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VOL.3 ISSUE14 **NOT-FOR-PROFIT**  Mid-August 2019



Photo by Chung Chow

Jennifer Luce (left) explains rainwater collection to Sharlene Singh at the KPU Research and Training Farm during Saturday's annual Richmond Farm Fest held on the Garden City Lands.



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### It's Important to Know the Employment Standards Act





**DAVID SMART** 

**GARY HAGEL** 

**B**ritish Columbia's Employment Standards Act (the "ESA") is an important piece of provincial legislation. It establishes the minimum standards employers must adhere to with regard to hours and pay, conditions of employment and termination of employment.

In most cases, the terms of employment will be set out in an employment contract. Where the employment contract provides for greater benefits to an employee than what is required by the ESA, (in terms of pay, benefits, termination notice, etc.), the contract applies. However, an employment contract cannot impose terms or conditions which are less than the ESA minimum standards – any such contract would unlawful and unenforceable.

The ESA applies to most employees in BC, but not all. Several professions (doctors, foresters, real estate agents, for example) are excluded from the ESA, or parts of it. Some employees, such as managers and commissioned salespersons, are exempt from some of the ESA provisions. Businesses under Federal jurisdiction, such as banks and airlines, are not subject to the ESA (but are subject to a similar, Federal act).

Importantly, if a worker qualifies as an independent contractor rather than as an employee, the ESA will not apply. In our next article, we will discuss issues surrounding whether someone is an employee or an independent contractor.

If the ESA applies, there are a number of important minimum standards that employers and employees should be aware of. For example, the ESA establishes: minimum call-out pay amounts; the length of a work week and a work day, and overtime pay entitlement; minimum pay for statutory holidays; minimum vacation pay; the right to maternal leave and parental leave; and minimum required written notice or termination pay, if an employee is terminated without just cause.

Again, one must remember that the ESA sets minimum standards. An employment contract may provide greater benefits, but it cannot legally provide less. It is important for both employers and employees to be aware of their rights and obligations under the ESA.

For questions regards the ESA or any other aspect of employment law, please contact us at 604-243-8912.

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### Couple's vision inspires seniors to stay Forever Young

By DON FENNELL @DFSentinel

hen John Young was courting his wife-to-be, Joan, a varsity basketball game was the obvious choice for a first date. After all, both aspiring teachers--who met as students in the Faculty of Education at the University of British Columbia-were passionate about sports and participated in many. John, in fact, earned a degree in physical education at UBC in 1969 while a member of the varsity gymnastics team.

But neither knew then just how much athletics would shape their lives. and-as conduits--others around them.

Architects of next month's Forever Young 8k, Sept. 8 at the Richmond Olympic Oval, the local couple are role models for seniors everywhere. Entering its fifth year, the run is exclusive to the ever-emerging 55-plus set determined to remain active.

"The Forever Young 8k was a dream I had for many years," explains John. "I realized I wasn't getting any younger so I gathered a committee of experience race organizers and put the wheels in motion. Seasoned race directors told me it couldn't be done because we'd be cutting out over half the regular participants by restricting it to 55-plus, but my feeling was that it was time someone focused on the many fit seniors we have in our community. This event is a chance for se-



Photo submitted

John and Joan Young created the annual Forever Young 8k, this year marking its fifth anniversary Sunday, Sept. 8 at 9 a.m. at the Richmond Olympic Oval.

niors to gain well-deserved recogni- accomplishment," adds John. tion for their commitment to fitness. and it celebrates active seniors setting an example that encourages all seniors to adopt healthy lifestyles.

"We always enjoyed working with young people, and watching them develop and learn provided us with a tremendous degree of reward and

But the ever-energetic and engaging Youngs, now 70-somethings, didn't rest on those laurels.

Having always been active in their early years-from tennis to skiing to hiking (even canoeing the Bowron Lake chain)--they entered the senior years with the same resolve. And

they continued to help organize activities, arguably even stepping it up after retiring serving as co-ordinators of the Richmond Terry Fox Run for 10 years, and leading the Vancouver Sun Run clinics at South Arm Community Centre. In 1996, Joan and McFarlan were running regularly, so John decided to take a training program at Steveston Community Centre in order to catch up.

The 8k (the only event of its kind in Canada) is a spin-off of the Forever Young Club, whose membership is soaring. The success of the popular Richmond running club (which also welcomes walkers; in fact, about two-thirds of the club are such) has inspired a Vancouver chapter that meets every Tuesday and Thursday at Granville Island. And plans are afoot to expand to other Metro Vancouver locations in the future.

Weather-wise, it's a near-perfect Wednesday when we finally catch up with the Youngs following another exhilarating run through Steveston with about 50 other enthusiastic and dedicated senior foot soldiers. They've also just enjoyed a healthy dose of fitness and socializing and it's not yet noon.

"We exercise for an hour and socialize over coffee for an hour. Both are of equal importance," says John. "You aren't lonely in the Forever Young Club."

See Page 8



### Pirate Pak Day: a most wonderful time of the Y'arrr!

By **DON FENNELL** @DFSentinel

here is something magical about Pirate Pak Day, an annual event that celebrates the child in all of us.

Pirate Pak Day has come to symbolize memories; for adults to reminisce about being a kid, and to help create that same joy for children and young adults living with serious medical conditions.

Forty-five years ago, White Spot founder Nat Bailey introduced the Pirate Pak (traditionally featuring White Spot's legendary hamburger with signature Triple"O" sauce, fresh-cut fires, a soft drink, a scoop of ice cream and chocolate "gold" coin and served in an iconic cardboard boat ) to give kids 10 and under a unique dining experience. Since 2008, \$2 from every Pirate Pak sold on a specially-designated Pirate Pak Day (this year, Wednesday, Aug.



Photo submitted

#### White Spot's nostalgic Pirate Pak Day is Wednesday, Aug. 14.

14), supports the Zajac Ranch for Children to help ensure hundreds of kids have a week-long summer camp experience to last a lifetime.

The partnership reflects White Spot's roots as a business built on family values.

One of 64 White Spot restaurants in B.C. and Alberta, the Richmond Centre location enjoys a strong bond with its guests. That's reflected by the fact the location is consistently among the top 10 contributors on Pirate Pak Day.

Manager Charlie Tsang can't help defines the popular event.

"People look forward to coming out," he says "Over the last 10 or 15 years working for White Spot, I've seen a lot of people who grew up here. Some are

now dating, some have graduated and have kids of their own. It's guite amazing. We even have hosts and hostesses who dined in high chairs here."

Of course Tsang is proud of the role staff, have played in the success of Pirate Pak Day in Richmond.

"Every year, many of them look forward to coming in for the day. A lot of them are busy with school and other things, but when an opportunity like this comes up they make it work. They see it as one way they can give back."

Celebrating its 10th anniversary, Pirate Pak Day has to date raised \$780,776 since its inception and has sent more than 400 children to the private 41-acre Zajac Ranch in Misbut get caught up in the nostalgia that sion for the inclusive summer camp. The week affords campers, facing life-threatening illness, the opportunity to explore the outdoors, thanks to the Zajac and White Spot families.

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### City to look at potential energy expansion

By **DON FENNELL** @DFSentinel

major new district energy project Amay be in the works for Richmond. Pending approval by city council, the Lulu Island Energy Company will join forces with the Canada Infrastructure Bank on an initiative to expand the city's current district energy systems from 330,000 square meters (3.6 million square feet) to more than 4.7 million square metres (50 million square feet) over an extended timeline.

An important component of Richmond's community planning, district energy systems provide sustainable and economic energy sources, says Richmond Mayor Malcolm Brodie.

"Partnering with Canada Infrastructure Bank on our City Centre district energy utility is an excellent opportunity to further our energy efficiency and resiliency for many years to come," he savs.

Brodie notes the city has received international recognition for its leadership in developing district energy systems designed to reduce carbon emissions, while delivering an affordable and reliable heating and cooling source for thousands of residents, commercial and institutional users.



Photo courtesy City of Richmond

Canada Infrastructure Bank and Lulu Island Energy Company have signed a memorandum of understanding on a longterm project to expand Richmond's district energy systems.

was signed Thursday, Aug. 1 between investment." the Lulu Island Energy Company and Canada Infrastructure Bank formalizing their collaboration. This is the bank's first opportunity to partner on a project in B.C.

"District energy is aligned with federal government and CIB priorities to invest in green infrastructure and there is potential for this project to reduce greenhouse gas emissions," says Pierre Lavalee, president and CEO of Canada Infrastructure Bank. "This is a tremendous opportunity for CIB to expand work with an innovative municipality and develop a project that can A memorandum of understanding combine both public and institutional

Francois-Philippe Champagne, Canada's federal minister of infrastructure and communities, says the Canada Infrastructure Bank is playing a leading role in new infrastructure projects that have a positive impact on the environment and on communities.

"The CIB's infrastructure expertise and its advisory function will be crucial to this partnership with Lulu Island Energy Company and the City of Richmond," he says.

CIB is focused on transformational projects that are in the public interest including green infrastructure. As a Crown corporation, it is mandated to

use \$35 billion in federal funding to attract private sector and institutional investment to new revenue-generating infrastructure projects.

A municipal corporation wholly-owned by the City of Richmond, Lulu Island Energy Company was established to implement and operate district energy utility systems. City officials saw the benefits of district energy in meeting sustainability goals within its Community Energy and Emissions Plan and implemented three district energy utilities: the multi-award winning Alexandra; Oval Village (which services the waterfront community around the world-renowned Richmond Olympic Oval); and the City Centre. Canada Infrastructure Bank has specialized infrastructure expertise and this project is consistent with its mandate to advise on and potentially invest in green infrastructure projects that are in the public interest.

The City of Richmond's official plan calls for higher density and mixed use buildings in future residential and commercial development. As a result, the city will benefit from low carbon energy sources on an expedited basis that would provide heating and cooling to buildings in the region. Lulu Island

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### Growing friendship as well as food

By LORRAINE GRAVES @LGSentinel

ichmond Sharing Farm celebrated Their receipt of a federal New Horizons grant for seniors recently with an outdoor luncheon that featured the freshest of salad ingredients, grown steps away.

Reflecting the farm's motto "We Grow Food. We Grow Farmers. We Grow Community. Volunteers Supporting Our Neighbours In Need," this is an oasis of rural idyll at the western end of Westminster Highway. The Terra Nova lands, tucked into the North West corner of Lulu Island, were saved by the City of Richmond in a visionary move decades ago. The lands have become a haven of peace that feels like wandering a faraway Gulf Island.

The Sharing Farm uses part of that land to bring the community together to grow healthy nourishment for the food bank, school programs and other places where food security is an issue.

The farm welcomes many groups of volunteers, some with special needs, some with a pent-up urge to garden, some who are just lonely.

One group of volunteers is seniors looking for a ride to the farm, a good visit, good work and a good snack.

At the celebratory lunch, many of the seniors who benefit from the funding visit relaxedly with each other, with board members and Richmond Centre MP Alice Wong.

Wong, who grew up in a rural part of Hong Kong, says,"I support the use of farmland for farmland only."

She later said she is not opposed to development as well though.

Wong pointed out it was not just the seniors grant she oversaw but also, "the government asks sitting MPs to vet summer student grant applica-

Speaking of those grants, Richmond Sharing Farm executive director Sarah Drewery says gratefully, "We have had so many summer students."

Drewery stresses the importance of funding from all levels of government, as well as the importance of the donations that keep the farm running, supplying fun, fresh air and food to those who need it.

Drewery also invites people of all ages and experience to join one of the small groups that get together at the farm. "We always welcome new volunteers," she says.

The farm's seniors program is multifaceted. It offers help with the work in the garden that feeds so many of Richmond's hungry children and families. Equally important, the seniors program offers transportation, a snack and friendship in the fresh air, and the good feeling of helping oth-

Jeanie Bernard has been volunteering at the farm about two months. She joined the other volunteers from the seniors group at lunch.



Photo by Lorraine Graves

One of many volunteer groups at the Richmond Sharing Farm, seniors celebrate a New Horizons grant that supports their program.

"I do it to meet new people. I enjoy being outdoors and in nature," she Ross, another volunteer who is cur-

Darlene Berkhout says, "I started last year, last June."

Berkhout does it for the enjoyment of socializing with a diverse group of

"I've never been on farms before but I love starting seeds and watching them grow," she says.

Berkhout says she also loves being in the farm's fresh air, hearing the birds and the quiet because she lives in the heart of Richmond where there is a lot of traffic noise.

"I love the work. It's good hard work. When I go home I am tired but it is a more out of it than I give." good feeling," she says.

That's something echoed by Art rently tidying up the herb garden by weeding and spreading sawdust on the pathways.

He says, "I like the hard work. I don't go to the gym."

Ross too says he likes the socialization. At a time when loneliness has been identified as a risk factor with the same health impact as poor diet or lack of exercise, Richmond's Sharing Farm offers healthy options for friends, fitness and good food as well as the joy that comes from working with others to help others.

Ross says with a big smile,"I get a lot

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# Here's the scoop: You have to try garlic ice cream

By **DON FENNELL**©DFSentinel

The initial thought leaves most people shaking their heads in disbelief. Then, curiosity takes over and the courage to try garlic ice cream wins out.

"It's really popular and it sells out fast every year," says Sarah Drewery, executive director of The Sharing Farm, which is putting the final ingredients together for its annual Richmond Garlic Festival Sunday, Aug. 18."I think it is popular because it sounds so strange but actually tastes really good. I think people are intrigued to try it."

This year, adds Drewery, organizers are excited that (Vancouver-based) Earnest Ice Cream is coming aboard as the new ice cream sponsor.

With a base of vanilla or honey and cream, to which the ancient species in the onion genus is added, garlic ice cream has become a staple at many garlic festivals. It's even made its way onto the menu at San Francisco's Stinking Rose.

Popular the world over, the pungent vegetable is enjoyed in a variety of dishes. And, says Drewery, local organic garlic—if you can gets your hands on it—is especially tasty.

But while the savoury ice cream treat is arguably the main attraction, it's just a small sample of what the festival—now in its 11th year—is serving up.

"It's a really relaxed, grassroots festival in a beautiful setting; a little slice of rustic charm in the city," offers Drewery." Walking around the farm on a sunny day, sampling delicious food from local chefs and enjoying live entertainment makes a great day out."

This year, for the truly brave, Drewery suggests picking up a small batch of garlic kombuca made by local brewers Bouche Kombucha.

All told, 11,000 bulbs of garlic have



Photo submitted

### The Sharing Farm hosts the annual Richmond Garlic Festival Aug. 18.

been grown at The Sharing Farm this year. West Coast Seeds will be preparing workshops throughout the day, and there will also be farm tours, live music and raptor flying demonstrations. The Kids Zone will be packed with fun activities in safe, natural surroundings. Kids can also make crowns from the garlic stalks, take part in interactive math games and play with our many low-waste, upcycled activities.

The basic premise of the festival is naturally organic, but Drewery says it is always evolving. Birds of prey demonstrations with expert bird handlers will be back for second straight year, educating and entertaining the crowd. These birds will also perform a number of flying maneuvers, acrobatics and speed, and dexterity drills.

Added to this year are free bicycle tune ups and seed saving demonstrations from Farm Folk, City Folk.

For Drewery, however, the highlight of the festival is the food.

"Local chefs from Vancouver and Richmond are volunteering their time to make delicious garlic based dishes, and the results are always incredible. I'm very excited to try as many as I can this year"

The 11th Richmond Garlic Festival is being held from 10 a.m. to 3 p.m. at the Terra Nova Rural Park, 2771 Westminster Hwy.

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### **FOREVER YOUNG**

#### From Page 3

Many members, including the Youngs, are in their 70s and three are in their 80s. Legendary Canadian and international masters runner Gwen McFarland is 85. Focused on seniors, the group includes many cancer survivors, others who've battle heart disease, and still others dealing with various aches and pains. They all have one thing in common: refusing to remain idle.

Numerous friendships have also been forged through the club, with the Youngs serving as hosts of two major get-togethers at least twice a year. Last Canada Day, some 70 souls turned up at the Young home following a run and walk, and then on B.C. Day, following a run and walk at McDonald Beach, another 60 gathered for an outdoor picnic.

Members are also encouraged



The ever-growing Forever Young team

Photo submitted

to give back. Each Christmas, the Youngs host a banquet attended by at least 100 people. The tradition includes sharing the joy of the season with those less fortunate by collecting donations for the Richmond Food Bank. Proceeds from the not-for-prof-

it 8k are also forwarded to the Dream On Foundation (senior Make-a-Wish), which over the years has totalled more than \$12,000.

In 2013, John underwent triple bypass surgery and had a pacemaker installed. Seven months later he ran

the Scotiabank half marathon. In the last 20 years, Joan ran six marathon and over 25 half marathons. However, the couple has scaled back and is now content to stick with shorter distances.

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### **ENERGY**

### From Page 5

Energy Company's district energy system will use zero-carbon sewer heat recovery technology to extract heat from the local sewer force main once the system is fully built out.

The memorandum of understanding confirms Canada Infrastructure Bank and Lulu Island Energy Company will conduct further due diligence and financial structuring work regarding a

potential new district energy system concession agreement with Corix Utilities, a leading provider of sustainable energy and environmental management solutions across Canada, the U.S. Lulu Island Energy Company and Corix Utilities are currently developing the Oval Village District Energy system, where Corix is responsible for the design, construction, financing, operations and maintenance of the system, while the City of Richmond is regulating and setting rates for customers.

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### Unique art work adorns Canada Line columns

Athree Richmond-based artists opened Tuesday at the Aberdeen and Lansdowne Canada Line stations.

After exploring the question, "What are the stories we want to tell future generations?" Jeni Chen, Paige Gratland and Megan Yung created

unique six-month exhibition by works that reference inclusion of the LGBTQ2S communities, cultural diversity and Richmond's unique natural heritage.

> Presented by the Richmond Public Art Program to showcase local visual artists and their artwork in outdoor public spaces, the series—in large,

three concrete columns supporting the Canada Line guide-way—are part her husband and son. of the city's commitment to enhance the No. 3 Road streetscape, in partnership with InTransit BC. This is the second of a two-part year-long exhibition; the first exhibition presented art-Yeung and Valerie D. Walker.

The public is invited to the Artist Salon talk at the Richmond Cultural Centre, Performance Hall (7700 Minoru Gate) on Thursday, Aug. 15 from 7 to 9 p.m., where all three artists will present their work. The discussion will be mod-Gallery Association Board member. ble project. Admission is free with registration reguired. For further information on the event and to register, visit www.richmondartgallery.org/upcoming-events.

Graduating from the University of British Columbia with a Bachelor of Science degree, Chen recently obtained a fine art certificate from Emily Carr University of Art + Design. Her picture book for children, and develop-

backlit display cases at the base of ing a new body of work in mixed media painting. She lives in Richmond with

Gratland is Richmond's 2019 Branscombe House Artist-in-Residence. Her projects move playfully across media and include video, performance, sculpture and printmaking. Through work by artists Nadia Mahamoor, Ming her socially-engaged practice, she offers opportunities for interpersonal and intergenerational exchange. Paige, also an experimental filmmaker, studied film production at Ryerson University. Her No. 3 Road Art Column panels depict artifacts from the communal hand weaving activities that erated by Jas Lally, a Richmond Art were done through her Setting the Ta-

Yung is an emerging artist and student based in Richmond. Through most of her childhood, she was enrolled in summer art classes at Arts Umbrella and was taught by local community artists. It was through these experiences that she learned the fundamentals of composition and colour. She has created artwork wide range of work experience has for the Richmond School Board, Richserved as inspiration for her art. Curmond Public Library and a Richmond rently, she is writing and illustrating a Street Banner, which is currently on display throughout the city.



### **City Board**

### **Asphalt Paving Advisory** June 1 to October 31, 2019

The City of Richmond has contracted Lafarge Canada Inc. to grind and pave the following locations in Richmond from June 1 to October 31, 2019:

#### Proposed 2019 paving location details

- Westminster Hwy, Willett Avenue Boundary Road
- Westminster Hwy, CN Tracks Oliver Drive
- Russ Baker Way, No 2 Bridge Inglis Drive
- 7000 Block No 5 Road, Granville Ave Blundell Road
- 11000 Block No 5 Road, Steveston Hwy Rice Mill Road
- 12000 Block No 5 Road, Rice Mill Road Dyke Road
- Sharpe Avenue, Muir Drive Cul-de-Sac
- No 6 Road 91 Hwy, Maycrest Way Commerce PKYW
- Saunders Road, No 3 Road Garden City Road / Francis Road
- Shell Road (East), Williams Road House # 10620
- 7th Avenue, Regent Street Georgia Street
- Firbridge Way / Lane, No 3 Road Minoru Blvd. Ackroyd Road
- No 3 Road, McDonald Frontage
- Desmond Rd, Diamond Rd, Barmond Ave, Lamond Ave, Sub- Division
- 8000 Block Alderbridge Way, No 3 Road Garden City Road
- 9000 Block Alderbridge Way, Garden City Road No 4 Road
- Bridgeport Road, Viking Way No 6 Road
- McLean Avenue, Westminster Hwy Oliver Drive

Work hours will be 7:00 a.m. to 8:00 p.m. on weekdays, and 7:00 a.m. to 8:00 p.m. on weekends. Night time work hours will be from 7:00 p.m. to 5:00 a.m. (typically).

Traffic will be reduced to single-lane and there may be temporary lane closures. Delays may occur. The use of an alternate route is strongly encouraged.

This work is weather dependent and dates are subject to change without notice.

The scope of the advertised work may be adjusted or cancelled in line with available funding.

Questions may be directed to Wasim Memon, Supervisor, Engineering Inspections, at 604-276-4189, or visit the City's paving program webpage at www.richmond.ca (City Services > Roads, Dykes, Water & Sewers > Construction Projects > 2019 Paving Program).

City of Richmond | 6911 No. 3 Rd. Richmond BC V6Y 2C1 | Tel: 604-276-4000

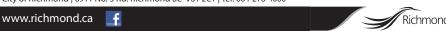




Photo courtesy City of Richmond

The new exhibition explores "What are the stories we want to tell future generations?"

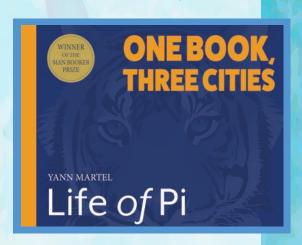
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### McArthurGlen excited for Labour Day expansion

The opening of McArthurGlen's second phase on Labour Day weekend will include the arrival of some big brand names.

The expanded designer outlet near Vancouver International Airport will soon feature such highend fashion outlets such as Jimmy Choo, Stuart Weitzman, All Saints, Movado and the North Face. These globally recognized brands have chosen McArthurGlen Vancouver to debut their outlet in Western Canada. The new wave of openings will also include popular lifestyle brands like adidas. Jack & Jones and Starbucks, complementing existing shops like Hugo Boss, Armani, Kate Spade, Coach, Michael Kors, Ted Baker and Nike.

The new stores will be located in the development to the existing centre and will mirror the current European design, expanding on its notable open-air village style, with luxury piazzas, cobblestone walkways and a variety of facades.

The expansion also follows a whole host of recent upgrades, including a covered walkway to the main entrance, heated patio umbrellas and outdoor lounge areas allowing visitors to enjoy open-air shopping and dining all year round.

"One of our main goals is to make sure we're providing something new for our dedicated shoppers and new guests throughout the year, both



Photo courtesy McArthurGlen

McArthurGlen Designer Outlet Vancouver Airport has established itself as home to high-end fashion.

from the Greater Vancouver area and the hundreds of thousands of tourists who visit us each year," said Robert Thurlow, general Manager of McArthurGlen Designer Outlet Vancouver. "We are extremely proud

to welcome these brands as the centre continues to provide a full program of unique events and promotions ensuring our guests enjoy an exceptional day out."

and hosting shoppers until 9 p.m. daily as part of its extended summer hours.

McArthurGlen has seen continuous growth since opening, surpassing four million shoppers for the first time in 2018 and is now one of the top performing shopping centres in Canada.

The centre has consistently contributed to the local economy with over 1,600 jobs created since 2015.

McArthurGlen Designer Outlet Vancouver Airport is a joint venture between McArthurGlen, Europe's leading owner, developer and manager of designer outlets, and Vancouver Airport Authority, a community-based, not-for-profit organization that operates Vancouver International Airport.

McArthurGlen Vancouver is one of the 25 designer outlets managed by McArthurGlen Group and is home to the most sought-after premium and lifestyle brands, offering fashion-loving customers yearround savings in vibrant, high-quality shopping environments.

Since opening in 2015, McArthur-Glen has welcomed over 15 million shoppers. The new phase will deliver 84,000 square feet of additional retail and is part of McArthurGlen Group's plan to develop over 1.6 million square feet of retail space over the next three years across its The centre is currently operating 24-centre portfolio.





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Dexter, 4, powers through a hand drill with help from dad, Alex.

### Saturday spent at Farm Fest

By **VIVIAN NGUYEN** Contributor

Despite the cloudy weather and showers on Saturday, hundreds still turned out to enjoy the annual Farm Fest on the Garden City Lands.

Farm Fest pays homage to Richmond's agricultural history, rooted from the attraction of its fertile soil for its early settlers. Richmond's soil has allowed for an abundance of healthy crops over the years and presently as well.

To appreciate Richmond's agriculture, Farm Fest allows the community to take a glimpse of the farmer's lifestyle. The annual festival consists of a farmers' market of locally grown food, agricultural displays, children's activities, local entertainment, and food trucks.

Being a city that promotes the idea of self-sustainability to its community, it's interesting to note how the world has gone full circle when it comes to its views on sustainability.



Photos by Chung Chow

Berfin, 4, gets another glitter butterfly stencilled to her forehead.



Sharing Farm university interns Kira Wilting (left) and Laura Holt.



Lorraine, 2, gets help sawing a log from dad, Allen.

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### Walking tour brings old Steveston to life

By **DON FENNELL** @DFSentinel

It is a tumultuous time.

As Canada marks its 50th year as a nation, the world is at war and by August the government will introduce conscription or compulsory enlistment. A month later the Income War Tax Act will receive royal assent, establishing a "temporary tax."

In 1917, Steveston residents are also dealing with social upheaval, prohibition and natural disasters--scenes brought to life by talented local drama students in Steveston Alive! Walking Tour Vignettes.

The engaging and informative fivepart play, by local playwright Andrew Wade, takes residents and visitors alike on a unique journey through the streets of modern Steveston but as if the clock was turned back in time.

The Grade 8 to 12 students Steveston-London Secondary,

joined by returning cast members from Hugh McRoberts Secondary, provide realistic, true reflections of the hardships—including racism early immigrants were forced to overcome, and how residents were forced to learn to live and work together in this diverse community.

One issue locals are dealing with is—and still are—is the potential, or at least fear, of flooding. In 1917, it has one young resident in hysterics and, armed with a suitcase, planning to leave for higher ground.

"Have you seen water level today? It's high," says the character, Mika. "If we flood the Interurban won't be able to run at all, so I need to be able to leave right away.

"That bridge on Five Road got carried away by ice last year," she continues. "You think some tons of dirt pretending to be dikes are going to save us? You do realize Steveston and the rest of Richmond is an actual house built on sand. We're living on the river's mistake, dig a few feet and splash."



A cannery worker ponders her future.

Photo by Don Fennell



Photo by Don Fennell

### Local high school drama students take visitors on a journey back to

But amidst all the challenges Despite being down on his luck and unemployed, since there's been no ing the 1914 Hell's Gate landslide, he remains the eternal dreamer. And despite his position, he never tires ern Crown Bank.

While his fishing pals are more reindustry, Frank is busy trying to convince them to join him on a prosperous business opportunity."

Steveston Historical Society which is presenting the third season of Steveston Alive! Walking Tour Vi-Steveston Museum, says the play was painstakingly researched to be authentic to the time. Even the costumes, made possible by a first-year grant, accurately reflect the period.

"We chose 1917 because it was 100 these residents are facing is a pos- years before our first performance in itive young man known as Frank. 2017 and we thought it was appropriate," Barnes says.

She adds, it's also remarkable to salmon to fish for three years follow- see how many issues like damming and dyking are still primary issues in Richmond today.

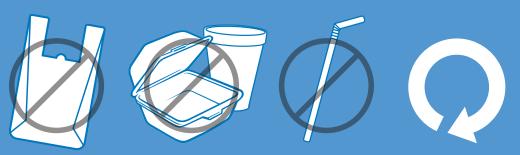
Rachel Meloche, executive directrying to win the hand of Helen, a tor of the historical society, says newly-employed clerk at the North- it's remarkable how dedicated the students are to helping ensure the show goes on. Even while in China alistic about the current state of the for part of the summer, the stage manager was sending emails to her peers and Meloche.

There's still time to catch Steveston Linda Barnes, president of the Alive! Walking Tour Vignettes before the show wraps for the season. Tours will leave from the Steveston Museum twice daily on Saturday, Aug. 17, gnettes in collaboration with the 24 and 31 at 1 and 3 p.m. Tickets are \$12 and children under 12 (maximum two) free when accompanied by a paying adult. You can also book online through eventbrite.ca.

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# Let's be leaders!

### RICHMOND IS TAKING THE LEAD TO BAN SINGLE-USE ITEMS.

Richmond's proposed Bylaw No. 10000 is being reviewed by the provincial government for approval and would ban:

- Plastic checkout bags
- Foam food service ware
- Plastic straws

Let's stop unnecessary waste and reduce pollution — say no to single-use items. Learn more about Richmond's proposed ban on single-use plastics and other items by visiting www.richmond.ca/singleuse.

For more information: 604-276-4010 singleuse@richmond.ca www.richmond.ca/singleuse



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Photo courtesy YVR From left, Gerry Savaria of Paradies Lagardère, Barry Sheldon of illycaffè North America, and YVR's Scott



## YVR offers a cuppa Joe with an authentic Italian flair

By LORRAINE GRAVES

©LGSentinel

With Vancouver International Airport workers, dignitaries and travellers gathered inside the international departures area, illycaffée opened recently.

As the assembled group sipped and nibbled their way through samples of the bistro offerings, YVR's quiet acoustics allowed for gentle live vocals in the background. The music added to the tasteful ambiance as we waited for the official opening ceremonies to begin at the first full-service illycaffé at an airport in the world.

The one big surprise was the taste of the coffee. Even a decaf had the vibrant flavour you'd expect to find in a European coffee house.

In fact, illycaffé's North American president Barry Sheldon says they use a special carbon dioxide process to decaffeinate their beans.

"It's a natural process that retains the coffee flavour," he explains.

The founder of the company in Trieste, Italy, Ernesto Illy and his son Andrea, after whom this three-generation family firm was named, were food chemists. They used science to ensure quality control. And on the farms, the firm still employs field agronomists to ensure the crops are highest quality and most sustainably grown. Having

received awards and certification for their 100 per cent sustainable coffee production, illy works with farmers to increase the quality of their yield and thus their farm's income.

Scott Norris, YVR's vice-president for commercial development, said, "I love my coffee. This caffé is raising the standard of food and drink at the airport"

Calling Vancouver a gateway city with an arts community equal to Paris and Berlin, Sheldon said YVR's latest retail addition offers"the authentic and modern illycaffé experience."

Like a step inside a modern Italian shop, the establishment is bright and airy with sassy posters. It offers coffee, packaged meals, snacks and wine as well as a host of other useful items for travellers.

Norris said Canadians represent a diverse and cosmopolitan group. When added to the variety of cultures passing through YVR while waiting for their flights, the airport is the perfect place for this coffee.

"It's what you get in Vancouver so why not at the airport?"

This is just the beginning of a whole new phase at our local airport.

"We can't wait for our passengers to enjoy illycaffé and the rest of our enhanced food, beverage and retail program which will be introduced over the next two years," said Norris.

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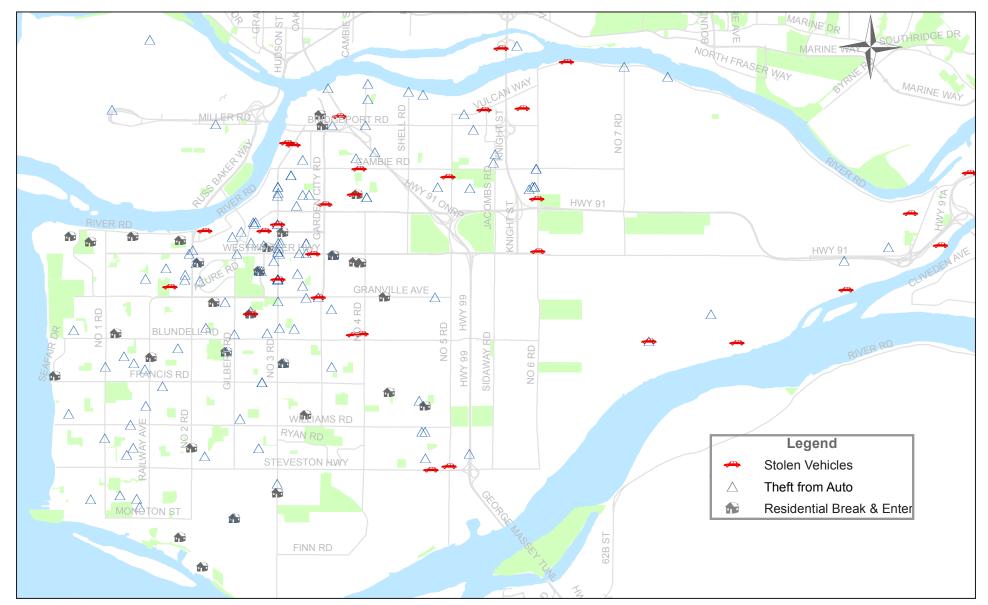


44 Quality Merchants Ready to Serve You.



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### Play on painted pianos in unexpected places around Richmond

alive with the sound of music.

The sixth annual Richmond Pianos on the Street program provides five open air publicly accessible pianos throughout the city for the community to enjoy and play.

The artfully painted pianos can be found outdoors in the unusual places of the Richmond Nature Park, Britannia Shipyards National Historic Site, Terra Nova Community Gardens, the Richmond Cultural Centre Plaza and King George Park. Community members of all ages and musi-

Richmond heritage sites, plazas and parks are cal abilities are invited to play and enjoy the pianos Rural Park. now through to the end of September.

> The pianos have been artistically and creatively reimagined by Richmond artists. Professional artist Catherine Adamson reimagined the pianos at Britannia Shipyards and Richmond Nature Park with her distinctive "Jackson Pollack meets Van Gogh" style of painting and artists as young as five years old from Thompson Community Association's Terra Nova Nature Camp delightfully recreated the story of much loved Peter Rabbit on the piano in the Community Gardens at Terra Nova

Young Cambie Community Centre students of Chinese Brush Painting artist and instructor Nancy Chew creatively interpreted traditional Chinese imagery to beautify the piano at King George Park and the Richmond Cultural Centre Plaza piano was artistically transformed by the Richmond Art Gallery Youth Collective.

The Pianos on the Street Program is sponsored by the City of Richmond Public Art Program and Pacey's Pianos, in partnership with local community groups and artists.

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### THANKS, LIONS



Photo submitted

Richmond Lions Manor, a long-term care home operated by Vancouver Coastal Health, recently presented the Vancouver Metropolitan Lions Club with an award of appreciation to acknowledge their generous donation of a new outdoor patio set.

### McHappy Day helping fund acute care tower

Yolanda and Bill Chao keep finding ways to give back.

For the second consecutive year, they have made a generous donation of more than \$3,000 to Richmond Hospital Foundation toward the new acute care tower through the McHappy Day campaign.

Volunteers from the Richmond Hospital Foundation joined the staff in serving coffee, preparing food and welcoming customers for an annual day of community giving. McHappy Day took place this year on May 8. For every hot drink, burger and happy meal that was purchased, one dollar was given to a charity.

The Chaos have owned McDonald's franchises in Richmond since 2014. A former nurse at Richmond Hospital, Mrs. Chao is especially passionate about raising funds for the new acute care tower in Richmond. Chao's Generation Inc. has committed to making this donation in support of the new tower from proceeds of McHappy Days over five years.



Photo courtesy Richmond Hospital Foundation McDonald's restaurant owner Bill Chao (middle), presents a cheque to Verna Yu (left), associate director of special events for the Richmond Hospital Foundation, and Spencer Gall, the foundation's development manager.



### RAPS COMMUNITY REPORT Caring for the animals who care for us



### Non-profit vet care saves lives—and money



Eyal Lichtmann

While wait times and other hassles can be a problem, most Canadians are probably relatively happy with our healthcare system. Listening to horror stories from our American cousins about how a cancer diagnosis or even a minor injury can cause bankruptcy can make us feel a bit smug about our socialized medical system.

Still, a recent study indicates that almost half of British Columbians are \$200 away from insolvency—and that should raise a serious discussion about costly emergencies and preparing for the unexpected.

With so many people living on the financial knife's edge-especially in Metro Vancouver, one of the world's most expensive places to live-anvthing that can alleviate the burden of worry should be celebrated.

As an animal-serving agency, the Regional Animal Protection Society can't do much about the macroeconomic realities of the cost of living. But we have made significant strides that could help people in Richmond and elsewhere in the region manage the



Photo submitted

### RAPS helps keep families together.

unintended expenses that can accompany veterinary care.

We've all heard stories of astoundingly high vet bills. We've also probably known someone who faced the terrible choice of going into deep debt or having to say goodbye to a beloved family pet. There's no way around it: vet care can be costly.

When we opened the RAPS Animal Hospital, in February 2018, our mission was to make vet care more affordable. We've done this in a number of import-

Because we are a not-for-profit vet

... it's saving and improving the lives of animals. Our medical team doesn't need to mark up the fee schedule or upsell clients on services they may not need. Our only priority is the patient's well-being.

In addition to not striving for profit, as a charity, we are supported by donations—including incredibly generous gifts that have allowed us to purchase an in-hospital ultrasound machine and Canada's only veterinary hyperbaric oxygen facility. Through the incredible generosity of Applewood Nissan. we have 6,000 square feet of donated hospital, our bottom line is not profit space housing the hospital and our

administrative offices. Trained volunteers help out with some of the maintenance and routine tasks. And we receive donated funds from foundations and individuals.

Thanks to all these factors, we are able to help people care for their animals when for-profit hospitals can't. For example, a man with a low income in Port Alberni called all over Vancouver Island seeking assistance for his dog, Zeus, who needed surgery that was quoted at \$8,600.

"He's my everything. He's my child," the man told us.

He was worried he would become homeless. We were able to do the knee surgery for \$3,500 and created a payment plan that was reasonable for him.

"I was able to keep my housing," he said."I was able to keep everything. I'd sell and give up everything to get my dog the surgery he needed. RAPS not only saved me \$5,100 but allowed me to make interest-free payments over a one year period—about \$200 a month. RAPS went above and beyond to accommodate my and my dog's needs."

When a family member is in need, cost should be the furthest thing from our minds. The RAPS Animal Hospital is trying to make that challenge a little more manageable.

Eyal Lichtmann is the executive director and CEO of the Regional Animal Protection Society.

This month includes Black Cat Appreciation Day (August 17)! And we've got just the perfect black beauty if your family is considering adding a furry friend. Although she hesitates to seek it out, Betty loves gentle pets and attention (with a soft spot being the undersides of her cheeks). Betty will need a family who would be willing to spending some extra time socializing with her. She surely is a diamond in the rough, as we know what a loving and sweet girl she is under her shy exterior.



### **REGIONAL ANIMAL** PROTECTION SOCIETY (RAPS)

rapsbc.com | City Shelter: 604-275-2036 Head Office: 604-285-7724





### RAPS ANIMAL HOSPITAL

rapsanimalhospital.com 604-242-1666 The RAPS Animal Hospital and Animal Ambulance are supported by Applewood Nissan



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# Help us reduce Richmond's greenhouse gas emissions by 50% by 2030

Share your thoughts and current habits, and shape the City's Community Energy and Emissions Plan.

Take the survey by Sunday, August 18

LetsTalkRichmond.ca





### Library Day Aug. 21 at the PNE

By LORRAINE GRAVES @LGSentinel

\ \ \ \ \ ou can save \$9 on your PNE admis-I sion on Library Day, Aug. 21, if you bring your library card.

As Stephanie Vokey, co-ordinator of marketing and public relations at the Richmond Public Library says, "You get in for \$6 instead of \$15. If you bring a whole family with library cards, that saving really adds up."

This is the third year our library is partnering with their regional counterparts to host the Library Zone tent at the PNE. It's a one-day bonus to all the PNE offers.

"It's part of our evolving approach where we're trying to move more and more out into the community," Vokey says. "We want to surprise people and show them how fun and interesting and engaging libraries can be.

Inside the Library Zone tent, every-

thing will be free with PNE admission.

"There will be different kinds of digital tech to try out and play with first hand," Vokey says. "We'll have crafts as well as a number of familiar family games, perhaps some nostalgic games but with a fun new spin."

And for frazzled adults and over-stimulated offspring, Vokey points out,"One of the best parts, is the tent will be a quiet space for people to escape a bit of the heat and the crowds. A place to take a little break from the hustle and bustle of the PNE and explore some of the books we'll have available."

Vokey herself will not be in the tent.

"My colleague Ariana (Galeano, Richmond Public Library's head of community branch services), along with another couple of library staff members, will be there. They will be glad to see everyone and to work with other regional library staff so we can bring back new ideas to our library."



Photo courtesy Richmond Public Library Last year's library tent at the PNE for Library Day offered adventure and a safe haven.

Calling the Library Zone at the PNE on Aug. 21, a "win-win" for those who come check it out and for those librarians who are participating. Vokev speaks excitedly about the enrichment and renewed enthusiasm the staff return with when they get back from Library Dav.

So, whether it's at the Library Tent at

the PNE, in one of our Richmond Public Library branches, or at an outreach project, Vokey says, "We want to surprise people and show them how fun and interesting and engaging libraries can be."

"Come to the library. Get your card now. It's free."

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### Library report denotes many advances

By DON FENNELL @DFSentinel

A new Hamilton Book Diego er, the introduction of the One new Hamilton Book Dispens-Book. Three Cities sister cities reading program, and many new collections, technologies and partnerships highlighted an eventful 2018 at the Richmond Public Library.

The initiatives and other advances and collaborations are featured in the library's just-released annual report to the community.

"Our community is at the heart of everything we do," says chief librarian Susan Walters.

The report starts off with a significant joint message from board chair Robin Leung and Walter, noting that library cards provide free access to library resources 24 hours a day, seven days a week. That's just the start.

The report also notes the library's successful implementation of its 2014-2018 strategic plan, and the start of extensive public consultation for the next three years.

It also highlights the digital programs, services and spaces. Since its grand re-opening in 2017, the Launchpad has introduced a number of innovative new programs aimed at challenging the status quo. These programs are designed to introduce new digital skills such as gaming, game creation, app development and coding.

At the Game of Apps showcase, over 100 local teens demonstrated how to use community-based apps that they had created as part of a school project.

In 2018, the library's popular Smash Bros. tournament also expanded in frequency, size and cachet, attracting top gamers from all over B.C. and Washington. These tournaments now take place up to six times a year.



Photo submitted

### Richmond Public Library's 2018 annual report talks of several new collections, programs and services.

As well, four new topics for the ary school in Richmond to act as ongoing Digital Learning Tours were also introduced.

Summer reading programs also proved popular. Seen as being integral in helping the community become proficient readers, the library report shares several impressive reading numbers. The Summer Reading Club resulted in 388,411 library visitors with nearly 600,000 items borrowed.

Volunteers and library champions also worked to help enhance programs supporting literacy, English language learning, technology and community gatherings. In 2018, 33 library champions participated in projects at the library, and reached out to 1,088 immigrant community members.

Also in 2018, the library launched the Teen Ambassadors Program, inviting teens from every second-

liaisons between the library and their school. These teens help promote library services, events and volunteer opportunities within 375,000 physical items and 41,000 their own and their school's social networks. They also moderate and contribute to the library's blog for teens and provide input on teen

programs, services and collections.

A number of the library's collections were also enhanced. These included:

- Study collections in print and
- Popular reading collections
- Expansion of the local author collection
  - Indigenous collections
- Significant improvements to the collection at the Ironwood branch.

The Friends of the Library graciously funded almost \$10,000 in enhancements, including the expansion of the Teacher Resource Collection, the Indigenous Learning Resources, Chinese books for children, and the library's new Storvwalk collection.

In his introduction of the report, Mayor Malcolm Brodie notes the library offers a "tremendous variety of programs, services and resources" all of which are free.

"Many programs are offered in partnership with local community organizations and are supported by library volunteers who give generously of their time for the benefit of the community," says Brodie.

Richmond Public Library has over digital items in its collection. All are available to the public for in-library use and or borrowing.

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### Local teams stand tall on national bball court

our days of intense action ended four Stars to hit double figures. Monday with a pair of Richmond basketball teams netting national 26 points from Liam Dalton and 17 championships.

Jonathan Downton and Travis Hamberger combined for 43 points to power the Shooting Stars U16 Purple past Rock Elite of Newfoundland 82-65 in the U16 Elite championship final at the 2019 Bball Nationals Boys Tournament held at Langley Events Centre.

Downton earned game MVP honors, while Hamberger scored 17 of his points in the second half as the Shooting Stars built on their 37-31 halftime lead. They outscored the Maritime opponents 33-9 over the final two quarters.

Michael Kitka contributed four had 10 points. three-pointers among his 13 points for the Shooting Stars, and Zyken San Felipe had 12 points; one of Bounce.

Rock Elite was led by a game-high points from Ethan Vev.

Richmond's MacHoops also capped the weekend with a firstplace finish, as they topped Northern Bounce 68-50 in the U18 All-Star final.

MacHoops was down momentarily early, but reeled off the next 14 points and never looked back. The game was a rematch of round-robin play on Sunday, when Northern Bounce wrapped up first play with a 5-0 record thanks to a 51-50 victory.

But in the rematch, Usman Tung earned the game MVP award with a 21-point effort while Hudson Swaim

Caleb Lyons and Cam Sale scored 18 points apiece to lead Northern



Photo by Gary Ahuja

Richmond MacHoops scooped up the U18 boys' All-Star national basketball title Monday at Langley Events Centre.

### Hockey jamboree supports KidSport

By **DON FENNELL** @DFSentinel

Cix years ago Denise Danicek had an Oidea to support KidSport. The idea became a reality and the hockey tournament, sponsored by the City of Richmond and Stanley's Bar & Grill, that followed has become a summer staple.

With the help of her friend Lan Wong from the Richmond Arenas Community Association, they organized a small hockey jamboree, invited friends and family to play some fun games, and since have continually been inspired by the growing show of support.

"We started with four teams in August, 2014," notes Danicek, "Fast forward, and we are proud to advise we will have collectively raised in our first five years just over \$11,600 for this great cause."

From an initial contribution of \$995, the goal was to raise \$3,500 from the 2019 event. Donations are still being counted.

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Photos by Chung Chow

Players had fun while contributing much-needed funds to KidSport Richmond to help ensure All Kids Can Play.

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### Local actor shines amid myriad of stars at Bard

By LORRAINE GRAVES

@LGSentinel

Cteveston resident Jason Sakaki Oshines in his Bard on the Beach premier. The young actor plays Sam, the young wanna-be actor in an Elizabethan acting company, with skill and grace in Shakespeare in Love.

He is cast, in the play within a play, as Juliet because women were never allowed on the stage, in Shakespeare's day. As the bumbling youth, Sakaki is convincing.

His love of acting started young.

"Bob Riddell at Westwind Elementary emphasized the importance of arts in education. In the two years I had him as a teacher, we did about six or seven plays, and they really made learning exciting for me," Sakaki says.

Amid a company of seasoned professionals. This young actor held his as Will Shakespeare, Charlie Gallant is

The play, Shakespeare in Love is Mark Norman and Tom Stoppard's movie script adapted to the stage by Lee Hall.

With such a block buster writing team the script is flawless. Humour abounds while pathos and love definitely show their hands.

At the other end of the experience spectrum from Sakaki, is Scott Bellis as Henslowe. This 30-year veteran of Bard on the Beach remembers the early days.

"We did everything. We put up the tents; worked the box office, hung the lights. We slept overnight to guard the equipment. We got rained on a lot," Bellis says.

His dedication has paid off. Not only is Bard on the Beach a thriving success. Bellis shows his honed craft as an actor from the moment he takes the stage.

As a hapless theatre producer, facing certain mutilation at the hands of his former backers, Bellis's Henslowe is utterly engaging and convincing.

The casting in this production is perfect. Everyone rings true.

From the moment he walks on stage the Bard.

Ghazal Azarbad as his love interest. Viol—and as an aspiring actor in a man's world—is acting perfection.

Kit Marlowe, played by Austin Eckert, is another stand-out. In fact, each of the cast offers utterly convincing and engrossing performances. With a large cast, it means too many to name



Photo by Tim Matheson Richmond's Jason Sakaki (left) stars with Joel Wirkkunen and Charlie Gallant in Shakespeare in Love at Bard on the Beach.

in this review, but all are stellar.

The lighting, the set, the costumes, the sound, and the music are all skillfully sumptuous. The movements, the blocking and the fights are masterful.

This production shows the deep history and skills of everyone involved. For the newer members, it is a master class of the highest order.

Sakaki says, "I was always enamoured by the magic of theatre. I got my start on the Gateway stage in 2013.

and ever since I've pursued every opportunity I could to make performing into a full time job."

If his turn in this play is any indication, Sakaki's odds look very good.

Go to see a voung Steveston resident in his Bard debut. Go for the humour. Go for the quality. Go for the spectacle but definitely go see Shakespeare in Love at Bard on the Beach that runs through Sept. 18.

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# Student-led hoops fest to aid students in need

By LORRAINE GRAVES

@LGSentinel

Ctudents are again banding togeth-Oer to put on a three-on-three basketball tournament.

In addition to all the fun, the Hoop to Learn tournament on Aug. 22 at Richmond Olympic Oval seeks to raise funds to help other students.

While the tournament is aimed at all high school students, organizer Mahtab Gill says "the main aim of this event is to raise money for a learning outreach centre, a place where stu-

dents with various learning disabilities can gain access to resources and education to support their learning."

Because many parents cannot afford the cost of the focused education their children with special needs require, Gill says the proposed centre, will be the first of its kind in which students may come in and gain resources that they would otherwise not have access to following their regular school hours.

"This centre would be open to all students from any school."

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### **EVENTS**

#### E.T. is back

It's the return of E.T. The lovable extra-terrestrial is back on the big screen for the 20th anniversary celebration of the cinematic classic Aug. 14 at City Centre's annual Outdoor Movie Night at Garden City Park, 6620 Garden City Rd. The fun begins at 6:30 p.m. with an evening of live music, games and activities, followed by a special outdoor screening of E.T. at sundown starting at 9 p.m.

#### Church summer sale

The Canadian Martyrs Catholic Church, 5771 Granville Ave., will hold its annual summer sale from 10 a.m. to 3 p.m. Saturday, Aug. 24. You'll find a variety of clothing, accessories, jewelry, household items, plants, toys and more. Foot massage therapy, a hand car wash and a kids' kung fu performance will also be featured, along with a juice bar and food for all.

### Summer Fun Night

Cambie Community Centre is hosting its annual Summer Fun Night family event at King George Park, 4100 No. 5 Rd., Aug. 14 from 5 to 7:30 p.m. The fun night includes games, community booths and music as well as storytelling with Angela Brown and the Nylon Zoo. For more info call the centre at 604-238-8399.

#### Walk Richmond

Walk Richmond invites you to enjoy a trek along the South Arm of the Fraser River from 7 to 8 p.m. Aug. 15. This dog-friendly walk begins at the park lot across from London Heritage

# What's Happening in Richmond

Aug. 14 to 27

Farm House, 6511 Dyke Rd., then follows a picturesque route toward the sport fishing pier while overlooking the river, Ladner and Mount Baker.

### **Dragon Boat Festival**

The annual Steveston Dragon Boat Festival returns Aug. 24 with a full day of fun and racing. Wrapping up summer on the shores of the Fraser River, this always-popular event is an all-day celebration of fun, entertainment and paddling starting promptly at 8 a.m. Paddling is between Britannia Heritage Shipyard and Imperial Landing. Carpooling is suggested as there is very limited parking available at Homma Elementary School, 5180 Westwater Dr. for which a suggested

Farm House, 6511 Dyke Rd., then foldonation of \$5 is requested with prolows a picturesque route toward the ceeds to Richmond Food Bank.

### Swap Meet and Upcycle Market

Here's your chance to shop or swap general goods at a unique community market from 10 a.m. to 1 p.m. Aug. 17 at the Thompson Community Centre, 5151 Granville Ave. This year, the centre has partnered with the City of Richmond's environmental programs to showcase interactive activities and presentations about reducing, reusing and recycling. Call to rent a table or for details at 604-238-8422.

### Monday Fun Day

Happening each Monday through



Photo by Don Fennell

The annual Steveston Dragon Boat Festival Aug. 24 is a traditional farewell to summer.

Aug. 26, Thompson Community Centre, 5151 Granville Ave., is hosting a free event for pre-schoolers aged five and under. From 9 a.m. to 11 a.m. there will be fun activities and games for the pre-schoolers and their families to enjoy. Parent participation is required.

### **VOLUNTEER**

### **Program Leader Training**

For those interested in becoming a volunteer program leader, Chronic Conditions Leader Training will be held at Minoru Centre for Active Living, 7191 Granville Ave., Aug. 22, 23, 28 and 29 from 9:30 a.m. to 4 p.m. each day. Volunteers with Self-Management BC can be peer leaders delivering the six-session group program and/or health coach for the Self-Management Health Coach Program.

### **FITNESS**

### Yoga in the Park

Aug. 15 will be the final opportunity this summer to unwind with Yoga in the Park. All levels are welcome for the session at Thompson Community Centre, 5151 Granville Ave., from 8:10 to 9 p.m.

#### Zumba in the Park

Don't miss your last chance of the season to enjoy this unique exercise session Thursday, Aug. 22 from 6:30 to 7:30 p.m. at Minoru Centre for Active Living, 7191 Granville Ave. Move to the zesty international and Latin music in this outdoor setting led by a dynamic Zumba instructor. Meet at the northeast plaza.

# SENTINEL OUR COMMUNITY NEWS

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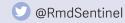
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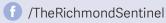
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#### **ACROSS**

- TiVo precursor
- Autocrats 4
- 9 Roman 52
- Charged bit 12
- "Tiny Alice" playwright
- Cartesian conclusion
- 15 Attendance taker's tally
- 17 Links org.
- Promptly 18
- Arizona city 19
- 21 "— in St. Louis"
- Fix, in a sense 24
- 25 "Suits" network
- 26 Donkey
- Because
- Old salts 31
- 33 Spigot
- 35 March Madness gp.
- 36 Island near Java
- 38 "Great
- Expectations" lad
- 40 Goof up
- Genesis shepherd 41
- 43 Abrupt
- Abrasion 45
- Numerical prefix 47
- 48 Stir-fry pan
- 49 Revelation
- 54 Sports drink suffix
- Coral island
- Bedazzle 56
- 57 Foundation
- 58 On edge
- Bad spell

### Eugene Sheffer's crossword

| 1  | 2  | 3  |    | 4  | 5  | 6  | 7  | 8  |    | 9  | 10 | 11 |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 12 |    |    |    | 13 |    |    |    |    |    | 14 |    |    |
| 15 |    |    | 16 |    |    |    |    |    |    | 17 |    |    |
|    |    |    | 18 |    |    |    | 19 |    | 20 |    |    |    |
| 21 | 22 | 23 |    |    |    |    | 24 |    |    |    |    |    |
| 25 |    |    |    | 26 |    | 27 |    | 28 |    |    | 29 | 30 |
| 31 |    |    | 32 |    | 33 |    | 34 |    | 35 |    |    |    |
| 36 |    |    |    | 37 |    | 38 |    | 39 |    | 40 |    |    |
|    |    | 41 |    |    | 42 |    | 43 |    | 44 |    |    |    |
| 45 | 46 |    |    |    |    |    | 47 |    |    |    |    |    |
| 48 |    |    |    | 49 |    | 50 |    |    |    | 51 | 52 | 53 |
| 54 |    |    |    | 55 |    |    |    |    |    | 56 |    |    |
| 57 |    |    |    | 58 |    |    |    |    |    | 59 |    |    |

#### **DOWN**

- 1 Coq au —
- Bill's partner
- ER workers
- City near Seattle
- Least speedy
- Dhabi preceder
- 7 Doesn't buy
- Entrapments
- Pretended to sing
- 10 Shakespeare villain 34
- 11 One-named

- supermodel
- Tolkien creature
- 20 First son
- 21 Pooch
- 22 Actor Morales
- 23 Set aside (for)
- 27 Tree fluid
- 29 Give a hoot
- 30 Deserve

В

- 32 Japanese noodles
- Duel weapons
- 37 Echo

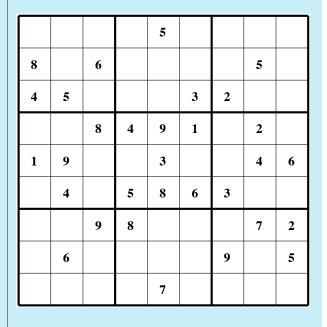
- 39 Alice Walker's "The Color —"
- 42 Gulf in a WWII battle
- 44 Conk out
- 45 Clear the decks?
- 46 Programmer's output
- Long time
- "Unh-unh"
- 52 Ram's mate
- 53 Mardi Gras VIP

#### **AUGUST** 0 **ANSWERS**

- EARL I N G ALMONDZENO AGE BULLDURHA MAUI ASPE PEEK SUB RY RA
- O|O|X|X|O|O|X|O|X|X0|X|0|0|X|X|0|X|X|0  $\times$   $\circ$   $\circ$   $\times$   $\times$   $\circ$   $\circ$   $\times$  $0 \times \times 0 \times 0 0 \times 0 \times$  $\times | \times | \circ | \times | \circ | \times | \circ | \circ | \times | \circ$ XOXXOOXXOO  $0|0|\times|0|\times|\times|0|0|\times|\times$ o|x|o|x|x|o|o|x|x|o  $\times$  0  $\times$  0 0  $\times$   $\times$  0 0  $\times$ XXOOXOXXOO

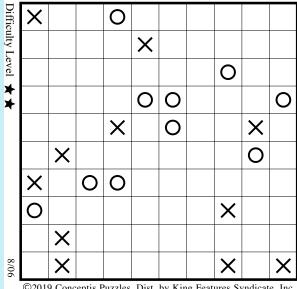
### **SUDOKU**

The goal of Sudoku is to fill a 9x9 grid with numbers so that each row, column and 3x3 section contain all of the digits between 1 and 9.



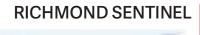
### **TIC-TAC-LOGIC**

A one player game, the object is to place Xs or Os in the squares grid. There cannot be more than two consecutive Xs or Os in a row or column. Each column/row is unique and has five Xs and Os.



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11500 Westminster Hwy 4831, 4851 Williams Road Richmond, \$1,329,900 Richmond, \$2,399,900 EACH

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> AG-1 zonina, 2.5 Acres Call for more details!

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Land Assembly

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|---|---------------------------|
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| • 14260 Westminster Hwy                             | 5 acres\$3,150,000        |
| • 22451 Gilley Road                                 | 8 acres\$3,999,000        |
| • 22280 River Road                                  |                           |
| • 14400 Burrows Road                                | 5.7 acres <b>SOLD</b>     |
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| SURREY  |                           |

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