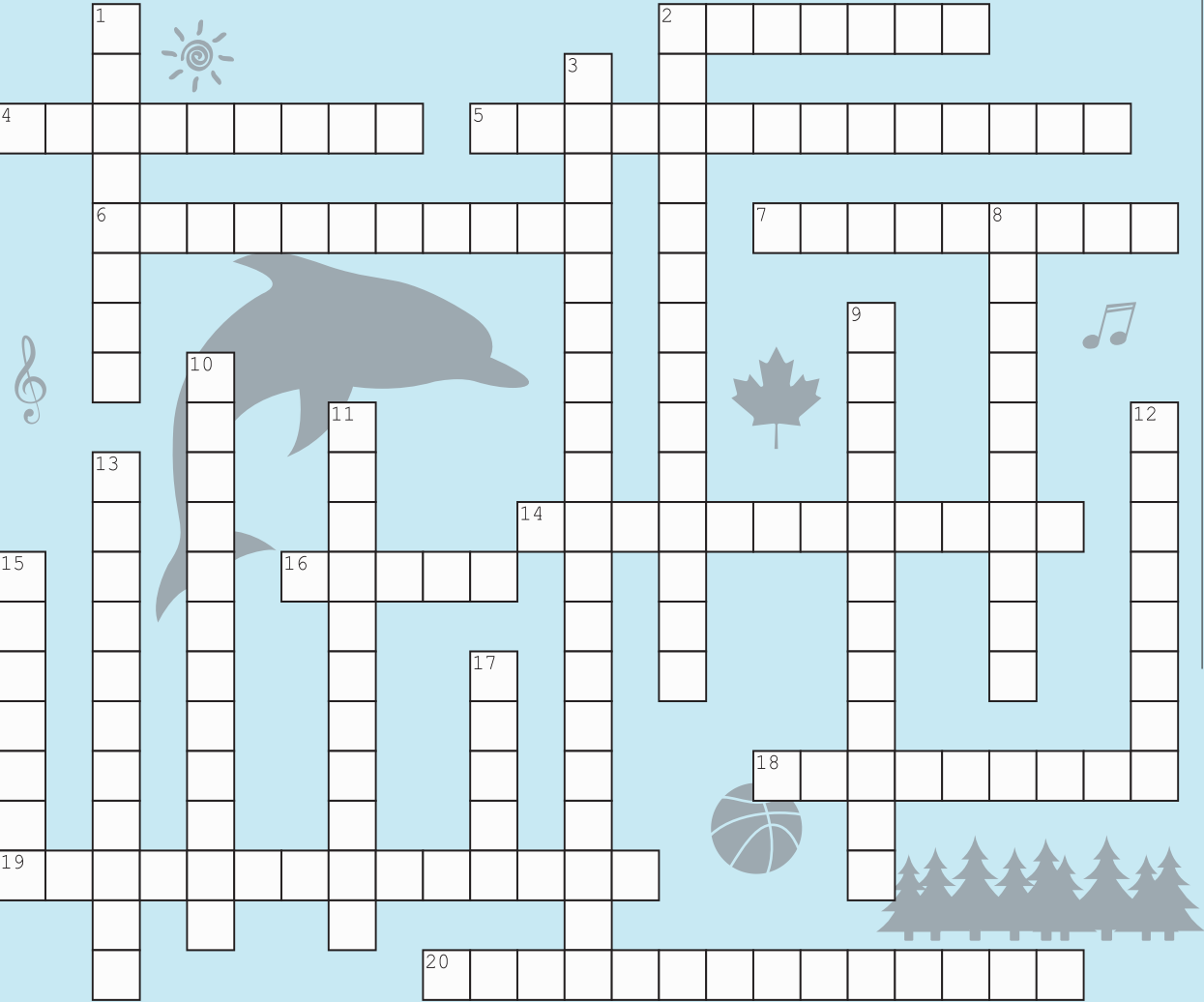
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Fun & Games

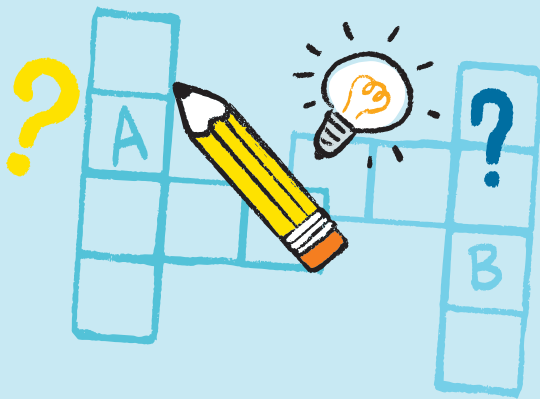
SUMMER IN RICHMOND



ACROSS

- 2 Monumental, immense, gigantic
- 4 Who says, 'Don't feed the landfill?'
- 5 Winner, backpage last Sentinel
- 6 Nation-wide free arts fest
- 7 UBC opera, sad one

- 14 Richmond soprano in UBC opera
- 16 Inaugural movie in park on Cambie
- 18 Site of new UPS-Fortis project
- 19 Fun hoops fest
- 20 UBC slapstick opera



SUDOKU

The goal of Sudoku is to fill a 9x9 grid with numbers so that each row, column and 3x3 section contain all of the digits between 1 and 9.

5			4	3				8
3	7		9					4
			8			6		
		1			3	9	2	
		7				8		
	2	3	1			7		
		5			1			
1					9		6	7
7				6	5			2

DOWN

- 1 If find elder wandering: call 911 &
- 2 Jets, Ravens head shave \$ raised
- 3 Class of '68, Sept 22, 2018
- 8 Site of tiny house exhibit, Richmond
- 9 Richmond's newest green space
- 10 Richmond's seniors co-ordinator
- 11 Sunken treasure display site
- 12 Sun's rays that are hot
- 13 Cool rays that burn skin
- 15 Theme of July 1 special edition
- 17 To learn about daycamps: Richmond.ca/_

Answers will be posted in the next issue in August

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13571 Blundell Road	1.48 acres
11500 Westminster Hwy	0.5 acre
10451 Palmberg Road	2.41 acres
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15119 72nd Ave	1 acre residential

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OUR COMMUNITY NEWS

VOL. 2 ISSUE 12

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Regular:

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PARTICIPANT SIGNATURE

DATE

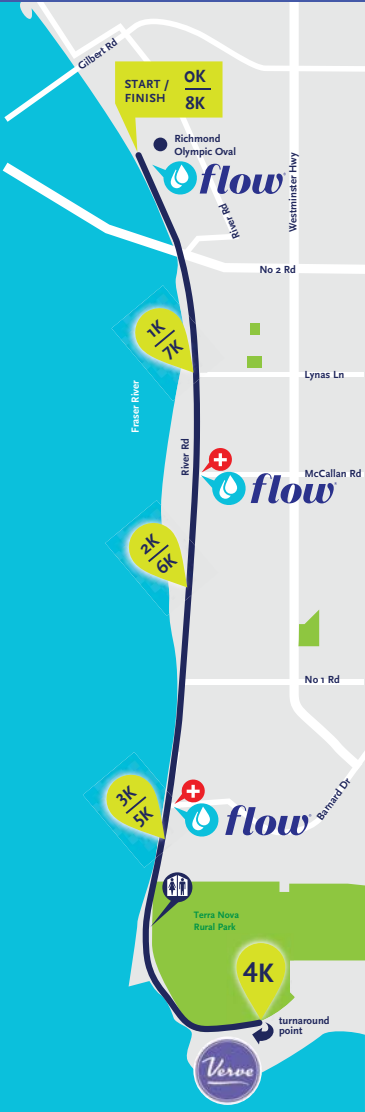
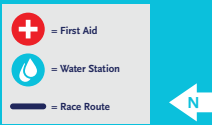
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